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LAKE ONTARIO

# Waterfront Trail NEWSLETTER

Government  
Publications

Volume 1, Spring 1995

## About the Newsletter



*This newsletter will look at a wide variety of regeneration, environmental and waterfront topics. It will also share information on Trail events, and generate discussion about waterfront issues.*



*A newsletter like this works best when its readers are involved. Your thoughts and dreams for the Lake Ontario Waterfront are important, and we want to hear them. Please send your comments, stories, or photographs to:*

**John MacMillan**  
Editor

*Lake Ontario Waterfront Trail  
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## Get Ready to Walk 'n' Roll!

**Y**ou pedal your bike, paddle your canoe, wheel your chair, drive your car to the trail. You're dressed in bike shorts, rain gear, business attire. You begin to roll, run, stroll along the gravel, brick, dirt, asphalt. You greet, ignore, flirt with the people you meet. Or don't meet.

This is not the beginning of a Samuel Beckett play. It's not a hip, trendy pitch for Showcase television. It's an example of the many uses and perspectives that people bring to the Waterfront Trail. A lot of people will use this trail in different ways, for a variety of reasons, at many times. But, even though many uses are imagined, and many have travelled parts of the trail, few actual users have checked out the entire trail. This May that changes, and here's how.

Three things happen on May 14.

First, it's the official launch of the Waterfront Trail. Second, May 14 is the first day of the grand tour of the Trail. Finally, it's the start of a month of public celebration and discovery of the trail.

The road to May 14th is a long and interesting one. The Royal Commission on the Future of the Toronto Waterfront left a lot of valuable legacies when it presented its final report in 1992. It established the nine

principles that guide waterfront regeneration to this day: clean, green, accessible, connected, open, useable, diverse, affordable and attractive. The Commission also left intangible legacies. One of these is cooperation – and a little cooperation goes a long way. Over 325 kilometres, in fact.



*Burlington Teen Tour Band, Burlington Waterfront.*

Along the north shore of Lake Ontario from Hamilton to Trenton, people have banded together to achieve unparalleled successes on the waterfront.

After the Royal Commission presented its report, and the Waterfront Regeneration Trust was created, this spirit of cooperation allowed the transformation of some good ideas into implementable projects.

The Lake Ontario Greenway Strategy is one of those projects, designed to protect and restore the valued elements of the Lake Ontario bioregion – namely ecological

*Continued on page 2*

# Get Ready to Walk 'n' Roll! (cont'd)

health, a sense of community and economic vitality. The Lake Ontario Greenway Strategy is designed by its many participating partners – municipalities, conservation authorities, provincial and federal ministries and agencies, community groups, business and labour organizations and individuals. It is guided by five objectives, including:

1. Protecting the physical, natural and cultural attributes of the area through co-operative actions;
2. Identifying restoration needs and methods and encouraging landowners, communities and agencies to undertake regeneration and enhancement;
3. Promoting greater awareness, understanding and recreational use of the waterfront;
4. Promoting compatible economic activities and employment; and,
5. Reducing the gridlock among jurisdictions, sharing resources and coordinating waterfront activities.

The Waterfront Trail is just one of many projects that flow from the Lake Ontario Greenway Strategy.

Taking the Trail from blueprint to footprint hasn't been easy. Nothing is, in this part of the world. You can't organize a two-car parade in Southern Ontario without getting agreement from four levels of government, and remembering your ABC's (Agencies, Boards and Commissions, that is). You also have to talk to people. A good trail is built on the good ideas of its potential users, and a lot of good ideas were picked up during the many public meetings across the Lake Ontario waterfront.

In the end, the civic spirit of hundreds of politicians and public officials has made the Waterfront Trail possible. The active support of thousands of enthusiastic citizens has made it a reality.

Everyone is invited to join the 1995 Waterfront Trail Tour, a 325-kilometre event starting on May 14 in Hamilton and ending on June 11 in Trenton. We are going to hike, canoe, inline skate, and bike – a kind of "walk 'n' roll" – over almost every inch of the Trail. You don't have to be a hybrid of Silken Laumann, Rick Hansen, and Mark McCoy to join the thousands of trail users in celebrating and discovering the Waterfront Trail. Come and say hi to David Crombie as he travels the entire 325-kilometre Trail, celebrating each municipality's opening of their portion of the Trail. There are also many local events and activities planned throughout the summer. We might canoe past Clarington, hike through Haldimand, or bike through Brighton. Look for the Activities Calendar listing these and other summer waterfront happenings in your local papers this May.

The official launch of the Waterfront Trail is possible because of the thousands of people, like yourself, who have journeyed so far – on committees, at public meetings, in private thoughts, through hard work and actions – to create this project. And this is just the beginning. With all that has been accomplished, much remains to be done. In the years to come, we will continue to work together to improve the waterfront and the Trail. This May we celebrate all of our work as we travel together on the grand tour of the Waterfront Trail – whether on wheels, waves or shoe leather.



## Did You Know...

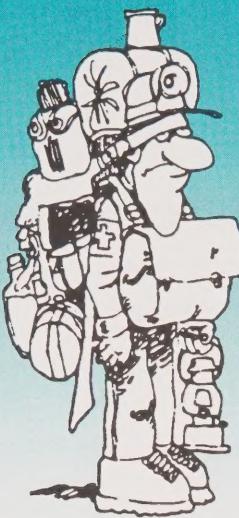
- *Over seven million people live within 120 kilometres of the Lake Ontario waterfront.*
- *There are 500 plants, 57 bird species and 15 reptile and amphibian species defined as rare along the waterfront.*
- *There are over 12,000 boat slips along the Greenway. It's a good thing boaters don't all try to use the lake at the same time!*
- *Almost 80% of the water flowing into Lake Ontario comes from other Great Lakes via the Niagara River; and takes an average of six years to reach the St. Lawrence Seaway.*

## Guide Book Shows You the Way

To get the most out of the Waterfront Trail, you'll want to check out the trail's official guide book. It features 250 pages of colour photographs and maps, as well as glimpses into the history and stories of the people who have shaped the land and life along the north shore of Lake Ontario. To order your advance copy call the Waterfront Regeneration Trust at 314-9490, or look for the Waterfront Trail guide book this summer at your local book store.

John MacMillan





Wear your pride in the Waterfront Trail on your sleeve - or chest, or your head... a variety of Trail merchandise is available through the Waterfront Regeneration Trust, including t-shirts, sweatshirts, pins, crests, hats and more. Each item is emblazoned with the elegant and distinctive Waterfront Trail logo. For more information contact Marlaine Koehler or Colleen Zanello of the Waterfront Regeneration Trust, at (416) 314-8572.

## Johnny Mac's Top 10 Reasons to Walk the Waterfront Trail

10. Fewer fatalities than QEW pedestrian lane.
9. Chance to run marathon route of failed 1996 Olympic Bid; actually you can run eight of them.
8. Impossible to get lost - if you reach Hamilton or Trenton, just turn around.
7. Most mornings, Trail moves faster than 401 express lanes.
6. No GST or PST on fresh air (for now).
5. On a clear day tall hikers can see Rochester.
4. More user friendly than proposed underwater trail.
3. Meet Dorothy, Toto and their hiking pals.
2. Waldo's there, somewhere.

**And ...  
the number one reason to  
walk the waterfront trail**

1. Three words - "No Photo Radar".

Look for the following personal thoughts and words of David Crombie on the trail signs in the Royal Botanical Gardens and LaSalle Park in the City of Burlington.

### Welcome!

You are now entering the Waterfront Trail - an experience that brings together many of the communities, parks and people of the Province of Ontario.

Here, in the time before history, the forces of nature during and after the glacial era formed a giant's cup out of the bedrock that, over the millennia, filled with water. Native peoples travelled and traded along these shores and named it the place of "sparkling waters" - Lake Ontario.

Around the world and through the ages people have always been fascinated by places where land touches water - where culture meets nature.

Along the Trail, you will discover history, recreation, entertainment, wildlife, stillness, inspiration and peace of mind. What you find depends on what you seek; some begin the journey by looking inward.

Come, explore. The Waterfront Trail will guide you.

David Crombie  
Waterfront Regeneration Trust

Lakefront Promenade Park, Mississauga Waterfront.



Irene Rota

## **Sponsorship: A Valuable Opportunity**

It's no secret that the Waterfront Trail passes through many areas including the largest urban region in Southern Ontario. The Waterfront Regeneration Trust, working with the Lake Ontario Greenway Strategy Steering Committee, is developing special trail sponsorship packages that explore this valuable marketing opportunity. For more information contact Marlaine Koehler or Colleen Zanello of the Waterfront Regeneration Trust at (416) 314-8572.

## **Happenings Along The Waterfront “Celebrate Your Watershed!” Week**

From May 7 to May 14, 1995, “Celebrate Your Watershed!” Week will be held in municipalities bounded by Etobicoke Creek in the west, Carruthers Creek in the east, the Oak Ridges Moraine in the north and Lake Ontario in the south. People everywhere will join in regional activities that highlight the importance of our watersheds and are devoted to raising people's awareness about the health of their watersheds.

Everyone lives in a watershed. The river, creek, wetland or lake near you is part of your watershed. So are the storm sewers on your street. In Metro Toronto and Region, these natural and manmade waterways drain into Lake Ontario.

“Celebrate Your Watershed!” Week will help citizens become aware of their environment and realize that they have an important role to play in its ecology. For more information call 416-467-3066.

## **Waterfront Trail Activities Calendar**

The Waterfront Regeneration Trust is preparing a Summer 1995 Activities Calendar for the Lake Ontario Waterfront Trail. It will highlight hundreds of summer events and activities in the many communities along the trail. The calendar will be included in your local newspaper in early May, and will also be available in recreation centres, libraries and other selected activity centres.

- *The newsletter represents the opinion of the writers/ editor and not necessarily that of the Trust.*
- *Aussi disponible en français.*

**Co-editors: John MacMillan and Debbie Williams**  
**Next Issue: Summer 1995 coming in June 1995.**



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# Waterfront Trail NEWSLETTER

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Volume 1, Number 2

## About this Issue

*Charles Dickens is in vogue right now, and we've been caught up in the spirit. This issue features "A Tale of Two Bridges" -- the Humber River Bicycle - Pedestrian Bridge, and the Duffins Creek projects. Both are interesting and important links in the Lake Ontario Waterfront Trail, and as you'll see, each project is the result of new ways of thinking and working among a variety of partners.*



*Also look for more information on the 1995 Lake Ontario Waterfront Trail Tour, as well as a focus on some of the partners and projects of the Waterfront Regeneration Trust.*



*Hope to see you on the Trail tour! In the meantime, keep sending us your comments, photos or story ideas*

**John MacMillan**  
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### THE DUFFINS CREEK PROJECT:

## A Sensitive Approach to a Sensitive Area



**F**our marshes form the waterfront border between the Towns of Pickering and Ajax. Duffins Creek meanders through these marshes, until it reaches an ever changing group of sand bars and beaches at the edge of Lake Ontario.

This is a special part of the Lake Ontario Waterfront Trail, and a group of waterfront partners have worked to keep it that way. The Towns of Pickering and Ajax, Ontario Hydro, area Rotarians, members of the Pickering Naturalists Club, jobsOntarioCapital, the Metro Toronto and Region Conservation Authority (MTRCA) and the Waterfront Regeneration Trust have worked for over three years to find ways to mitigate the ecological impact of trail users on the delicate wetland and shoreline of the Duffins Creek marsh.

"We've looked at a number of alternative routes and modes for the Trail," says Ian Deslauriers, MTRCA's Manager of Planning and Development. "We didn't want to affect the marsh or shoreline adversely, but we also had to ensure the safety of trail users, and reduce the impact of current uncontrolled uses of the shoreline."

The preferred option was a beach route that would provide a continuous Trail link, enhance public safety by limiting the roadway stretches, and avoid undisturbed parts of the marsh. The Trail itself would be a novel mix of at-grade pathways, and a new kind of bridge across very sensitive areas.

"Where a trail and bridge are proposed in a natural corridor, we've had to find new ways of working," says Deslauriers. "We've decided on a series of raised boardwalks made from prefabricated steel and wood." The boardwalks will be attractive with handrails and informative

signs, but because they're raised off the ground they'll allow the wind and sand to blow, the river to flow, and vegetation to grow. "Essentially the boardwalks create a public conduit through the area, but minimize human contact with a sensitive area."



*Soon people will be able to run through the Duffins Creek area on a special series of trails and raised boardwalks.*

The at-grade pathways, especially those along the eastern beach, will be composed of soil mixed with natural hardeners. This composition will give a natural look to the Trail, but also create a hard surface for bicycles and strollers, as well as making a pathway that is resistant to waves and flooding.

A good partnership of public and private groups was required to develop and fund this sensitive approach to an equally sensitive area. The towns of Pickering and Ajax have taken a leadership role in securing funding and have piloted the project through the public consultation process.

The Town of Ajax provided \$140,000 and the Town of Pickering \$65,000. jobsOntarioCapital has invested just under \$900,000 in the Duffins Creek project as well, Ontario Hydro, and its

*Continued on page 2*

## THE HUMBER RIVER BICYCLE - PEDESTRIAN BRIDGE: A Public Work of Art

Alan Tonks gets excited about the Humber River Bicycle - Pedestrian Bridge. The Metro Toronto Chairman taps his desk to make a point, draws maps on scrap paper, and even builds an imaginary bridge with his fingers. "This bridge is part of a major change of thinking at Metro, a new way of looking at transportation," says Tonks, "It's no longer a question of a bridge, is a bridge, is a bridge."

Some of those changes in thinking include looking at differing needs and modes when planning for transportation. "This pedestrian and bike bridge is part of other Metro bridge access projects throughout the Humber Valley. Everything is connected," says Tonks.



Waterfront Regeneration Trust

*"Everyone reads myths from the landscape, and a bridge is a place where air, land and water meet."*

Actually, the renovation of the Humber vehicular bridges was the catalyst for the construction of this 6.5 metre wide, dedicated pedestrian and cycling bridge. "The worst place to walk or ride a bike is along side a highway," says David Gurin, Metro's Deputy Commissioner of Planning, and chair of Metropolitan Waterfront Trail Working Committee. "At first the plan was to add a wider sidewalk to the vehicular bridge. But, after a lot of discussion, everyone agreed that anything we could do to separate walkers and cyclists from cars would be a victory. The fact that the new bridge would be built in one of the most scenic places along the waterfront, and would also connect with the Waterfront Trail, were added bonuses."

Another change was the unique design partnership that integrated the artistic, architectural and engineering aspects of this bridge. "There's a historical tradition of artists working on public projects, which dates back to the Egyptians," says Jody Rosenblatt, Streetscapes Manager with the Metro Transportation Department. "Artists were

equal members of the design team on this project, and have contributed to both the content and spirit of the bridge."

Traditional aboriginal motifs have guided the design team. "Everyone reads myths from the landscape," says Rosenblatt, "and a bridge is a place where air, land and water meet." To that end, thunderbird icons have been built into the structure at the points where earth meets air. Meanwhile, where the land meets the water, turtles are designed into the concrete base. Finally, etched steel interpretive panels will show the mills and other buildings which were gathering places in early Toronto.

## A Sensitive Approach (cont'd)

employees, have contributed over \$40,000. The Pickering and Ajax Rotary Clubs raised and contributed more than \$30,000 toward the bridge's construction, and with the naturalist groups have helped to galvanize the community. MTRCA served as project manager and the Waterfront Regeneration Trust co-ordinated the jobOntario *Capital* funding.

"There still lots of work to be done, and still more to be done in terms of approvals," says Deslauriers. "But so far it looks like the funding is in place, the partners are happy, and environmental sensitivity has been assured."

The long term legacy of Duffins Creek project may be more than just an interesting and beautiful part of the Lake Ontario Waterfront Trail. "This project will monitor the connections between human use and a sensitive natural environment, and draft and implement a long term management plan. We hope that the Duffins Creek portion of the Lake Ontario Waterfront Trail will be a model for similar projects in other parts of Canada."

## Bridge Partners

It takes four people to play bridge, but a lot more to build one. The Humber River Bicycle - Pedestrian Bridge has been brought to you by:

- Ministry of Transportation
- jobsOntario *Capital*
- Metro Toronto:
  - Departments of Transportation, Parks & Property, and Planning
  - Public Art Policy Advisory Committee
- City of Etobicoke:
  - Departments of Planning, Parks & Recreation, and Public Works
- City of Toronto:
  - Departments of Parks, Planning and Public Works
  - City Cycling Committee
- Metro Toronto and Region Conservation Authority
- Palace Place Residents Association
- Swansea Ratepayers Association
- Palace Pier Residents Association
- Citizens for a Lakeshore Greenway
- Waterfront Regeneration Trust

The Humber River Bicycle - Pedestrian Bridge will be open to the public in late May, 1995.

## Mark your calendar!

Here are the dates that the 1995 Waterfront Trail Tour will be coming to your area:

<b>May 13</b>	Hamilton	<b>May 27</b>	Ajax
<b>May 14</b>	<b>Official Opening</b> Royal Botanical Gardens & Burlington	<b>May 28</b>	Whitby
<b>May 15</b>	Burlington	<b>May 30</b>	Oshawa
<b>May 16</b>	Oakville	<b>June 1</b>	Clarington
<b>May 18</b>	Mississauga	<b>June 2</b>	Ganaraska Trail
<b>May 19</b>	Etobicoke	<b>June 3</b>	Port Hope
<b>May 20</b>	Humber Bay	<b>June 4</b>	Cobourg
<b>May 21</b>	Western Beaches/High Park	<b>June 5</b>	Hamilton Township
<b>May 22</b>	Garrison Creek	<b>June 7</b>	Haldimand Township
<b>May 23</b>	Don River	<b>June 8</b>	Cramahe Township & Colborne
<b>May 24</b>	Scarborough	<b>June 9</b>	Brighton Township & Brighton
<b>May 25</b>	Rouge River	<b>June 10</b>	Murray Township
<b>May 26</b>	Pickering	<b>June 11</b>	Trenton

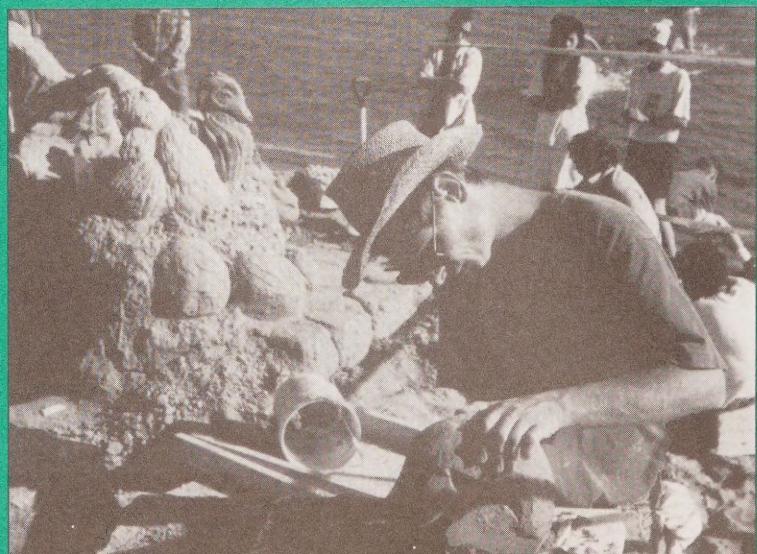
## Thanks!

The Trust wants to acknowledge *Ramsay's Bikes, Ski and Fitness* and *Bell Mobility* for their contributions to the Waterfront Trail Tour.

## Look out for your calendar!

In early May, look out for your free Lake Ontario Waterfront Trail Activities Calendar and Map. It'll be inserted in your daily and weekly newspaper. Calendars will also be available from area libraries, and civic and recreation centres. The calendar includes a colourful Trail map, details about the 1995 Waterfront Trail Tour and Launch, as well as hundreds of spring and summer community events, festivals and attractions. For further information, contact Colleen Zanello at 314-8572.

*Making sand sculptures at Harbourfront Park, City of Hamilton*



Lisa Ohata

## Top Ten List

**Top ten rejected names for the Humber River Bicycle - Pedestrian Bridge, and the reasons for rejection**

- 10. The Humber Tunnel**  
(name submitted by the Canadian Committee for the Preservation of the Surreal)
- 9. Hurricane Hazel Bridge**  
(copyright problems with the City of Mississauga)
- 8. Bridge over Troubled Humber**  
(Paul Simon said "nah")
- 7. Bridge of Sighs of Relief**  
(design committee said it was accurate, but the City of Venice nixed it)
- 6. Aluminum Gate Bridge**  
(sounds kinda' cheap compared with San Francisco's)
- 5. Lake Ontario Waterfront Trail Pedestrian and Bicycle Bridge**  
(name is longer than bridge)
- 4. Bridge to the Motel Strip**  
(doesn't exactly get you in the Michelin Guide)
- 3. Bikers and Walkers Bridge**  
(walkers didn't mind, but Hell's Angels said no)
- 2. The Replacement Bridge**  
(made everyone's mouth start to ache)

**And ...**

**the number one rejected name for the Humber Bridge, and the reason for rejection**

- 1. Bridge**  
(satisfied everybody, but ruled too bland)

## Update on Partnerships

### jobsOntarioCapital

jobsOntario has been the Waterfront Trust's principal partner in the development of the Lake Ontario Waterfront Trail. A \$10.4 million investment from jobsOntarioCapital has been the catalyst for a total investment of over \$31 million in dozens of Lake Ontario waterfront communities.

### Canada-Ontario Infrastructure

The Canada-Ontario Infrastructure Works program has contributed to waterfront projects for a total project investment of approximately \$5 million, shared equally among the federal, provincial and municipal governments.

### Trail Blazer

The Trail Blazer program is a unique partnership program focused on local businesses along and in the vicinity of the Lake Ontario Waterfront Trail. Trail Blazers will display a distinctive decal in their windows, which will identify them as important financial supporters of the Trail, and as recognized vendors of Lake Ontario Waterfront Trail merchandise. Trail Blazers will also receive special gifts, including a free copy of the Waterfront Trail Guidebook, with thanks for their financial support, and help in building community awareness. Any local businesses interested in the Trail Blazer program can contact:

**Tom Reid,**  
*c/o Waterfront Trail Blazer Program*  
**TEL: (416) 314-8572 FAX: (416) 314-9497**

## Happenings Along The Waterfront

### "Great Lakes, Great Dreams & Great Deeds: Practical dreams for a greener future"

A public dialogue between Thomas Berry and David Crombie. Thursday, June 29, 1995, at 1:15 p.m. The Brigantine Room, York Quay Centre. Sponsored by the The Centre for Ecology and Spirituality at Holy Cross, (519) 874-4502.

**Editor: John MacMillan**  
**Design: Watermark Design**  
**Special thanks to:**  
**Charity Landon**  
**Darcy Baker**  
**Colleen Zanello**

• The newsletter represents the opinion of the writers/editor and not necessarily that of the Waterfront Regeneration Trust.

**Next Issue: coming in July 1995.**

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### Mailbox



We always look forward to your comments, story ideas and photographs. Here are some comments we received after the last issue.

*"Your document will be very useful to me in Quebec... it is very difficult to convince some people that the waterfront should, if possible, stay open to public use and be accessible to all of the population."*

**Léonce Naud,**  
**St. Lawrence Regeneration Secretariat,**  
**Government of Quebec**

*"We look forward to participating in the events along the Trail, especially those that will take place in our neighbourhood."*

**Eileen Paul,**  
**Mississauga, Ontario**

### Rouge Park Management Plan

On April 5, 1995 the Rouge Park - the largest park within an urban area in North America - was launched by Premier Bob Rae. More than 4,700 hectares of woodlands and valleys, marshes, meadows and farmland are being protected. The Trust facilitated the creation of a unique partnership to manage the park, which includes lands owned by a number of government agencies as well as private landowners. The new Rouge Watershed and Park Council includes representatives of the federal and provincial governments, the MTRCA, the City of Scarborough, the Town of Markham and Save the Rouge Valley System Inc., among others. The Rouge Park meets the Waterfront Trail at the mouth of the Rouge River on Lake Ontario. For more information, call 416-28-ROUGE.

## Waterfront Trail Guidebook



*In the guide's 300 pages you will find maps, precise directions, areas that are accessible to persons in wheelchairs, and stories about the Waterfront Trail, its environment, history, and people. The guide can take you to lighthouse ghosts, places to eat, lakeside mansions where flappers lived in fizzy luxury, places to stay overnight, the architecture that has withstood time, and places to dream.*

*Available from the Trust's offices after May 13, 1995 and will be \$19.95 plus taxes. To place an order call (416) 314-8572 or fax (416) 314-9497.*

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# Waterfront Trail NEWSLETTER

Volume 1, Number 3

## About this Issue

Last spring's Lake Ontario Waterfront Trail Tour passed through dozens of communities between Stoney Creek and Trenton. In each place, hundreds of trail builders and users gathered to celebrate the opening of the Waterfront Trail, and to tell their own stories about recreation, conservation and regeneration. This issue of the newsletter focuses on just a few of the faces seen and voices heard along the Waterfront Trail Tour. I'd like to make this a regular feature of the newsletter, so please continue to pass on your stories to me at the address, phone number or e-mail address noted below.



We're also looking for a few volunteers to help with the workload that's followed from the Waterfront Trail Tour. See the insert in this issue for more details.



Enjoy the Lake Ontario Waterfront Trail throughout the Autumn. I think it's one of the best times of the year to explore and enjoy the Trail.

**John MacMillan**  
Editor

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## Faces & Voices along the Waterfront Trail



The 1995 Waterfront Trail Tour visited every part of the trail, during a month long trek from Stoney Creek to Trenton. On each of the twenty six touring days, the tour encountered memorable places, faces and voices — from school children to seniors, historians to naturalists, trail builders to trail users. Here are just a few of the many people who make the Trail an extra special place.

### Jean Williams

Jean Williams is Chair of the Rattray Marsh Protection Association. The Association is a volunteer citizen's group, as well as the self described "local eyes and ears of Credit Valley conservation" in the area surrounding Mississauga's Rattray Marsh. Mrs. Williams offered the following remarks when the Tour passed through the marsh on May 18.

*"It was in May 1945, fifty years ago, that Colonel Rattray purchased this Lake Ontario property, and 20 years since it became a conservation area. Colonel Rattray appreciated the environmental significance of his property, but at the time of his death in 1959, there was no provision for it to become public property. It became part of his estate and was ultimately slated for development.*

*A number of local residents were also aware of the importance of this property, and they organized a movement to acquire the land and preserve it in its natural state. The late Dr. Ruth Hussey was one of those residents, and for 16 years she fought tirelessly for the preservation of this property. Ruth and her committee, which is now our Association, managed to raise close to \$100,000 towards the final acquisition of the property.... It was a long, hard fight by citizens to bring this special place to us. The large stone at the entrance reminds us: "Ruth Hussey — because of her, Rattray Marsh is ours."*

### Bob Marshall

Bob Marshall, and his wife Margaret, created the Nawautin Nature Sanctuary, near Grafton. The sanctuary features a series of silt, cleansing and sediment ponds that help to clean drainage ditch



Jean Williams introduces the Rattray Marsh to a group of Trail visitors.

Colleen Zanella - WRT

run off before it enters Lake Ontario, and provides an habitat for a variety of waterfowl, animals and plants. The Waterfront Regeneration Trust has been a partner with the Marshalls in regenerating this area, as has Ducks Unlimited.

*"Ducks Unlimited put in some special duck nesting boxes in the middle of the pond. They're for wood ducks, mallards, mergansers, teals, lots of kinds. Everett Landers from Ducks Unlimited was down here a few weeks ago, and I said to him 'I haven't seen any ducks in those duck boxes. I've seen a couple of wood ducks around, and they scoot across the grass, but they're never in the boxes.' He said to me, 'Bob, what happens is the young ducks up north, they pick their mate for life, and on their way south they pick the spot where they'll nest for the next year. You just wait and see what happens next April.' So, my gosh, the night before last there must have been over a hundred ducks on the pond. With all the heat during the day they land here in the evening. We've planted lots of oats and barley, so there's lots to eat, and they know that it's a good place to be."*

Continued on page 2

## Faces & Voices cont'd

### Bob Marshall cont'd

*"One evening just after sunset, I was taking a walk down the shore, and saw a pair of bitterns that had landed in a black walnut. So I'm standing there, quietly enjoying this scene, just watching it happen. And a car comes in, with an older couple, and they just slowly look around, and they never stop that car. They just pass around the parking lot and leave. I'd say 98% of people are missing life."*

### Rolph & Eleanor Huband

Every year Rolph and Eleanor Huband and a pair of friends go on a cycling trip to different parts of North America. Each member of the group is retired, and in his or her sixties. For this year's trip they decided to ride the entire length of the Waterfront Trail. So this July — thanks to Greyhound, Go Transit and the Waterfront Trail Guidebook — they did.

*"The logistics were a major challenge. In previous years we had carried bikes in our cars, and left the cars at each day's starting point. We usually biked circle routes each day, and then returned to the cars which were essential for carrying a week's supply of clothes, and for scouting the best restaurants in the area."*

*"But the Waterfront Trail's a linear thing, not a circle route. Our limit was 75 kilometres a day, but if we had to double back for our cars, we'd only make 40 kilometres or so of headway each day. That would require nine or ten days for the 'end to end'. Our solution was to use the GO Train and Greyhound bus to return each evening for our cars. The system worked and we completed our Trail tour in five days."*

*"We found that some municipalities have made more progress than others, although to be fair, the challenge is greater in urban areas. We saw the need for a designated route through Scarborough. There's also a gap in the Wilmot Creek area. We found the Trail to be well marked generally, though we found the signs in Darlington to be confusing."*

*"We liked the Petticoat Creek Conservation Area in Pickering, and also enjoyed the Rouge Park. We were pleasantly surprised by the waterfront in Ajax; a very large waterfront park that is a credit to the town. The paved shoulders on Highway 2 are great; if you have to go on the highway, it's great to have nice wide shoulders to bike on."*

*"All in all the Trail's not perfect, but it makes it all the more of a challenge. Especially for sixty year old legs."*

### Don Davis

Presqu'ile Provincial Park juts into Lake Ontario just south of Brighton. The park and its inhabitants benefit from the special attention of The Friends of Presqu'ile, one of whom is Don Davis. Presqu'ile is a major vacation spot in the spring and summer, but as Don notes, it's a year round park, and there's plenty to see and do in the winter at Presqu'ile.

*"The recreation opportunities are really vast in the wintertime. There's cross-country skiing, of course, but the bird watching is also very good. There are snowy owls, people have seen the occasional bald eagle, and there are lots of ducks."*

*"With the arrival of zebra mussels we've noticed some changes in the numbers and types of ducks in the park. Back in February, the naturalists did a count of birds and they were finding over 22,000 ducks some days. For example, there's a duck called a white winged scoter, and on most days in the park we would be lucky to see flocks of 8 or 10. But we were seeing flocks of eight to ten thousand! All because they were feeding on the zebra mussels."*

*"The beach itself is also really interesting in the winter. The University of Waterloo has a research station located in the park, and they're looking at ways to manage the sand and dune systems year round. In the winter most of the beach and dune vegetation dies back and exposes the bare sand to the winds. Until a few years ago, the beach parking lots filled up with sand each winter and had to be bulldozed out each spring. Snow fences have helped with the problem, but the researchers are still trying to understand and manage winter sand erosion."*

## The Waterfront Regeneration Trust's first Community Board of Directors

In May the Waterfront Regeneration Trust welcomed its first community based Board of Directors. The Board sets the broad corporate direction for the Waterfront Trust and its activities. This community based board is representative of the many gifted and dedicated people who support the Trust's work and mandate:

**David Crombie** - Chair

**Ruth Grant** - Vice Chair  
Trustee with the United Way of Greater Toronto

**John A. Cartwright**  
Business Manager of the Toronto-Central Ontario Building Trades Council

**Eleanor R. Clitheroe**  
Executive Vice President of Ontario Hydro, and member of the Board of Trustees of the Wildlife Preservation Trust of Canada

**Clement Leung-Key Lee**  
Founder of the Toronto International Dragon Boat Race Festival

**Joseph Martin**  
Consultant in public and private sector management

**James Richards**  
Founder and Executive Director of the Friends of Second Marsh



*Ice volcanoes are a common winter sight along the shores of Presqu'ile Provincial Park.*

## Top Ten List

### Top Ten Things Overheard on the Waterfront Trail Tour

10. "Trail? -- I thought it said Waterfront TRAIN!"
9. "How many days will it take me to roller skate to Moncton?"
8. "But I have to go NOW!"
7. "Tell the t.v. crews to shake a leg -- the ducks are nearly gone!"
6. "I took a left in Burlington, and ended up in Tobermory..."
5. "No Mr. Mansbridge, there's no 'K' in 'Crombie'..."
4. "Okay, who called The Psychic Network on the cell-phone?"
3. "Hey, My Waterfront Trail Guidebook has a centrefold!"
2. "Yeah, sure there's no sign, but it's a zen kinda thing..."

And ...  
the number one thing over heard on  
the Waterfront Trail Tour:

1. "I don't care what you say, David -- next time we DRIVE from Hamilton to Trenton!"

## Trail Blazer Support Spans the Waterfront

Local businesses are blazing a Trail across the Lake Ontario Waterfront. The Lake Ontario Waterfront Trail Blazer program is a unique partnership between the Waterfront Regeneration Trust and local businesses along and in the vicinity of the Waterfront Trail. For a small fee Trail Blazer businesses receive a window decal, t-shirt, a gold and ceramic lapel pin, and a copy of the acclaimed Waterfront Trail Guidebook.

Dozens of booksellers in waterfront communities have also helped promote the Trail and

Trail publications. For example, some 3,000 copies of the Waterfront Trail Guidebook have been sold to readers in six Canadian provinces, and 21 U.S. states.

The Waterfront Regeneration Trust thanks all of these key supporters from the local business community. Each business or individual promotes the Waterfront Trail to customers, clients and communities alike.

### Trail Blazers:

The Burlington Partnership  
Burlington  
Syd A. Vince Insurance, Ltd.  
Oakville  
Ramsay's Bike and Ski  
Port Credit  
Mr. Lakeshore @ Lakefront Realty  
Toronto  
V&L Enterprises Booksellers  
Markham  
Wellman Associates  
Pickering  
D.G. Biddle & Associates, Consulting Engineers  
Oshawa  
Welcome Country Inn  
Port Hope  
The Carlyle Inn  
Port Hope  
Gothic Splendour  
Port Hope  
Coldwell Banker, Timothy Post Real Estate  
Colborne  
Castleton General Store  
Castleton  
Downey Pharmacy  
Colborne  
Hoselton's, graphic artist  
Colborne  
Office Barn  
Colborne  
Queen's Hotel  
Colborne  
Bob Marshall  
Haldimand Township  
Brighton Speedway Park  
Brighton  
Larry's Camera & Photo  
Trenton  
Doug Whately Insurance Brokers Ltd.  
Trenton  
Park Motel  
Trenton  
Rotary Club of Agincourt  
Scarborough  
Rotary Club of Pickering  
Pickering  
Uno Leis  
Agincourt

### Booksellers:

Read Em Books  
St. Catharines  
Book Villa  
Hamilton  
Allan Petteplace  
Hamilton  
Royal Botanical Gardens  
Hamilton / Burlington  
Backwater Trails  
Dundas  
Burlington Visitor and Convention Bureau  
Burlington  
A Different Drummer Books  
Burlington  
Joseph Brant Museum  
Burlington  
Bookers  
Oakville  
Quest Book Store  
Oakville  
Oakville Museum  
Oakville  
Pick of the Crop Books  
Oakville  
The Bradley Museum  
Mississauga  
Facts & Fantasy Book Store  
Mississauga  
S & B Books Ltd.  
Mississauga  
Port Credit Business Association  
Port Credit/Mississauga  
Mountain Equipment Co-Op  
Toronto  
Albert Britnell Book Shop  
Toronto  
Open Air Books and Maps  
Toronto  
Lichtman's Book Stores  
Toronto  
World's Biggest Book Store  
Toronto  
Ulysses Travel Bookshop  
Toronto  
Toronto's First Post Office  
Toronto

David Mirvish Books  
Toronto  
Contact Editions  
Toronto  
Edwards Books on Art  
Toronto  
Trillium Books  
Toronto  
Yorkville Book Cellar  
Toronto  
Marine Museum of Upper Canada  
Toronto  
Nicholas Hoare  
Toronto  
Velotique Limited  
Toronto  
Federal Publication Inc.  
Toronto  
R & R Book Bar  
Aurora  
Whitby Information Centre  
Whitby  
C. W. Hay Book Seller  
Oshawa  
Say Wells  
Oshawa  
The Book Studio  
Bowmanville  
Kent Bookstore Ltd.  
Lindsay  
Furby House Books  
Port Hope  
Cobourg Book Store  
Cobourg  
St. John's Books  
Grafton  
Olde Seaton House  
Colborne  
Lighthouse Books  
Brighton  
J & B Books  
Trenton  
Coles  
Various Locations  
Smith Books  
Various Locations

## Sponsorship = Community Responsibility

The sponsors of last spring's Waterfront Trail Tour were more than commercial partners — they were people who took responsibility for making their community a better place. Bell Mobility and the Port Credit location of Ramsay's Bike and Ski, were special supporters who kept the Tour connected and moving.

The Waterfront Trail Tour also got valuable support from:

- Pepsi Cola Canada Beverages
- Tilley Endurables
- Vittel Water — Perrier Beverages Ltd.



The team from Ramsey's Bike and Ski in Port Credit lent several top quality touring bicycles and other equipment which carried the Tour from Stoney Creek to Trenton in comfort and in style.

THE ONLY WAY TO GO.™  
**Bell Mobility**

Bell Mobility kept the Waterfront Trail Tour connected by loaning cellular phones, and donating hundreds of hours of calling time.

## Duncan Allan (1936 - 1995)



Duncan Allan served the Ontario public, and the Lake Ontario waterfront, with distinction.

Duncan Allan helped build many of the best parts of the Lake Ontario waterfront.

He served the people of Ontario for some 30 years, in the areas of taxation policy, industry, agriculture and energy. In all of his posts he used his wit, intellect, experience and formidable energy (as well as his legendary colourful lexicon) to make Ontario a better place.

Perhaps his greatest challenges, and most lingering legacies, came during his tenure as Special Advisor to the Premier on Toronto Waterfront Development

from 1987 until his retirement in 1992. Here Duncan marshalled his prodigious talents to regenerate the waterfront, and in many ways, to return a valued part of Ontario to the public he served so loyally and so well.

Duncan died on May 21, 1995. We at the Waterfront Regeneration Trust, as well as everyone who enjoys the Waterfront Trail, will miss him greatly.

## Happenings Along The Waterfront

### Ontario Hiking Day

October 1, 1995

There are many different groups organizing walks and hikes along various parts of Ontario, including: the Royal Botanical Gardens (Hamilton/Burlington), High Park (Toronto; David Crombie will lead one of the many hikes), Toronto Islands, Caledon, Markham, Vaughan, Uxbridge, St. Catherines, and Napanee, as well as several other Ontario communities.

Contact: Hike Ontario at (416) 426-7362

### Christmas at Presqu'ile

November 4-5 and 11-12, 1995  
10:00 a.m. to 4:00 p.m.

This fourth annual "quality arts & crafts show and tearoom" at Presqu'ile Provincial Park, is sponsored by the Friends of Presqu'ile.

Take the 401 to Highway 30 south to Brighton, and follow the signs to the park. There's no park entry fee.

### Mailbox



We've received a lot of letters since the Trail Tour & the publication of the Waterfront Trail Guidebook. Here are some recent comments:

*"The visit of the Waterfront gang on June 8 is still fresh in my memory...the thing that stands out most is the incredible vision you and your staff shared with us folk who struggle from day to day to make a living, and who like to do their bit for the community...."*

**Pieter Wyminga  
Colborne**

*"The Trail itself is a wonderful thing. It has gotten me back to the lakefront, and everywhere I go there are other people on their own voyage of discovery."*

**Linda Goodwin  
Toronto**

*"My sincere thanks for the splendid Waterfront Trail Guidebook...Perhaps what is most moving is that people's energy has spawned (and is furthering the work of) both this book and the Waterfront Regeneration Trust."*

**George Moore  
Toronto**

*"The [Guidebook] map...indicates that the trail is unbroken from Wilmot Creek to the Rouge River. I have followed it to the Whitby General Hospital and cannot seem to pick it up from there. I tried toward the lake through Whitby Psych (sic) but could not find the continuation of the trail... Thank you for your help"*

**Peggy Cannon  
Oshawa**

**Editor's Note:** All comments and suggestions about the Trail are passed on to Charity Landon and Darcy Baker of the Waterfront Regeneration Trust. They are working with our partners to make the Trail easier to use.

**Editor: John MacMillan**

**Design: Watermark Design**

**Special thanks to:**  
**Gabe Sinclair**  
**Jane Turner**

**• The newsletter represents the opinion of the writers/editor and not necessarily that of the Waterfront Regeneration Trust.**

**Next Issue: coming in January 1996.**

**ISSN 1201-8430**



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# LAKE ONTARIO Waterfront Trail NEWSLETTER

Government  
Publications

Volume 2, Number 1

## About this Issue

*The Waterfront Regeneration Trust facilitates many community and private sector projects along the Lake Ontario waterfront. This issue focuses on one of these projects: the Cobourg Harbour restoration. This partnership among businesses, the community, the Town of Cobourg and the Trust has resulted in the regeneration of a key part of Cobourg's waterfront, with benefits to the community and local economy.*

*This issue also notes several improvements to the Waterfront Trail, and introduces some of the people who have travelled the Trail from end to end.*

*Finally, a note about Trail books and merchandise. We're now accepting Visa as well as American Express cards for Waterfront Trail Guidebooks, merchandise and other Waterfront Trust periodicals. You can call 314-8572 for details.*

*The Waterfront Trail is open year round, so keep on skiing and walking. Also, keep in touch.*

**John MacMillan**  
Editor



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## Cobourg Harbour: A Regeneration Success Story



James Hoffman wears a ribbed fisherman's sweater and work boots as he strides into his big city lawyer's boardroom. He looks like a different type of developer — one with a different approach.

That different approach translates into the Victoria Garden condominium development, built by Hoffman's Cobourg Harbour Development Corporation in the town's west harbour area. The project is unique, not just because it is cleaning up and redeveloping an old industrial area, but mainly because of the spirited alliance — among Hoffman, the Cobourg community and some of Canada's leading corporations — that is helping to regenerate the town's environment and economy.

James Hoffman and his family moved from Toronto to Cobourg in 1987. He first developed a building in Cobourg's downtown which led to his interest in the harbour. "As I stood on the top floor of that new building, I looked down Third Street, and through that narrow corridor I saw a beautiful waterfront." The Town of Cobourg shared Hoffman's enthusiasm, and its secondary planning exercise looked at the waterfront with a new vision. This vision led to the Town's redevelopment of Cobourg Harbour and Victoria Park, which made the entire harbour area more attractive for further residential and commercial uses.

"Cobourg prospered because of its natural harbour and marine commerce," says Hoffman. "But as the economy changed, people turned their backs on the water. In the late eighties people started to change their focus — they wanted to bring some life back to their harbour."

In 1990 Hoffman's company bought the former McAsphalt property, a two-acre lot sandwiched among the industrial remnants of Ultramar, Imperial Oil and Canadian National Railways. There were, however, some problems. The Canadian economy was in its worst slump since World War II, which caused grief for all developers. Also, the condition of Cobourg's harbour lands was questionable, as were the costs —



Phase one of James Hoffman's condominium development (left) sits next to a soil restoration site (right). In the background is Victoria Park.

in terms of money and time — of the soil and groundwater restoration that redevelopment would likely require. But Hoffman was fortunate that his neighbouring industrial landowners recognized the changing trends in land use, and expressed a willingness to relocate their large oil tanks and operations. "They did this," says Hoffman, "even though the costs of moving and cleaning up the land would be greater than the profit they would receive for relocating."

Before the idea of re-using the harbour lands went to the Town of Cobourg for discussion, Hoffman convinced the neighbouring landowners that they all needed to talk openly with the community about the adverse conditions on the waterfront. "In many cases the contaminated

*Continued on page 2*

*clean • green • accessible • connected • open • useable • diverse • affordable • attractive*

## Cobourg Harbour: A Regeneration Success Story (cont'd)

soils were inherited from previous land owners, as well as from the current owner's operations. Public education early in the process has been critical to this project, but so has being honest with people. All of those big companies deserve credit for their corporate integrity."

Beth Benson, Director of Site Remediation with the Waterfront Regeneration Trust agrees. "Imperial Oil, Ultramar, CN and James Hoffman have all worked to win the trust of the community and to show that problems are solvable. But it couldn't have happened if Mr. Hoffman hadn't melted the walls between those big corporations."

Since 1993 Hoffman has built 40 condominiums on his harbour area lands. This May, his company will begin remediation of the Town of Cobourg's 'Old Boat Storage Area', and will also begin remediation of the CN lands on the West Side of Third Street. As well, after Imperial Oil completes its cleanup, the Town of Cobourg will purchase that site for public uses related to waterfront activities.

James Hoffman says the Waterfront Regeneration Trust has done a lot to unlock Cobourg's potential, for both economic and environmental improvement. "A small company and a little community can get lost in the bureaucracy. The Trust helped us, not so much to cut red-tape, as to work with us to find efficiencies. I would estimate that the Waterfront Trust may well have saved my company two years of time in completing our cleanup and development work."

Hoffman is also quick to credit the role of the Waterfront Trail in turning the attention of the people of Cobourg back to the harbour. "The money that went into [The Waterfront Trail] is the best example I've seen of government seed money actually creating a community return," says Hoffman. "We've injected over \$6.5 million into the local economy in 1995. Seed money like the funding that built that walkway creates long term benefits."

Why does this cleanup and redevelopment work for Hoffman when so many communities and public agencies are struggling to clean up similar lands? "We can move faster than the government to clean things up.

"We've got money and a lot of time invested in this," says Hoffman.

"Common objectives were established among the land owners, citizens and officials, as well as rigorous technical evaluations of the sites" adds Beth Benson, "But the Ministry of Environment and Energy also played a key role by clarifying cleanup rules, as well as providing prompt review of the soil and ground water management plans."

Hoffman stands to make a good return on his investment. He has taken the risk, made the connections with his neighbours and his community, and put his own money into the venture. "It takes patience and effort to get these large organizations moving. But when will you get another opportunity to make a good living, and also affect a community in such a good way?"

*Editor's note: Cobourg's Victoria Park, adjacent to Hoffman's site, is one of the true gems of the Waterfront Trail. Check it out when you get a chance.*

## Manure and Ingenuity

A lot of ingenuity — and a bit of manure — have gone into cleaning up the soils in Cobourg's west harbour lands.

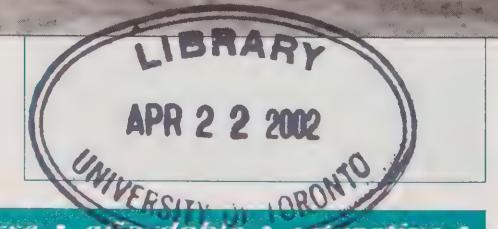
On the Ultramar property to the north of the Victoria Garden complex, air sparging (injecting air below the water table) has successfully treated contamination from gasoline spills and leaks into the ground water and soil.

Bioremediation has been the preferred technique on the Imperial Oil property, which was contaminated by diesel fuel and furnace oil. The affected soil has been bulldozed into large piles. Then manure, water and oxygen have been added to enhance the natural breakdown process. The piles have also been covered to minimize odour, and retain heat and moisture.

These technologies reduce restoration costs. They also recycle the soils, rather than excavating and dumping them in a landfill.



*Bob McAll*  
The oil tanks in Cobourg's west harbour area are being demolished as part of the cleanup.





## **Top ten good things about the Waterfront Trail in the winter:**

- 10. Frozen bird droppings on trail make great outdoor ornaments.**
- 9. Longest continuous cross country ski trail in the province (unless you include Highway 11 after a storm)**
- 8. Ice volcanoes are compact, pretty to look at and don't spew lava.**
- 7. Big coat + strong north wind + sharp skates = quick trip to Oswego.**
- 6. Cold temperatures preserve you -- just ask Walt Disney!**
- 5. You can stomp out a reaaaally long snow letter to the world.**
- 4. No rowdy beach parties to disturb your camping.**
- 3. Jogging in snow doubles your aerobic workout.**
- 2. Big chance of seeing animal tracks; no chance of seeing snowmobile tracks.**

**And ...**

**the number one good thing about the  
Waterfront Trail in the winter:**

- 1. No user fees -- at any time of the year!**

## **Who wants to get caught in our Web?**

The Waterfront Regeneration Trust is thinking about starting an Internet 'web site', which would feature current information about events and attractions in cities and towns along the Waterfront Trail. But, before we put our energies into preparing this information access point, we would like to know how many people might actually use it.

Do you have access to the Internet at home or at work? How many times per week do you access web pages? If this newsletter were available via the Internet, would you still want it mailed to you?

Send us e-mail at: [info@wrtrust.com](mailto:info@wrtrust.com) with your thoughts on these questions. If you're not currently on the Net, but are planning to get connected in 1996, let us know that too, via fax, phone or Canada Post (see contact information on the front page of this edition). And remember: you can always receive information about the Waterfront Regeneration Trust's activities and many waterfront issues through Janet Hollingsworth, Manager of our Canadian Waterfront Resource Centre. Her direct line is 314-4660, and her e-mail address is noted above.

We've got our signal light on; now it's up to you to tell us if we should roll on to the Info Highway!

## **Waterfront Trail "End-to-enders"**

Since the Waterfront Trail was opened last May, thousands of people have enjoyed hiking, biking, skiing and in-line skating along various trail sections.

But there are some intrepid souls who have journeyed the entire 300 kilometre length of



Colleen Zanello, Waterfront Regeneration Trust

*Cyclists enjoying the Trail near Whitby.*

the Trail, whether over several months or in one week. We have begun a list of these "end-to-enders", which we are planning to display at the offices of the Waterfront Regeneration Trust. If you have travelled the length of the Trail, please let us know how and when you performed your feat, and we'll put you on our list; we would also be interested in your experiences along the way. Also, if you can think of a better title than "end-to-enders", we'd love to hear your ideas.

Here is our inaugural list of Waterfront Trail "end-to-enders":

**Warren Cooper & Mike Adelson:**  
cycled over four Sundays

**Rolph & Eleanor Huband:**  
cycled over five days

**Ernie Baltz, Norm Kirk, Grif Thompson,  
John Rogers and Stan Henderson:**  
cycled over 3 days (this quintet ultimately cycled around all of Lake Ontario!)

**Dave and Anne Cox:**  
cycled the entire Trail — both ways over five weekends.

*Editor's Note: Most of these "end-to-enders" are over fifty years old!*

## **Volunteer Update**

In the last issue of the newsletter we asked for volunteers to help with the workload following last year's successful launch of the Waterfront Trail. We're now sorting through the deluge of responses, and will get back to each volunteer applicant by February. Thanks to everyone for offering their time, ideas and perspectives to the development of the Waterfront Trail.

# Happenings Along The Waterfront

## "Happening of Harps"

An event involving selected local restaurants in Toronto's Beach area as well as local harpists, to benefit the preservation and restoration of the Leuty Lifesaving Station, a landmark on the Beaches boardwalk since 1922.

**Through February & March, 1996**

For more information, contact Glenn Cochrane 416-690-1154

## Presqu'ile Waterfowl Festival

See thousands of ducks, geese and swans — as many as 25 species — in the company of volunteer field naturalists.

**Presqu'ile Provincial Park**

**Brighton, Ontario**

**March 30 - 31 & April 5 - 7, 1996**

For further information, contact: Don Tyerman, Senior Natural Heritage Education Leader 613-475-2204

## Hike Ontario

Check out the Hike Ontario booth at The Sportsmen's Show, where the Waterfront Trust's publications will be on sale.

**Exhibition Place**

**Toronto, Ontario**

**March 9, 1996**

**10:00 a.m. to 8:00 p.m.**

## "Trails and Tourism in Ontario"

Annual Ontario Trails Council Conference Holiday Inn, Peterborough, Ontario

**April 27 & 28, 1996**

For details contact: Ontario Trails Council

*c/o Trail Studies Unit, Trent University,  
Peterborough, Ontario K9J 7B8  
(tel.) 705-748-1419*

## "Explore the Shore"

A cycling fundraiser along the Whitby section of the Waterfront Trail, to benefit the Arthritis Society of Durham and the Head Injury Association of Durham.

**May 5, 1996**

**10:00 a.m. - 2:00 p.m.**

For details contact: The Arthritis Society of Durham 905-434-7221

## Friends of Trashed Rivers

Annual conference of the Coalition to Restore Urban Waters.

**Chicago, Illinois**

**May 16 - 18, 1996**

For more information contact: Friends of the Chicago River 312-939-2789

## Duffins Creek Bridge and Boardwalk

**Official Opening**

**May 25, 1996**

For details contact: Joel Rowe 905-427-8811

## Waterfront Trail Relay Challenge

This event will celebrate the first anniversary of the opening of the Waterfront Trail. Watch for details in the next newsletter.

**May 25, 1996**



## Mailbox

We always look forward to your comments, story ideas and photographs. Here is one letter we received after the last issue.

*I enjoy receiving and reading your newsletter. It is well designed, well written, and informative. My compliments to those who are responsible for it.*

**Lawrence Stasiuk**

**Oakville, Ontario**

**Note:** We try to keep our ever expanding mailing list up to date. If you have any address changes, or are receiving duplicate copies of this newsletter, please let us know.

## Waterfront Trail Update

### The Trenton Riverwalk

Phase two of the six phase Trenton Riverwalk project is now completed. This project is part of the Trenton Renaissance project which seeks to reunite Trentonians with their riverfront. Phase one of the Riverwalk project featured the redevelopment of a downtown marina and parking lot. The recently completed phase two stretches along a city block and includes specially designed seating, lighting, sculpture gardens and observation areas — all close to shops and restaurants. The Trenton Riverwalk forms the eastern end of the Waterfront Trail, and will ultimately link the Trail with the Jack Lange Memorial Walkway just north of Trenton.



*The Trenton Riverwalk*

### Hamilton's Pier 4 Park wins an international award

Congratulations to the City of Hamilton and F.J. Reinders and Associates for winning one of 16 Excellence on the Waterfront Annual International Awards for the City's Pier 4 Park and Bayfront Park projects. These projects were honoured in the "Park/Walkway/Recreation" category at last October's conference of the Waterfront Center, a Washington based non-profit consulting and research organization.

### Corbett Creek Bridge

The Corbett Creek Bridge has been completed, linking the quiet natural stretches of the Waterfront Trail between Whitby and Oshawa. This part of the Trail is composed of a mixture of asphalt, boardwalk and metal catwalk, and lets Trail users observe wildlife in the Lower Corbett Creek wetland.



### More signs in Pickering and Etobicoke

In response to comments and suggestions from Waterfront Trail users, the Town of Pickering and the City of Etobicoke have increased the number of Trail markers and signs to make it easier to follow their sections of the Trail. Our thanks to our municipal partners for responding to the needs of the Trail.

**Editor: John MacMillan**

**Design: Watermark Design**

**Special thanks to:**

**Beth Benson**

**Bob Neally, Cobourg Harbour Development Corporation**

**• The newsletter represents the opinion of the writers/editor and not necessarily that of the Waterfront Regeneration Trust.**

**Next Issue: coming in April.**

**ISSN 1201-8430**



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LAKE ONTARIO

# Waterfront Trail NEWSLETTER

Government  
Subsidies

April, 1996/Volume 2, Number 2

## About this Issue

*It's spring time, and in the spirit of new growth we are proud to introduce a new event, a new fund, and a new partnership.*

*The new event is the Waterfront Trail Relay Challenge, which is our way of celebrating the first anniversary of the Waterfront Trail. The Waterfront Regeneration Fund is also something we've created to continue the work of regeneration in these tight fiscal times. And, finally, we're proud of our partnership with Coscan Development Corporation to extend the Trail into the Scarborough's Port Union area.*

*If you're in the Mountain Equipment Co-Op store (Front & Church Streets in Toronto) check out the Waterfront Trail display. It was designed for us by Chris Clarke, a student in Ryerson's Hospitality & Tourism Management Program.*

*Thanks, Chris!*

*Keep in touch with your story ideas, photographs and memories of your favourite parts of the Trail.*

**John MacMillan**  
Editor

*Lake Ontario Waterfront Trail Newsletter  
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## The Waterfront Trail Relay Challenge

## Celebrating our First Anniversary

**W**ell, it's been quite a year. The Lake Ontario Waterfront Trail is one year old. Since last May thousands of people from around the world have travelled part or all of its 300 kilometres. Trail users have also seen many improvements, including new bridges at Duffins and Corbett Creeks. They have also witnessed the ongoing regeneration of the Lake Ontario waterfront.

Now, the Waterfront Regeneration Trust and its partners have come up with a fun-filled, energetic way to celebrate the first anniversary of the Trail.

We're calling it the **Waterfront Trail Relay Challenge**.

On Saturday, May 25, from Trenton in the east and Stoney Creek in the west, hundreds of people will walk, run, cycle, skate, canoe and sail the Waterfront Trail.

"We're especially proud that the Canadian Olympic Association supports the Relay," says Irene Rota, coordinator of the Waterfront Trail Relay Challenge. The Association has arranged for Canadian Olympians to lead each portion of the Relay, and members of the public are invited to come out and meet and greet these athletes when they pass through their area. "We're also encouraging people to sign a special scroll to show their support for Canada's Olympic team," says Irene Rota. "It will be presented to Canada's athletes at the Atlanta games, and is sure to give the team a boost."

At a designated official starting time on May 25, Olympians and Relay participants will kick off the day in Trenton and Stoney Creek. To cover the full length of the Trail in one day, the Relay will be divided into municipal sections with each municipality having a start and finish line.

The first participant to cross each municipal finish line will launch the start of the next municipality's relay. The west will move east and the east will move west until both meet at the final finish line in the Town of Ajax (Ajax is roughly the geographic centre of the Trail).

But there's more. "We've planned special closing celebrations on Toronto's Centre Island for later

## WATERFRONT TRAIL RELAY CHALLENGE



*The Waterfront Trail Relay Challenge starts at Trenton in the east and Stoney Creek in the west, and finishes at the mid-point of the trail in Ajax.*

that evening," says Irene Rota. "We'll welcome all participants and mark the Relay's completion. There'll be entertainment, refreshments, awards, displays and activities for all ages starting at 5:00 p.m. and continuing until dusk." Both Stephen Hunter, the host of CBC-TV's "The Health Show", and the renowned Leslie Spit Treco, will make an appearance at the Relay's closing celebrations.

In these days of tight budgets, a number of sponsors and supporters have come forward to transform the dream of a Waterfront Trail Relay Challenge into a reality. Sponsors include Bell Mobility, Bombardier Inc., CIBC, the FAN590, GO Transit, Maple Lodge Farms, the Perrier Group of Canada, and Trentway-Wagar Coachlines. Supporters include the CBC, the

*Continued on page 2*

# The Waterfront Regeneration Fund

The Waterfront Regeneration Trust has created the Waterfront Regeneration Fund to help with the ongoing work of waterfront regeneration in these tight fiscal times.

Corporations and members of the public can make donations to the Fund. Then the Waterfront Trust puts these funds into projects where there is the greatest potential for economic, ecological and community renewal. The Fund can also work with donors who wish to target funds at specific regeneration projects. Finally, the Fund can accept property donated for waterfront regeneration. For instance, a piece of environmentally significant land might be donated to preserve it as a natural area.

Contributions to the Waterfront Regeneration Fund are considered "Gifts to the Crown", which makes them tax deductible without limit.

There's lots of regeneration work to be done. The Waterfront Regeneration Fund is a chance for you, or your organization, to receive both an environmental and tax benefit.

For a brochure on the Waterfront Regeneration Fund, contact the Waterfront Regeneration Trust.



Trail users celebrate the return of spring weather in Etobicoke.

## The Waterfront Trail Relay Challenge Celebrating our First Anniversary (cont'd)

Central Waterfront Business Association, the Toronto Entertainment District Association, Cott Beverages and the Ontario Cycling Association.

Where's the "challenge" in the Waterfront Trail Relay Challenge? Irene Rota explains that charities, community groups, clubs and other organizations are invited to use the Relay to raise funds for their own programs, as well as for the Waterfront Regeneration Trust's new Waterfront Regeneration Fund (see details on this page). "Groups can challenge others to raise pledges. Then the proceeds will be split between their organization and the Waterfront Fund." Pledge forms can be picked up at municipal offices or from the Waterfront Trust.

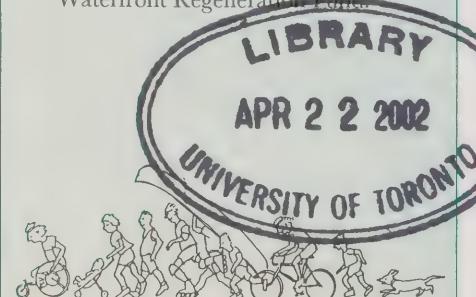
So, strap on your skates, hop on your bike or settle into your wheelchair on Saturday, May 25 for the first Waterfront Trail Relay Challenge. It will be a chance to celebrate the Waterfront Trail, as well as to welcome the return of spring weather to the Lake Ontario waterfront.



### Open to Everyone

The Waterfront Trail Relay Challenge is open to everyone.

- Run, stroll, cycle or skate — participate in any way you can or wish — on one or more segments of the Trail.
- Line the relay route to support the athletes from the Canadian Olympic Association as well as your community's participants.
- Participate in the special events being organized for Relay Day in many communities along the Waterfront Trail.
- Witness the east meeting west at the Relay's finish line in Ajax's Rotary Park, at the mid-point of the Waterfront Trail.
- Buy a specially-designed Waterfront Trail Relay Challenge t-shirt, and enjoy dozens of Relay Day discounts.
- Come to Toronto's Centre Island from 5:00 p.m. until dusk, see displays from waterfront communities, and enjoy an appearance by the famous Leslie Spit Treeo.
- Use the occasion of the Relay to raise funds for your local community group or club, as well as for the Waterfront Regeneration Fund.





# THE WATERFRONT FINALE AT COL. SAM SMITH PARK

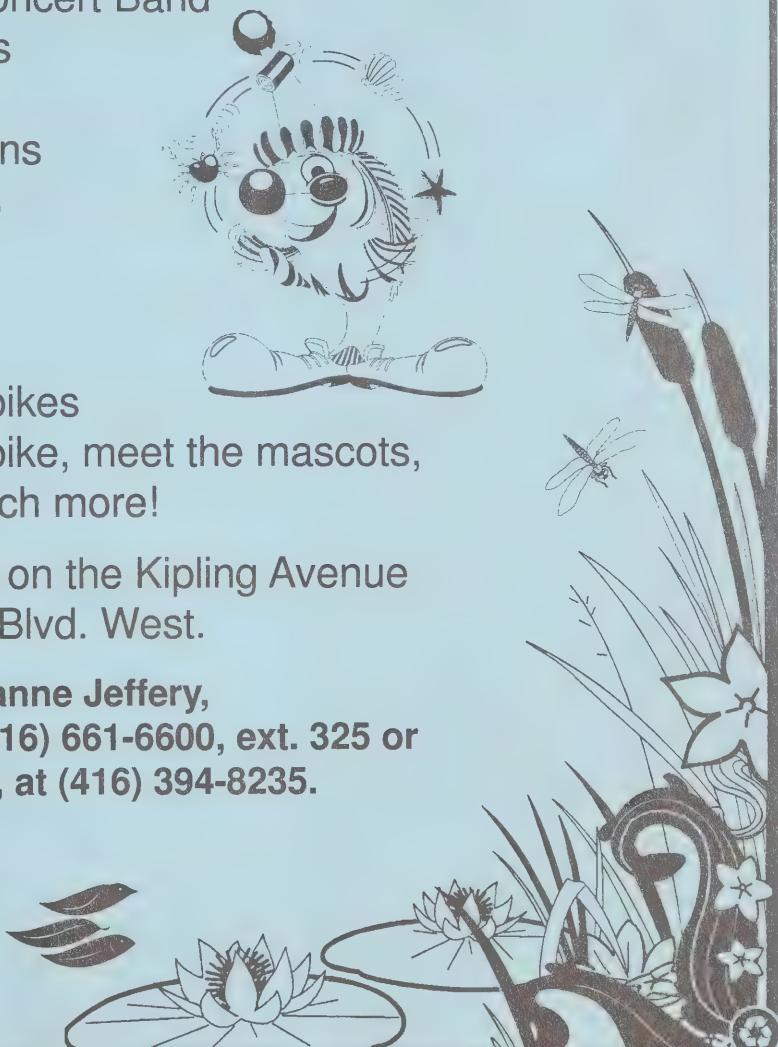
**Saturday, May 11**

This family day will be held from 10 a.m. - 4 p.m. and includes:

- Pick up compost for spring planting and purchase composters
- Entertainment by the Etobicoke Youth Orchestra and the Etobicoke Community Concert Band
- Line dancing demonstrations
- Roller blade demonstrations
- Environmental demonstrations with fish, snakes, and turtles
- Nature walks
- Shrub plantings
- Bring your blades
- Meet 21 Division Police on bikes
- See the clowns, bring your bike, meet the mascots, enjoy refreshments, and much more!

Col. Sam Smith Park is located on the Kipling Avenue extension south of Lake Shore Blvd. West.

For more information contact Joanne Jeffery, Metro Region Conservation, at (416) 661-6600, ext. 325 or Carlo Bonanni, City of Etobicoke, at (416) 394-8235.





**Everyone lives in a watershed.**  
A watershed includes all of the lands that drain into a river system. Everything that happens in the watershed has an effect on the water that flows into the river. You can help make your watershed a healthier place by being a part of "Celebrate Your Watershed!" Week.

## May 5-11, 1996

On Sunday, May 5, kids can help kick off this special week at Serena Gundy Park, located at Leslie Street and Eglinton Avenue.

- From 10 a.m. to 12 noon bring the kids and see hundreds of canoeists start their trip down the Don River to Harbourfront.
- Live performance by children's entertainers, Rick and Judy.
- Meet Dudley the Dragon.
- Listen to the Jesse Ketchum Pan Vibrations and Little Thunder, a native drumming band.
- Enter your name in the kick-off draw to win great prizes!

**All activities-rain or shine!**



metro region  
conservation

For more information contact  
Joanne Jeffery,  
Metro Region Conservation at  
**(416) 661-6600, ext. 325.**

We thank our corporate sponsors:

*Bell Mobility, Breakthrough Entertainment, Mariposa in the Schools,  
Canada Trust, Mountain Equipment Co-op, Sporting Life, Tremco.*



## Top Ten List

### Top ten ways you can tell spring has returned to the Waterfront Trail

10. The seagulls have become picky eaters
9. The snow is gone - and it's only May!
8. Lovestruck in-line skaters 'clothesline' passersby with their constant hand holding.
7. Trail is deserted until August, when the hockey play offs finish.
6. Suicidal worms flock to the Trail.
5. "No Parking Zones" are augmented by "No Parka Zones".
4. Toronto trail users become deafened by cheers of contented fans in SkyDome.
3. Apple blossoms cause hazardous "pink-out" conditions in Northumberland County.
2. Cyclists have muddy stripes on the backs of their expensive riding gear.

And ...

the number one way you can tell spring has returned to the Waterfront Trail:

1. A whole bunch of Olympians have invaded your town for the Waterfront Trail Relay Challenge.

## The Re-birth of a Waterfront Village

Port Union Village, a community that played an important role in Ontario's waterfront history, is being brought back to life.

Port Union is located near the mouth of Scarborough's Highland Creek. The village was established by United Empire Loyalists in 1808, and became a centre for warehousing, shipping and fishing. As in many waterfront communities, Port Union was known for its graceful two-masted ships (called "stone hookers") that pulled granite boulders from the lake bottom to use in construction. Port Union's economy changed when the Grand Trunk Railway arrived, and all port operation ceased in 1895 when a storm destroyed the village wharf.

A new "Port Union Village" is now being built by the Coscan Development Corporation. This 600-home development will complement the waterfront, not just because of the architectural design, but also because the plans call for building a lakefront nature trail that will become part of the Waterfront Trail.

Coscan has donated \$10,000 to the Waterfront Regeneration Trust to help design and construct this latest extension to the Trail. At a cheque presentation last February, David Crombie, Chair of the Waterfront Regeneration Trust, said, "This donation is symbolic of the re-birth of Port Union Village. It also shows Coscan's commitment to enhancing the natural beauty of south-eastern Scarborough."

This Waterfront Trail extension will link Trail users to an interesting and important part of waterfront history.



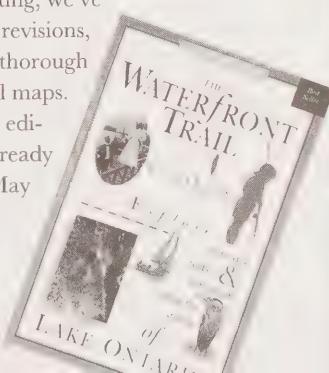
*Port Union Village will feature 600 new homes, plus an extension to the Waterfront Trail.*

## Just off the Printing Press!

Our 1996 Activities Calendar is almost ready for distribution. So is a revised version of the Waterfront Trail Guidebook.

The Activities Calendar features information on hundreds of events occurring in waterfront communities, as well as a handy map of the Waterfront Trail Relay Challenge route. The calendar will be distributed in the third week of May; with community newspapers in most areas, and door-to-door in others. Call us if your house was missed in the distribution.

The first printing of the Waterfront Trail Guidebook sold out in just 10 months (this makes it a Canadian bestseller!). For our second printing, we've made some revisions, including a thorough update of all maps. The revised edition will be ready for sale in May at the same price of \$19.95 + GST.



## Web Page Update

In the last issue we asked for your thoughts on our proposed Internet web site. The response was enormous, and we've decided to create a web page.

But, in the process of asking for your thoughts, we also received some good advice: "Make sure your site is ready before making it public". Hundreds of web pages go on-line every day, but not all of them are well thought out. First impressions are important and we want to ensure that our web page contains the best possible information and design.

So, keep watching this newsletter for our new URL (web address). [An "urly" warning? Ed.] We'll also inform the Internet columnists at the newspapers, and will link up with other sites when we're up and running. If you have any ideas about what our page should contain, or suggestions of model sites (good or bad) that we should check out, let us know via e-mail ([info@wtrtrust.com](mailto:info@wtrtrust.com)).

*In the meantime, thanks for your thoughts!*

# Happenings Along The Waterfront

## Explore the Shore

A cycling fundraiser along the Whitby section of the Waterfront Trail, to benefit the Arthritis Society of Durham and the Head Injury Association of Durham.

**May 5, 1996**

**10:00 a.m. - 2:00 p.m.**

**Whitby**

For details contact: *The Arthritis Society of Durham*  
(905) 434-7221

## Scout Family Bike Ride

This second annual event follows the Mississauga stretch of the Waterfront Trail. Sponsored by Scouts Canada, Mississauga Region.

**May 12, 1996**

For more information contact: *Mississauga Regional Scout Office*  
(905) 278-7781

## Celebrate Your Watershed Week

Paddle the Don, tour the Rouge, hike the Humber or enjoy lots of other activities that promote protection and restoration of the Metro Toronto watersheds.

**May 5-11, 1996**

**Various locations in and around  
Metropolitan Toronto**

For more information contact: *Metropolitan Toronto and Region Conservation Authority*  
(416) 661-6600

## Milk International Children's Festival

This fifteenth edition of North America's largest performing arts festival for the family features performers from Kenya, Belgium, Scotland and Northern Ireland.

**May 13 - 20, 1996**

**Harbourfront Centre, York Quay, Toronto**

For further information contact: *Harbourfront Information Desk*  
(416) 973-3000

## Heritage Walks in Durham Region

A series of free Saturday morning walks focusing on the history, geography, flora and fauna of Durham Region.

**May 18, 1996**

**Darlington Nuclear Generating Station (8:00 a.m.  
at the Darlington Soccer Field, Clarington)**

**June 15, 1996**

**Petticoat Creek Conservation Area**

**(8:30 a.m. at Rouge Beach Park, Pickering)**

For details call: *John Sabeau* (905) 831-3811

## Royal Botanical Gardens' Lilac Festival

See and smell the world's largest collection of lilacs at the Royal Botanical Gardens' arboretum. On May 19, enjoy entertainment from the cast of *Beauty and the Beast* in the lilac dell.

**May 18, 19, 20, 25 & 26**

**11:00 a.m. - 4:00 p.m.**

**Royal Botanical Gardens, Plains Road West in  
Burlington (Highway 6 exit from the QEW)**

For more information contact: (905) 527-1158

## Bike To Work Week(s)

This annual event celebrates the joys and drama of urban cycling.

**May 20 - 26, 1996**

**Burlington & Toronto**

For details contact: *Lesley Wood (Toronto)* (416) 392-7592  
*Doug Brown (Burlington)* (905) 632-4774

## Four-Day Evening Walk

This "hiker's fest" introduces families with small children to the beauties of the Royal Botanical Gardens via four evening walks.

**June 10 - 13, 1996 5:30 p.m. each evening**

**Royal Botanical Gardens, Burlington, Ontario**

For more information contact: *4-Day Evening Walk Committee, P.O. Box 79554, Hamilton, Ontario, L8T 5A2*  
(905) 383-6319

## Milne Hollow Barbeque and Cleanup Day

Charles Sauriol was a boundless optimist, dedicated to preserving natural areas. He died in December, 1995 (in his 95th year) but his last dream was to buy historic Milne Hollow in Don Mills, and make it the northern trailhead of the Charles Sauriol Conservation Reserve. Join this community clean-up, barbecue and fund raiser, and help make Charles Sauriol's dream a reality.

**June 22, 1996**

**Lawrence Ave. and the Don Valley Parkway**

**Don Mills (North York)**

For further information contact: *Ernie Baltz* (416) 592-9238

## Fort York Festival

A re-enactment of manoeuvres from the Battle of York (1813), featuring over 500 costumed re-enactors from across North America.

**Fort York, 100 Garrison Road (Fleet Street) Toronto**

**June 29 & 30, 1996**

For information contact: (416) 392-6907

## Ontario Parks Association's Annual Training Institute and General Meeting

Features a range of field and classroom sessions on waterfront development, festival planning and civic beautification.

**July 17-19, 1996**

**Hamilton, Ontario**

For registration information contact: *Hamilton Parks Department*  
(905) 546-2042

## Touring Concept Cycling Group

A Durham-based cycling club that enjoys organized bike rides each Sunday during the spring and summer. Each week's ride begins at the Whitby Library (Henry Street & Highway 2). Beginners, intermediate and advanced riders are welcome.

For further information contact:

*Lucy Perri* (905) 420-4275

## The BiQue Ride

A week long bike trip from Toronto to Montreal (partly via the Waterfront Trail).

**June 30 - July 7, 1996**

For more information contact: *Tour du Canada* (416) 484-8339  
email: *velo@fox.nsn.ca*

## "Take a Hike" on Parks Day

Discover Metro Toronto's parks and trails during this annual event. Interpretive hikes are planned for the Humber Arboretum, Rouge Park and Toronto Islands.

**Saturday, July 20, 1996**

**Various locations in Metro Toronto**

For details contact: (416) 392-8186 or (416) 392-3390

## Oak Ridges Trail Working Vacation

The Oak Ridges Trail (Uxbridge Section) is the setting for a working vacation of trail preparation. Accommodation is in the Durham Forest Outdoor Education Centre.

**August 6 - 17, 1996**

For details contact: *Tom Rance* (905) 852-7128

## Port Hope Salmon Festival

A great activity for anglers and their families. Lots of activities in downtown Port Hope as well as on the Ganaraska River.

**September 14 - October 19, 1996**

**Port Hope on the Ganaraska River**

For more information contact: *Peter Huffman* (905) 885-2355

# Waterfront Trail Update

## Duffins Creek Bridge Opening

The official opening of the Duffins Creek Bridge will take place on May 25, 1996, the same day as the Waterfront Trail Relay Challenge. The opening celebrations will take place at Ajax Rotary Park between 10:00 a.m. and 2:00 p.m. The Duffins Creek Bridge is a series of boardwalks designed to minimize human impact on the natural environment, while allowing people to enjoy a scenic walk. For more details contact 905-427-8811.

## Top Honours for Humber Bridge

The Humber River Bicycle/Pedestrian Bridge won the Award of Excellence in the 1995 Etobicoke Urban Design Awards. The bridge was designed by Montgomery & Sisam Architects and Quinn Landscape Architects. The award noted the quality of the bridge's design, as well as "the way it re-establishes a public presence on the waterfront". The bridge, which was opened last May, connects the Etobicoke and Toronto stretches of the Waterfront Trail.

## Best for cycling in North America

Congratulations to the City of Toronto on winning **Bicycling Magazine's** award for "Best City for Cycling in North America". Maybe the opening of the Waterfront Trail helped tip the scales in favour of Toronto...!

## Grindstone Marshes Trail & Boardwalk

The Grindstone Marshes Trail & Boardwalk was built this past winter in Burlington's Royal Botanical Gardens. This project was aided by the Turkstra Lumber Company, which donated a \$30,000 bridge to the project. Both the trail and the boardwalk pass through a natural area; check out the Hamilton Bay pike spawning nursery while you're there.

## New trail construction in Mississauga

Approximately 2 kilometres of new trail have been built from Mississauga's western boundary (with Oakville) to Southdown Road. This trail was built off-road, with the cooperation of a number of private industrial landowners, which lets trail users avoid busy stretches of Lakeshore Road.

**Editor: John MacMillan**

**Design: Watermark Design**

**Special thanks to:**

**Coscan Development Corporation**

**Suzanne Barrett**

**Irene Rota**

**Keith Baker**

**\* The newsletter represents the opinion of the writers/editor and not necessarily that of the Waterfront Regeneration Trust.**

**Next Issue: coming in September, 1996.**

**ISSN 1201-8430**



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WITHDRAWN

## About this Issue

*The Golden Horseshoe has always been a magnet for tourists. This issue profiles some Hamilton and Niagara entrepreneurs who are bringing visitors to the area's ecological and agricultural treasures. Those treasures include a diverse and important series of waterfronts, which (as you'll see on page 2) is part of the reason why the Waterfront Regeneration Trust is working with local communities to extend the Waterfront Trail into Niagara.*



*This issue also introduces the newest member of the Waterfront Regeneration Trust: Carole Nixon, Director of our Waterfront Partnerships Program.*



*Thanks for participating in last May's Waterfront Trail Relay Challenge. Keep in touch.*

**John MacMillan**  
Editor

*Lake Ontario Waterfront Trail Newsletter  
Waterfront Regeneration Trust  
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Toronto, Ontario  
M5J 1A7*



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# LAKE ONTARIO Waterfront Trail NEWSLETTER

Government  
Publications

September, 1996 / Volume 2, Number 3

### The Golden Horseshoe:

## "Making a Buck & a Difference"

**W**hen you call the Niagara Nature Tours answering machine you hear the usual recorded voice, but you can also pick up some crickets chirping in the background. That different kind of welcome introduces a new tourism sector in the Golden Horseshoe area. Some call this eco-tourism, others agri-tourism, still others dub it outdoor tourism. But everyone agrees that this tourism niche is being carefully developed by dedicated and innovative entrepreneurs in Niagara and Hamilton.

Carla Carlson is one of those entrepreneurs. She operates **Niagara Nature Tours**, though like most of her colleagues in this sector, Carla hasn't been involved in this business for very long. "I left Agriculture Canada because of budget cuts. April 1, 1996 was my last day there, and the first day running my new company." Since then Niagara Nature Tours has blossomed from its base in Jordan Station, offering a variety of theme tours. These tours embrace delights such as a history of edible plants, educational trips to area herb farms, and moonlight treks with a storyteller through the Niagara Glen.

John Hannah



*A small group enjoys one of The Green Planet Nature Company's walks through the Dundas Valley.*

Another tourism entrepreneur, **Niagara Peninsula Agri-Tours** operates out of Lake's Edge Vineyards, a working farm run by Mary and Dave Wiley. Here the focus is on learning where our food comes from through visits to cottage wineries, local greenhouses, and neighbouring farms. As well, the Wileys organize trips to nearby restaurants, where local food complements local wine. "We also take walking and bus tours to historical points of interest like the Jordan Historical Museum," says Mary Wiley, "And there's a tavern ruin from the War of 1812 right on our property."

Further up the peninsula in Hamilton, John Hannah and Brian McHattie have created **The Green Planet Tour Company**. This duo takes visitors on a variety of guided walking, cycling, and bus tours of the old-growth Carolinian forests, cliffs, and wetlands that encompass the Niagara

Escarpment and the Niagara World Biosphere Reserve. "We want to show people what it means to have such a diversity of conservation lands," says John Hannah. "People who have lived in the area for decades have told us they never knew the beauty and value of the natural surroundings in Southern Ontario."

Partnerships have been important to all three businesses. Hannah and McHattie have been

working with the Royal Botanical Gardens and the five conservation authorities in the Golden Horseshoe to develop guidelines and principles for sustainable tourism on conservation lands. Green Planet has also developed "University Eco-Ventures" with McMaster's Department of Athletics and Recreation. For her part, Carla Carlson has partnered with Brock University to offer unique tours for international study groups. "My first tour was a group from the University of Illinois, and they told me it was the best tour they'd ever been on," Carlson says proudly. Meanwhile Mary Wiley works with area restaurants as well as the members of her community. "We're farmers so we know our neighbours. We also know what's in season and what's interesting to see."

*Continued on page 2*

## The Golden Horseshoe:

# **“Making a Buck & a Difference” (cont’d)**

Linking people to the land and water is an important component of this kind of tourism. “97% of our population have no first hand experience with where their food comes from,” says Mary Wiley. “We’ve found that people really like walking through a vineyard or peeking into a greenhouse. You can tell when they’re enjoying themselves by the questions they ask.” Carla Carlson in turn offers popular workshops on plants and craft making. John Hannah’s Green Planet Touring Company also creates novel connections to the flora and fauna of the Niagara Escarpment area. “One of our neat trips was a cycling tour we put together along the waterfront for the Burlington Visitor and Convention Bureau. It took people out to see the colonial nesting sites for Caspian and Common Terns.”

Like any entrepreneurial venture, each business has faced obstacles. “There’s a certain type of person who’s interested in joining our tours — someone who wants a value-added tourism experience,” says Mary Wiley. “One of our biggest challenges is finding out where those people are, and letting them know we’re here.” Both Niagara Nature Tours and the Green Planet Tour Company have also struggled with liability and licencing issues. “I decided early on that I needed to be incorporated in order to protect myself,” says Carlson. “I also needed a lot of liability insurance since my agent was nervous about me leading walking tours through areas like the Niagara Escarpment, and Niagara Glen.” John Hannah adds, “This sort of tourism is really a grey area. We had a tough time getting all of the licences that we need to do business. You really have to network to get all the information you need. You also need to hire a good lawyer.”

Each company has also had to balance potential success with their own business approach. “We’re very hands on, and work with each group in a custom designed way,” says Mary Wiley of Niagara Peninsula Agri-Tours. “As our business grows we want to avoid a cookie-cutter kind of experience. We want to walk before we run.”

“We’re committed to making a buck, but we also want to make a difference,” says Green Planet’s John Hannah. “Our company follows ethical principles that include giving a percentage of our gross profits back to the landowners. We’re also going out of our way to have smaller group numbers to avoid dam-

Niagara Peninsula Wine Council



*Both Niagara Peninsula Agri-Tours and Niagara Nature Tours connect visitors to the peninsula’s orchards and vineyards.*

aging the trails.” Carla Carlson follows a similar principled approach with Niagara Nature Tours. She has also set up an apprentice and mentoring program where younger people work shoulder to shoulder with her network of retired scientists and experts. “They learn from each other, and my network of experts is constantly renewed,” she says.

What does the future hold for this brand of outdoor tourism in Hamilton and Niagara? “The waterfront is a big part of our future plans,” says John Hannah. “We want to develop more tours along the Waterfront Trail, and work with the connections to other trails in the area.” While there is currently no Waterfront Trail east of Stoney Creek, both Mary Wiley and Carla Carlson are keen on weaving the waterfront into their roster of tours. “We wouldn’t have the area we have without the lakes and the Escarpment,” says Mary Wiley. Carla Carlson adds “I would love to organize waterfront tours that explain the connections between the climatology of the lake and the area’s geography.”

Whether you call it agri-, eco-, or outdoor tourism, these entrepreneurs have tapped into an important tourism market; and they’ve done it in a sensitive and sensible manner. In many ways, the Waterfront Trail is a conduit for this tourism approach along the entire shore of Lake Ontario.

#### **For more information contact:**

*Niagara Nature Tours Ltd. (905) 562-4154  
Niagara Peninsula Agri-Tours (905) 562-7914  
The Green Planet Tour Company (905) 524-5780  
Niagara Economic and Tourism Association  
(800) 263-2988  
Greater Hamilton Visitor and Convention Services  
(905) 846-4222*

## **On to Niagara**

Progress is being made to extend the Lake Ontario Waterfront Trail from Hamilton into the Niagara Peninsula. The trail extension will connect Metro Toronto and the rest of the Lake Ontario shoreline to Niagara Falls, the area’s wineries, orchards, fruit stands, the Niagara Escarpment, Niagara Parkway, theatres, historic communities and other features of the Peninsula.

The Waterfront Regeneration Trust has been helping local communities identify the opportunities associated with the Waterfront Trail. The process involved discussions with Niagara councils, officials, non-government groups and members of the public.

A trail route option study, prepared by IMC Consulting Group, was published in August as a basis for selecting trail routes, designing projects, and implementing partnerships.



## Top Ten List

### Top Ten Things Overheard during the Waterfront Trail Relay Challenge

10. My neck's worn out from photographing the guy on the pogo stick.
9. Let's hope nobody mixes up the javelins and the relay batons again.
8. Hey, here comes the relay team... whoops, I mean there goes the relay team!
7. The t.v. crew was late. Can you sweat yourselves up and speed through again?
6. When they said it was a 4 by 100 relay, I didn't think they meant kilometres!
5. ...And the bald tires award goes to the group who biked from Niagara-on-the-Lake to Toronto.
4. Is that snow?
3. Yeah, but who told them they could rappel down the Scarborough Bluffs?
2. Strong? Well let's just say the wind turned the Leslie Spit Treeo into a Duo.
1. Whew, it's over! Now, for next year's event....

**And ...**  
**the number one thing overheard during the Waterfront Trail Relay Challenge:**

## Seizing Opportunities & Overcoming Obstacles

The waterfront faces social, ecological and economic challenges each day. In meeting these challenges, the Waterfront Regeneration Trust has recognized two things: 1) the government's role, while still vital, has diminished, and 2) many waterfront issues are complex, and cannot be resolved by individuals or organizations acting alone. So the Trust and many other waterfront stakeholders have turned to partnerships to seize opportunities and overcome obstacles.

The Trust has just hired a new director to create partnerships along the waterfront. Carole Nixon joins the Trust after a long career in public administration, fundraising, and waterfront development in both Canada and the United States. "Since I've started, I've seen and heard a real willingness to work together in both waterfront communities and the corporate sector," says Carole, "The potential for partnering along the waterfront is tremendous."

Look for announcements of new alliances, joint ventures and creative liaisons in forth-

coming newsletters. In the meantime, if you are interested in discussing a partnership opportunity, contact Carole Nixon at:

tel.: (416) 314-9476  
 fax: (416) 314-9497  
 e-mail: cn@wrtrust.com



Waterfront Regeneration Trust

*Carole Nixon, the new Director of the Waterfront Partnerships Program.*

## New Releases

Two new Waterfront Trust publications are now on sale.

*A Guide to Great Lakes Shoreline Appraisals in Ontario* \$10.00 includes insurance, land survey in the appraisal and appraisal report for shoreline alterations in Ontario. This booklet will benefit anyone who is responsible for shoreline property.

*The Waterfront Trail Guidebook, Second Edition* \$10.00 + \$2.50 shipping. This edition is a revised version of the best-selling booklet, packed with useful information contained in the first Guidebook plus updated information on trail segments.

Call (416) 314-8572 to order or receive a full publications list.



*A group of volunteers remove an abandoned motorcycle from the Don River near Milne Hollow (in North York). This work was part of a community clean-up and barbecue last June. Leading the pack (second from the right) is Jean-Paul Flys, the grandson of the late Charles Sauriol.*

Zoe Baltz

# Happenings Along The Waterfront

## Agra Earth and Environmental's Enviro-Run

This 5 kilometre run and 3 kilometre walk starts and finishes at the Humber Bridge (along the Trail between Etobicoke and Toronto). Proceeds from this year's race will benefit the Waterfront Regeneration Fund.

**September 8, 1996**

**9:00 a.m.**

For more information contact: Running Room (416) 762-4478

## Port Hope Salmon Festival

A great activity for anglers and their families. Lots of activities in downtown Port Hope as well as on the Ganaraska River.

**September 14 - October 19, 1996**

## Port Hope on the Ganaraska River

For more information contact: Peter Huffman (905) 885-2355

## Central Waterfront Inline Skate Event

Professional demonstrations, safety tips and plenty of fun for everyone.

**September 21, 1996**

(Rain date: September 22)

**1:00 - 4:00 p.m.**

## Queen's Quay, Toronto

For more information call: Janice Smart (416) 203-6314

## "Kaleidoscope" weekends at Harbourfront Centre

This creative creative craft program for kids and adults focuses on a wide range of cultures, art forms and materials — from piñatas to paper-making.

**Ongoing from September through December**

**11:30 a.m. - 4:30 p.m.**

*Cost: \$2 per child, \$1 per accompanying adult.*

## York Quay Centre (York Street and Queen's Quay), Toronto

*For details on this and many other fall activities contact: Harbourfront Centre Information (416) 973-3000*

## Heritage Quilt Display

### Dorothy's House Museum

**Port Hope**

**September 1-29, 1996**

*For more information contact: (905) 797-1170*

## Groundworks '96

This two-day conference focuses on various ecological naturalization and restoration projects in Southern Ontario — from rooftop gardens to wetland restoration.

**October 4-5, 1996**

**8:30 a.m. - 5:00 p.m.**

## Metro Hall (King and John Streets), Toronto

*For more information contact: The Evergreen Foundation (416) 596-1495*

## Walk for CPR

This walk to benefit student CPR training begins and ends at Mississauga's Lakefront Promenade Park.

**Sunday, October 6, 1996**

**10:00 a.m.**

## Lakefront Promenade Park, Mississauga

*For more information contact: Laura Berry (905) 459-1232 ext. 481, or Michele Starr (905) 272-3780*

## Ontario Hiking Day

**Sunday, October 6, 1996**

## Many communities along the Waterfront Trail

*For details of hikes in your area contact: Hike Ontario (416) 426-7362*

## Touring Concept Cycling Group

A Durham-based cycling club that enjoys organized bike rides during the summer months (April through September). During the winter (October through March) you can enjoy monthly meetings featuring special guest speakers.

*For more information contact: Lucy Perri (905) 420-4275*

**Editor: John MacMillan**

**Design: Watermark Design**

### Special thanks to:

**Carla Carlson, John Hannah &**

**Mary Wiley**

**Sarah Campbell**

**Martha Blandon**

**Zoe Bulle**

*\* The newsletter represents the opinion of the writers/editor and not necessarily that of the Waterfront Regeneration Trust.*

**Next Issue: coming in December, 1996.**

**Note: Information for "Happenings along the Waterfront" should be submitted by November 15, 1996 to be included in the next newsletter.**

**ISSN 1201-8430**



*Printed on recycled paper*

## Waterfront Trail Updates

### New web site for the Ontario Trails Council

The Ontario Trails Council has a new World Wide Web site for Internet users to browse: [www.csp.trentu.ca/gomrm/content.html](http://www.csp.trentu.ca/gomrm/content.html) The Council is operated by the Trail Studies Unit of Trent University in Peterborough.

### Sixth Great Lakes Bioregional Congress proceedings

The Oak Ridges Bioregion Alliance organized last year's sixth Great Lakes Bioregional Congress (GLBC) on Snake Island in Toronto Harbour. The GLBC proceedings focused on bioregionalism, political issues and a variety of sustainable lifestyles. Contact Chris Lowry at (416) 504-8994 if you would like a copy of the GLBC proceedings.

### Bronte Heritage Waterfront Park

The new Bronte Heritage Waterfront Park was officially opened last June. This 17 acre waterfront park includes Bronte's outer harbour as well as the half kilometre William "Bill" Hill Promenade, which forms part of the Waterfront Trail. The project was constructed over the past six years with funds from the Canada-Ontario Infrastructure Program.

### Burlington's LaSalle Park

A regenerated LaSalle Park was opened on August 5. Over the past year the park has been transformed by the addition of fish and wildlife habitat, a restored beach, a new boardwalk, a promontory breakwater and a refurbished pier. The project partners included the Federal government's "Great Lakes Cleanup 2000 Fund", the Waterfront Regeneration Trust, the Regions and Conservation Authorities of Halton and Hamilton-Wentworth, the City of Burlington and the Hamilton Harbour Commissioners. LaSalle Park is located along the Waterfront Trail on Burlington Bay, just west of the Burlington Skyway.

### New name for "The Motel Strip"?

The City of Etobicoke is looking for a new name for "The Motel Strip", the 1.5 kilometre stretch of waterfront between the Humber Bridge and Park Lawn Road. Send your suggestions to:

**City of Etobicoke, Public Relations Office, 399 The West Mall, Etobicoke, Ontario M9C 2Y2 or fax to (416) 394-6067.**

The deadline for entries is **September 15, 1996**.

CAZON  
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-W17

# LAKE ONTARIO Waterfront Trail NEWSLETTER

Environmental  
Publications

January, 1997/Volume 2, Number 4

## About this Issue

*Believe it or not, the water quality of Lake Ontario has improved over the past twenty-five years. Much of that progress is the result of the Great Lakes Water Quality Agreement (GLWQA) which was signed by Prime Minister Trudeau and President Nixon in 1972. The agreement led to reductions in PCB and phosphorus levels, as well as marked improvements in fish and wildlife habitats. But, more than anything else, a concern for the lakes has inspired a variety of hands-on, community driven activities that have been improving water quality year-by-year and drop-by-drop. As a salute to the silver anniversary of the GLWQA, this issue features the first of a series of profiles of the people, projects and ideas that are helping to improve Lake Ontario.*

*We're also proud to announce the CIBC's million dollar partnership with the Waterfront Regeneration Trust. See Page 2 for details.*

*This issue also includes an insert describing the services and collections available through the Canadian Waterfront Resource Centre (CWRC). If you would like further information on the CWRC, please contact us at the address noted below.*

*In the meantime, best wishes for a safe, happy and regenerated 1997 from all of us at the Waterfront Regeneration Trust.*

**John MacMillan**  
Editor

*Lake Ontario Waterfront Trail Newsletter  
Waterfront Regeneration Trust  
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**e-mail:** [info@wrtrust.com](mailto:info@wrtrust.com)

## Lake Ontario changing for the better over twenty-five years

**T**hirty years ago, Lake Ontario was in pretty bad shape. Sprawling mats of floating algae fouled beaches and depleted the water's precious oxygen. Other signs of trouble had also appeared, such as decreasing populations of birds and other species that made the lake their home.

Governments finally acknowledged these concerns and in 1972 signed the Canada/U.S. Great Lakes Water Quality Agreement. 1997 will mark the 25th anniversary of the Agreement. What has changed in Lake Ontario during these 25 years?

For one, there is much less algae along our shores; the result of banning phosphorus in detergents, and upgrading many sewage treatment plants on both sides of the border. Many industries have also reduced chemical outflows. As a consequence, many bird populations are recovering, and there

are signs of other improvements.

We've all seen many positive changes, but there is still a long way to go. Toxic contaminants are still getting into the water, resulting in continued fish consumption warnings. We continue to lose valuable wetlands and habitats to human uses. As well there is growing evidence that continued exposure to even low levels of some toxics can affect human reproduction and create other health problems.

Anything we can do to keep toxic substances out of the water, air and soil helps the lake. These activities might be megaprojects, or something as straightforward as naturalizing a channelized stream. Over the next few issues this newsletter will profile people and projects that are creating a healthier and more enjoyable Lake Ontario.

## Switching channels in Black Creek

**A**lot of good things came out of the 1950's: for example Elvis, hula-hoops and Hush Puppies. Channelized creeks, however, weren't among them, according to **Mike Izzard**.

Izzard is an environmental lawyer and engineer who chairs the **Black Creek Project**, a community group working to regenerate this key Humber River tributary. For the past few years he and his colleagues have been assessing ways of naturalizing stretches of Black Creek.

"After Hurricane Hazel, the engineers came in and said we've got to prevent this flooding nonsense," says Izzard. "And the easiest way to do that was to build concrete channels to carry the creeks."

This flooding solution, however, created even more problems. First, concrete only lasts about 30 years; the material cracks, water gets in and freezes, and the whole form starts to crumble. The resulting chunks of concrete create problems, but

stream channeling also robs flora and fauna of habitat. As well, the channels hamper the natural processes that absorb floods and filter the water that ultimately reaches Lake Ontario.

The Black Creek Project is studying a 500 metre section of Black Creek in Etobicoke between

*Continued on page 2*



*This photo of Black Creek channelization was proudly included in the 1958 biennial report of the Metropolitan Toronto & Region Conservation Authority. Thirty-nine years later, the Black Creek Project is investigating ways to re-naturalize the creek.*

## Switching channels (cont'd)

Jane Street and Rockcliffe Road. Izzard and his colleagues are looking at what it takes to break up and remove the channels. "Almost all of the concrete can be recycled," says Izzard, "so it increases the project's potential revenues and drops the costs."

But once the concrete is out, how do you naturalize a stream bed that has been tamed for decades? According to Mike Izzard, you can just leave it the way it is and let the creek find its own course. Or you can speed up the naturalization process via the science of *fluvial geomorphology*, or, as Izzard likes to call it, "streamology". Streamologists assess the width and depth of the watercourse, as well as the stream bed material and expected water flow. The resulting computer model guides any engineering work, as well as the planting of shrubs with extensive root systems (like osier, dogwood and willow). "But," as Izzard notes casually, "If you make a mistake on a meander, big deal. It may wash out some of your trees, but the stream will ultimately go where and how it should. There's a sort of Zen to it all."

Public education and awareness are also by-products of this work. "People see that stream naturalization can happen, and they in turn encourage other people to start projects in their areas. It's just like Blue Box recycling: everyone said it would never happen, but they were wrong."

Since the 1950's hundreds of streams have been channelized throughout Lake Ontario's urban areas. Stream naturalization heralds the return of a natural approach to flood control, as well as ultimate improvements in water quality.

## CIBC Commits to Million Dollar Waterfront Partnership



Al Flood, chairman of the CIBC, and David Crombie, chair of the Waterfront Regeneration Trust, celebrate the bank's million dollar partnership with the Trust.

The **Canadian Imperial Bank of Commerce** has announced a major partnership with the Waterfront Regeneration Trust. **Al Flood**, chairman and chief executive officer of the CIBC, made his announcement on November 27, 1996 at the third annual Waterfront Partnership meeting held this year at Toronto's Boulevard Club. Before an audience of over 200 partners and supporters of the Waterfront Regeneration Trust, Mr. Flood said that the bank "will contribute \$1 million over a five year period to help [the Trust] continue its important and ongoing work."

Much of that work involves helping dozens of Waterfront Trail communities to continue the task of ecological, economic and social regeneration along the Lake Ontario waterfront.

CIBC has approximately 350 branches serving communities from Niagara to Trenton. Mr. Flood said that employees in these branches, as well as elsewhere in the bank, will work closely with the Trust to identify appropriate improvement projects and help with their implementation. "We intend to act as a catalyst in developing and supporting initiatives."

"Waterfront regeneration relies on the creativity, energy and commitment of the people who live, work and play on the waterfront," said **David Crombie**, chair of the Waterfront Regeneration Trust. "We are delighted with the CIBC's decision to join us in working for community, economic and environmental renewal. We are proud of this model partnership and recognize that CIBC's leadership will encourage others."

## Making plans for summer in January?

It's wintertime, and while everyone else may have ice and snow on their minds, the people at the Waterfront Regeneration Trust are focused on summer.

This coming May marks the beginning of a six month excursion to festivals, exhibitions and celebrations along the Lake Ontario waterfront that we're calling **A Summer's Journey**. According to **Carole Nixon**, the Waterfront Regeneration Trust's director of partnerships, "this special itinerary of events is designed to introduce visitors and residents alike to the many waterfronts, communities and people that make the Lake Ontario region such a special place".

As has been the case with previous Waterfront Regeneration Trust events, A Summer's Journey will be coordinated among the Trust and dozens of government, community

and business partners. The special role of the Waterfront Trust will be to create a passport that combines the itinerary for A Summer's Journey with incentives for visiting a variety of spring and summer and fall events.

While Carole Nixon is still working out details with the Trust's many private and public sector waterfront associates, she will say that the major partner for A Summer's Journey is the **CIBC**, the Waterfront Regeneration Trust's newest corporate sponsor.

For more information on A Summer's Journey events in your community, contact Colleen Zanello at the Waterfront Regeneration Trust (416-314-8572). And keep summer in your mind throughout the winter of '97!

Summer's  
Journey  
Along the waterfront





## Top Ten List

### Top Ten Waterfront Trail Holiday Gifts

10. For Pierre Berton: a Waterfront Trail Guidebook to place on the coffee table, next to all his books.
9. For Heritage Minister Sheila Coppers: a brand new flag to wave during Canada Day celebrations in Waterfront Trail communities.
8. For President Bill Clinton: a walking tour of Niagara, where the only "white water" is what goes over the Falls.
7. For Conrad Black: a subscription to this newsletter (as long as he promises not to take us over).
6. For the Toronto Maple Leafs: free practise time at the Harbourfront outdoor rink in Toronto.
5. For Isaiah Thomas: directions to Whitby's Cranberry Marsh, where you can see raptors (and other birds) for free.
4. For Jeopardy host Alex Trebek: the question to the answer "It's 325 kilometres long and runs from Trenton to Stoney Creek, Ontario."
3. For Microsoft czar Bill Gates: an order of "macro-chips" from Hutch's Dingley Dell in Hamilton.
2. For Prime Minister Jean Chretien: a Waterfront Trail sweatshirt for his homeless friend.

**And ...**  
**the number one Waterfront Trail holiday gift:**

1. For the readers of the Waterfront Trail Newsletter: best wishes for a very happy 1997!

## Tilley Endurables salutes Trail End-to-Enders



George Boyko

People who travel the entire length of the Waterfront Trail will be recognized via the Waterfront Trail End-to-End program. Alex Tilley, president of Tilley Endurables, announced his company's sponsorship of the program at last November's Waterfront Partnerships Meeting. Here, Mr. Tilley and David Crombie congratulate the new ranks of Waterfront Trail End-to-Enders.

Normally when you cycle or hike the entire length of the Waterfront Trail you get two things: memories and sore muscles. Now, thanks to **Alex Tilley**, you get something else: recognition.

Tilley, owner of the **Tilley Endurables** clothing company, is sponsoring the **Waterfront Trail End-to-End Program**. The program acknowledges the healthy and active lifestyle promoted by those intrepid souls who walk, cycle, roll, ski or even paddle the entire 325 kilometre length of the Waterfront Trail.

The first 50 End-to-Enders each year receive a certificate of accomplishment as well as a specially minted pin to celebrate their feat. Tilley Endurables is also offering a gift certificate toward the purchase of a famous Tilley hat.

To qualify for the End-to-End program simply complete the entire length of the Waterfront Trail — from Stoney Creek to Trenton. You can use whatever means of transportation, over whatever period, and along whatever itinerary you find comfortable. Then, when you've completed the Trail, drop us a line describing your journey (the address is printed on page 1 of this newsletter). We'll take it from there.

To date we've heard of approximately two dozen people who've travelled the entire Trail; the majority of them are over 55 years old! We hope to double the number of End-to-Enders this year.

So, get ready for the trip of a lifetime along the shore of Lake Ontario. And when you're done, Alex Tilley will be happy to congratulate you.

## Agra Enviro Run is a big success



Charity Landon

On a drizzly Sunday morning last September, nearly 100 hardy souls ran or walked along Toronto's Western Beaches Boardwalk as part of the second annual **Enviro Run**, sponsored by **Agra Earth & Environmental**. Agra Earth & Environmental donated this year's proceeds from the Enviro Run to the Waterfront Regeneration Fund. The youngest participant in the event was 14 year old, Cara Beechinor, who completed all five kilometres.

# Waterfront Trail Updates

## Pike and Hike along Burlington's Grindstone Marshes Trail

Human and aquatic families alike welcomed last October's official opening of the Royal Botanical Gardens' **Grindstone Marshes Trail**, near Burlington.

This new one-and-a-half kilometre leg of the Waterfront Trail starts as a forest trail. Then it turns into an ingenious series of raised wooden boardwalks, that allow the public to view the marsh without disturbing the natural habitat.

On opening day about 65 people (including **David Crombie**, Chair of the Waterfront Regeneration Trust, and Burlington **Mayor Walter Mulkewich**) began their walk at Cherry Hill Gate in the Royal Botanical Gardens. When the group reached the actual marsh they were met by the famed Burlington Teen Tour Band. After planting a commemorative white pine, the inaugural walkers led a cheer for the creation of this beautiful trail.

The families of pike were less noisy, though no less active. The Grindstone Marshes project includes a series of man-made ponds that create spawning habitat for pike. This species is a natural predator of the carp, which have grown in alarming number and size in the adjacent Cootes Paradise wetland. More pike in the ecosystem will help balance out the damaging effect of expanding carp populations.

For more information on the Grindstone Marshes Trail contact the Royal Botanical Gardens at (905) 527-1158.

Charity Landon



*The Grindstone Marshes Trail (in Burlington's Royal Botanical Gardens) creates both a welcome addition to the Waterfront Trail, as well as spawning habitat for pike.*

## A Brighter Boardwalk in Toronto

Walking along Toronto's **Western Beaches Boardwalk** is a much brighter pastime thanks to 82 specially designed light fixtures installed last fall. **Dave O'Hara**, of the City of Toronto's Parks Department notes that these historic light standards were designed to replicate those that lined the walkway at the turn of the century. The boardwalk stretches for approximately 3 kilometres east from the Humber River Bicycle and Pedestrian Bridge.

## Whitby's Service Clubs Make Their Mark on the Waterfront

Three Whitby service clubs, in partnership with the **Town of Whitby**, have delivered on their commitment to improve the town's waterfront.

At **Heydeshore Kiwanis Park** the Whitby Kiwanis Club has helped finance a "spray pad". This modern version of the traditional wading pool features water cannons and spray jets incorporated into the design of a marooned ship. The Kiwanis have helped fund improvements to Heydeshore Park since 1992.

Farther west at **Rotary Sunrise Lake Park** the Whitby Rotary Club has recently completed an 800 square foot gazebo/look-out pavilion. This pavilion, along with walkways, bridges and a staging area for special events, will become a focal point for the Waterfront Trail.

Phase one of the **Lions' Promenade** continues from Lake Park. This stretch of interlocking brick trail follows the Whitby Harbour wall, and features pleasant sitting areas. The Lions' Promenade is a five year project of the Whitby Lions' Club, and will ultimately feature special landscaping, outdoor furniture and a historical plaque.

"If it wasn't for our service clubs we wouldn't have these terrific waterfront projects," says **Evelyn Gowland** of the Town of Whitby.

## Happenings Along The Waterfront

### Nature Courses and Workshops in Cobourg

**Steve LaForest**, park naturalist at Presquile Provincial Park in Brighton will be teaching a number of nature courses and workshops at Sir Sanford Fleming College's Lakeshore Campus in Cobourg starting this spring. Courses include:

- Wildflowers: The Colours of the Wild
- Wildlife of the Cobourg Region
- For Kids Who Love Birds (Especially Owls)
- Cycle into Nature
- The Magic and Mystery of Ferns
- Trees of the Forest and Back Yard

For additional information, contact **Steve Laforest** at 73 Bigford Road, R.R.#3, Brighton, ON, K0K 1H0 or phone (613) 475-4227. To register contact Sir Sanford Fleming College, Lakeshore Campus (Cobourg, Ontario) at (905) 372-6865.

### How to nominate an "Important Bird Area"

The Canadian Nature Federation has prepared guidelines for nominating a location as an "Important Bird Area".

For further information please contact:  
**Important Bird Area Program**  
**Canadian Nature Federation**  
1 Nicholas Street, Suite 520  
Ottawa, Ontario K1N 7B7

tel.: (613) 562-3447  
fax: (613) 562-3371  
e-mail: [iba@web.net](mailto:iba@web.net)



**Editor: John MacMillan**

**Design: Watermark Design**

**Special thanks to:**

**Kathy Kay**

**Mike Izzard**

**Tija Luste**

**Charity Landon**

**Martha Blandon**

*• The newsletter represents the opinion of the writers/editor and not necessarily that of the Waterfront Regeneration Trust.*

*Next Issue: coming in March, 1997.*

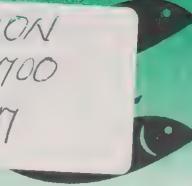
*Note: Spring/Summer information for "Happenings along the Waterfront Trail" should be submitted by February 20, 1997 to be included in the next newsletter.*

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# LAKE ONTARIO

# Waterfront Trail

## NEWSLETTER

Government  
Publications

April, 1997/Volume 3, Number 1

### About this Issue

As part of our salute to the 25th anniversary of the signing of the Great Lakes Water Quality Agreement, this issue looks at ongoing regeneration work in two bays along Lake Ontario. At first glance they couldn't be more different. A project centred on the bucolic Bay of Quinte (page 1) shows how rural land use and waste management practices can affect water quality. But the waters of busy Toronto Bay (page 4), smack in the middle of the province's largest metropolitan area, are equally affected by human and industrial use. Both bays benefit from a commitment to water quality improvement.



As well, look for further details on **A Summer's Journey**, a partnership between CIBC and the Waterfront Regeneration Trust (page 2). It's a whole new way to explore your waterfront this spring, summer and fall.



Finally this issue introduces a new column by the Trust's corporate partner, CIBC (page 3). In this first of a series, CIBC talks about its approach to corporate giving.



Enjoy the return of spring to the waterfront. And keep in touch.

**John MacMillan**  
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Lake Ontario: changing for the better over twenty five years

### Cleaning up the Bay of Quinte, one shovelful at a time

You're driving down a rolling country road in Northumberland County, twenty kilometres from the Bay of Quinte. In the fields to your left herds of contented cattle tug the grass, and on the right a farmer operates some heavy machinery. It's a bucolic place, filled with greenery, fresh air and no worries about water quality.

Well, two out of three aren't bad.

In fact this area is a significant source of phosphorus and bacterial contamination to the neighbouring Bay of Quinte; so significant that **Lower Trent Conservation** has been operating a **Rural Water Quality Program** for the past four years.

The program is part of the Bay of Quinte Remedial Action Plan (RAP), a federal/provincial venture designed to improve the water quality of the Bay of Quinte watershed. Since the signing of the Canada/U.S. Great Lakes Water Quality Agreement in 1972, and the subsequent creation of the international RAP process, water quality has steadily improved. For example, phosphorus levels in the Bay have dropped due to the reduction of phosphates in household detergents. As well the redesign of *point sources* — like sewage treatment plants and industrial operations — has helped reduce phosphorous loadings from 215 kg per day in 1972 to 26 kg per day in 1991.

But the big problem in the Bay of Quinte, according to **Barry Jones** of Lower Trent Conservation, is phosphorus and bacteria from *non-point* sources that run-off into streams and rivers many miles from the Bay. "We're dealing with an 18,000 square kilometre watershed — the biggest in Southern Ontario — and because of that scale, small improvements are often hard to detect," says Jones.

Significant contamination comes from animal waste: livestock wandering in watercourses, manure stacks and liquefied manure used to fertilize fields. Other agricultural practices also

contribute to the phosphorus problem, such as the use of chemical fertilizers, ploughing methods that encourage erosion and the waste water from sanitizing milking equipment. But Jones says non-farming rural residents also share some responsibility via faulty or poorly maintained household septic systems.

Jones and his colleagues have designed the Rural Water Quality Program as a hybrid of existing



Waterfront Regeneration Trust  
Significant phosphorus and bacterial contamination of the Bay of Quinte comes from animal waste. The Rural Water Quality Program works with farmers to address the problem.

provincial and federal programs. "We've blended what works, and what people are used to, rather than reinventing the wheel." The program offers grants to improve manure storage and to treat milk house wash water waste; it also suggests techniques to keep cattle out of watercourses. But the Rural Water Quality Program also addresses soil and land management problems. "We offer grants toward the purchase of reduced tillage or no-till machinery, and try to encourage the retirement of land in erosion sensitive areas, such as along a watercourses or near significant ditches and drainage areas." Erosion control structures such as grassed waterways, are also emphasized.

Linking waste management and land management is not without its challenges, according to Barry Jones. "We don't just want to remedy an

*Continued on page 2*

• clean • green • accessible • connected • open • useable • diverse • affordable • attractive •

A Publication of the Waterfront Regeneration Trust

## Cleaning up the Bay of Quinte (cont'd)

obvious problem only to create a less obvious source of contamination elsewhere. For example, you can help farmers create an environmentally sound collection system for their manure storage. But then they may go and spread that liquefied manure next to a drainage ditch, where it gets into the watercourse."

One solution to this problem involves injecting the manure into the soil rather than spreading it on the surface. But as Jones notes, "research in Ontario has shown that, while injecting manure can control surface water migration, manure contamination can then get into tile drainage systems and those usually drain into creeks. So you end up further masking the problem and making remediation less likely." A better solution is a technique which agitates the soil and closes the soil macropores before the manure injectors come along. This prevents the injected fertilizer from reaching the subsurface drainage tiles.

This approach to finding better solutions shows the creative thinking that guides the Rural Water Quality Program, but it also suggests something else. "This is a great example of the ecosystem approach," says **Tony Wagner**, a water resource specialist at

the **Waterfront Regeneration Trust**. "It looks at the entire area and tries to anticipate all of the likely effects of a given action on the environment."

How well has the program worked? The short answer is that, because of the extent of the Quinte watershed, getting results from the Rural Water Quality Program is like pushing a rope. "The Bay of Quinte drainage area is so vast that we just don't have the resources to analyze those shifts in contaminant inputs to the bay. So we have to use computer modeling, as well as some water quality monitoring on a very broad basis." Jones and his colleagues would love to look in depth at a small watershed in the area and do water quality monitoring at its discharge point, but he says "the process is quite expensive, since you have to take a few years to compare the results between a control watershed and a demonstration watershed." Hence, while it's been easy to quantify reductions in phosphorus and bacteria levels at point sources like sewage treatment plants, the loading reductions from in-land farms and other non-point sources are really only estimates based on computer modeling.

What's the long term outlook for the program? Currently it is mainly funded through Environment Canada's **Great Lakes 2000 Cleanup Fund**, which is expected to end around the year 2000; this program would likely end at the same time unless new partners are found.

It's important to keep this type of funding program going, says Barry Jones. "We've discovered that, for every dollar governments invest, the program gets three dollars from the community and other partners." Case in point: in 1996, the Rural Water Quality Program facilitated the delivery of 72 water quality projects with a market value of \$1.18 million, of which rural landowners contributed 77%. "Some people say 'why are you giving these people money — they should be doing it anyway' but what they don't understand is that the program creates an incentive for people to reach deeper into their pockets. We need that seed money to lever the community investment."

*For more information on the Bay of Quinte Rural Water Quality Program, contact Barry Jones (613) 394-3915 ext. 13. If you would like information on Environment Canada's Great Lakes 2000 Cleanup Fund call John Shaw (905) 336-6273.*

## A whole new way to explore your waterfront

Tired of sorting through dozens of tourist brochures to find the perfect weekend getaway? Fed up with the same old trudge to the beach, with its muscle cars and guys who call you "Dude"?

*A Summer's Journey* awaits. It's your chance to explore, experience and delight in the dozens of festivals, events and celebrations occurring in cities, towns and villages along the Lake Ontario, Niagara River and St. Lawrence River waterfronts.

The idea for *A Summer's Journey* came from the activities of the Waterfront Regeneration Trust over the past few years, according to **Marlaine Koehler**, the Trust's partnerships manager. "Because of what we do, the Trust gets invited to a lot of events. We came to see them as wonderful happenings that display the strengths of each community, as well as the unique natural setting of the waterfront. We discussed this with CIBC, our corporate partner, and decided it would be a good idea to put all of these events together into an itinerary."

That good idea soon became a reality. The itinerary for *A Summer's Journey* has been designed around more than 40 events, in over 30 locales — from Colborne/Cramahe Township's *Apple Blossom Tyme* to this fall's *Pumpkinville* in St. Catharines. But *A Summer's Journey*'s partners were faced with another quandry — how to best present the many journey options to the busy visitor. "We surveyed a number of possibilities," says **Rob McLeod**, Ontario director of communications for **CIBC**, "and finally decided that, since the best journeys take place over a period of time and via a variety of routes, a passport might be the best way to present *A Summer's Journey* to visitors."

The resulting passport is a colourful fifty page document which includes detailed information on each event. Another feature of the passport is the opportunity to get a page stamped at each event you attend. "This is partly a fun thing," says Rob McLeod, "but collecting passport stamps is also way to win one of three grand prizes." The prizes include two pairs of tickets to any where **Air Canada** flies in North America, as well as an 18-month

*Continued on page 4*



*Buying an A Summer's Journey passport opens you to dozens of waterfront festivals and events like this one in Burlington.*



## Top Ten List

### Top Ten Rejected

#### A Summer's Journey Events

10. Thin-Ice Fishing Derby
9. Sanitary Sewerville
8. The Peel, Pits and Stems Festival
7. Those Amazing Tapeworms
6. Olde Tyme Asphalt Dayse
5. Maple Leaf Training Camp
4. Heavy-water Watersport Fun
3. Kontaminated Kreek  
Klean-up Kapers
2. Up With Unpleasant-People
1. The Canada Goose Petting Zoo

**And ...**  
**the number one rejected**  
**A Summer's Journey event:**



CIBC

CIBC managers and employees were part of last September's successful EnviroRun which benefitted the Waterfront Regeneration Fund. Three finishers relax at the end of the run along Toronto's Western Beaches boardwalk: (left to right) **David Carter** (deputy commissioner, Waterfront Regeneration Trust), **Jake Crough** (senior account manager, CIBC corporate banking), and **David Crombie** (chair, Waterfront Regeneration Trust).

## Community Partnership:

### CIBC-Waterfront Trust

Last November CIBC announced a million dollar partnership with the Waterfront Regeneration Trust. At first glance this might seem an unusual fit: what could the Lake Ontario waterfront mean to one of the largest financial institutions in North America, and why now?

The reasoning and timing behind this creative alliance between a bank and a public agency is based on a unique mix of focus and opportunity. The partnership also sets an example of how corporate and public leaders can implement a community vision, especially during the current climate of government restraint.

#### CIBC's approach to community development

As Canada's second largest corporate donor, CIBC believes both in giving back to the communities where its customers and employees live and work, and in achieving common objectives with its community partners. In 1996 alone, the Bank's approach resulted in \$15 million in donations and sponsorships across the country to groups as diverse as the Canadian Youth Business Foundation, the United Way and the National Aboriginal Achievement Awards. As well, the bank's employees have offered their time to local causes such as the Run for the Cure, which supports breast cancer research. In its charitable giving, CIBC emphasises activities that support youth, small business, education and employment growth.

Those activities also underline CIBC's approach to community development. With nearly half its 1,400 branches located in Ontario, and with some \$4 billion invested in small Ontario businesses, the bank has a strong interest in the economic, social and ecological health of the province's communities.

Hence, it's not surprising that the CIBC would be enticed and excited by an organisation like the Waterfront Regeneration Trust. The Trust is skilled at linking people, ideas and money. Those skills underlie the Trust's commitment to waterfront regeneration, and are best demonstrated by the development of the Waterfront Trail. The Trail continues to be

developed in partnership with a range of waterfront municipalities and community groups.

As the role of government changes, businesses like CIBC want to demonstrate how corporations and the public sector can work together. CIBC wants to create partnerships with a variety of community organisations, but especially to create liaisons with groups like the Waterfront Trust, which already serves as a focal point for waterfront regeneration and community development.

#### Pooling skills for A Summer's Journey

That's why CIBC and the Waterfront Trust are pooling their community interests and skills to develop *A Summer's Journey*. This first major partnership event with the Waterfront Regeneration Trust provides a service to the waterfront by creating a targeted itinerary of events. *A Summer's Journey* also welcomes a broad range of tourists to some of Ontario's special waterfront communities.

CIBC and the Waterfront Regeneration Trust are committed to a process that will develop other community development projects like *A Summer's Journey*. While no corporate-public sector alliance can satisfy every community need, both partners hope that sharing expertise, offering new perspectives and jointly evaluating and implementing community projects will make for lasting legacies. The result will be more than just an investment in dollars: as Al Flood, CIBC chairman and chief executive officer notes, this partnership is "...a model — and a catalyst — that can encourage this kind of economic and social cooperation elsewhere in Canada."

In the end, the CIBC-Waterfront Regeneration Trust partnership is, and will continue to be, a unique and timely mix of a financial institution's community vision and leadership, coupled with a public agency's commitment to social, economic and environmental regeneration.

*Editor's Note: This is the first in a series of columns by CIBC. Future columns will look at the issues, perspectives and people that make the waterfront an important and interesting place.*

# CIBC



## Summer's Journey



### Where to get your A Summer's Journey passport

A *Summer's Journey* passport costs \$5.00 and are available through the Waterfront Regeneration Trust; call (416) 314-8572, fax (416) 314-9497 or e-mail: [cz@wrtrust.com](mailto:cz@wrtrust.com) for details.

If you are interested in making passports available to your group or company, **Deborah Alden** would be happy to make a brief presentation. Call her at (416) 314-9490.

As well, after April 30, *A Summer's Journey* passports can be purchased at all CIBC locations in the Greater Toronto Area and in Waterfront Trail communities.

**Editor:** John MacMillan

**Design:** Watermark Design

**Special thanks to:**

**Barry Jones**

**Charity Landon**

**Ruth LeBar**

**Marlaine Koehler**

**Leslie Woo**

**CIBC**

\*The newsletter represents the opinion of the editors/author and not necessarily that of the Waterfront Regeneration Trust.

**Next Issue:** coming in June, 1997.

**Note:** Spring, summer and fall information for "Happenings along the Waterfront Trail" should be submitted by May 15, 1997 to be included in the next newsletter.

**ISSN 1201-8430**



Printed on recycled paper

## Explore your waterfront (cont'd)

cellular phone package from **Bell Mobility**. But even if passport holders don't win the grand prizes they can still be included in a draw for over forty prizes (from cameras to gift certificates) just by mailing in the ballot included with each passport.

When people are on their journey, they should also look out for the Waterfront Regeneration Trust's **Waterfront Van**. It's a special 1997 **General Motors** mini-van from which visitors can get their passport stamped as well as pick up useful information about waterfront regeneration (as well some free samples from our sponsors). Other *A Summer's Journey* sponsors include: **Perrier Beverages of Canada, Ltd.**, **Go Transit**, and **The Fan 590**.

This passport, however, is about more than prizes, notes McLeod. "Everyone who buys a passport can relish the fact that, even as you're having fun with your friends and family at *A Summer's Journey* events, every cent of your \$5 passport fee is being re-invested in dozens of community activities as well as environmental, economic and social projects along the waterfront."

These community-based projects may range from wetland conservation efforts, to support for future community celebrations along the waterfront. **Deborah Alden**, a Waterfront Regeneration Trust representative, is working with community leaders to sell as many passports as possible. If successful, *A Summer's Journey* will generate \$100,000 for regeneration and community projects.



*The Toronto Bay initiative is a new community group working to improve fish and wildlife habitat in Toronto Bay.*

## New Community Group Aims to Clean Up Toronto Bay

A group of concerned citizens, environmental activists and community leaders has formed to clean up Toronto Bay. At one time the bay (a.k.a. Toronto's inner harbour) supported a broad variety of fish and wildlife habitat, but as Toronto grew the bay was placed under enormous environmental stress. This stress came partly from neighbouring industries, but specifically from storm run-off and sewer contamination. The result was that in 1985 Toronto Bay was included on the International Joint Commission's list of "pollution hot spots".

To help meet the goal of cleaning up the bay, a variety of concerned citizens have formed the Toronto Bay initiative, with start-up support from the Waterfront Regeneration Trust and Environment Canada. This grassroots movement, designed to clean up the water

and restore nature to the shores of the bay, was officially launched on March 9, 1997 at an inaugural Toronto Bay Forum held on the Toronto waterfront.

Over the coming months the Toronto Bay initiative will develop a series of community projects to help meet the goal of cleaning up the bay. These projects will be undertaken by volunteers, and will include tree planting, assistance with water quality monitoring, and a variety of clean-ups.

*The Toronto Bay initiative hosts its first Bay Clean-up on April 20, 1997.* If you would like to help out or get more information on the Toronto Bay initiative, contact **Leslie Woo**, the Waterfront Regeneration Trust's Toronto Bay Project Manager, (416) 314-9498.

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LAKE ONTARIO

# Waterfront Trail NEWSLETTER

Information  
Publications

June, 1997/Volume 3, Number 2

Lake Ontario: changing for the better over twenty five years

## About this Issue

Last July 3, I bought my first bike since I was in high school. Four days later I was under it after a losing a battle with the curb. My case of "road rash" convinced me that it was time to re-learn the rules of cycling, courtesy of one of the Canadian Cycling Association's CAN-BIKE courses. Find out about my course on page 2, as well as some special tips on cycling safety and etiquette along the Waterfront Trail.



As well, as part of our series marking the twenty-fifth anniversary of the signing of the Great Lakes Water Quality Agreement, we look at the triumphs and continuing challenges of cleaning up Hamilton Harbour.



Summer's Journey passports are still selling. Pick up yours for \$5.00 at your participating CIBC branch, or call (416) 314-8572. And remember that all Summer's Journey proceeds support waterfront and community activities.



Finally, check out our new Internet website at [www.waterfronttrail.org](http://www.waterfronttrail.org). It offers plenty of information, as well as links to other interesting sites.

**John MacMillan**  
Editor

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[www.waterfronttrail.org](http://www.waterfronttrail.org)

## Serious work and challenges in cleaning up Hamilton Harbour

There are few spare chairs in the Burlington hotel meeting room. Scientists from Canada and the U.S. sit cheek by jowl with school teachers, homemakers and government officials. The conversation is casual but an earnest mood fills the room; regenerating Hamilton Harbour is serious work.

The International Joint Commission's "Science Advisory Board" has come to hear about the decade of scientific progress made by the **Hamilton Harbour**

### Remedial Action Plan (RAP).

Some of that progress includes restoring fish and wildlife habitat and improving water quality. But, as the meeting hears, plenty of challenges remain before one of the Great Lakes' most troublesome "areas of concern" can be fully restored.

The Hamilton Harbour RAP has enjoyed a unique level of public involvement in implementing the remediation plan. According to **Dr. Keith Rodgers**, the area's first RAP coordinator, "Ten years ago the citizens were smarting under the image of their harbour as the 'armpit of Lake Ontario', but they were also concerned that they were losing their harbour to contamination." Members of the public, federal and provincial environment officials and municipal representatives set up a 'stakeholder group' which prepared its first report in September, 1986 – nearly a year before the federal government's RAP process began. This farsighted and ambitious report created a vision that helped set goals for the ultimate plan. "Attitude is everything," says **Ken Hall**, chair of the citizen-run Bay Area Restoration Council. "Right from day one the people were stakeholders – not just advisors."

That public attitude, coupled with a detailed remediation plan – and nearly \$16 million dollars in federal, provincial, municipal and private sector funding – has resulted in:

- fish and wildlife habitat restoration projects in Cootes Paradise, LaSalle Park and the eastern end of the Harbour;

- extension of the Waterfront Trail from Burlington to Stoney Creek, and the creation of Hamilton's award winning Bayfront and Pier Four parks, both of which contribute to the RAP goal of creating public access along 25% of the harbour shoreline;
- construction of five combined sewer overflow tanks (out of a planned 14 tanks) which have reduced storm sewer overflow events by 45%.

Hamilton Harbour Fish & Wildlife Habitat Restoration Project



For over a decade the Hamilton Harbour Remedial Action Plan has helped restore habitat and enhance public access, but it still needs to deal with sediment and sewage treatment issues.

and opened Hamilton's western beaches to swimmers;

- a unique eco-research program at McMaster University, which has created new knowledge by integrating the fields of social sciences, humanities, medicine, engineering and natural sciences.

All of these achievements, however, must be put into perspective. **Louise Knox**, the current coordinator of the Hamilton Harbour RAP, says there's been a lot of visible progress which the public appreciates, but in effort and dollars required "it doesn't compare with the crucial need to reduce contaminants from sewage treatment plants." Since the earliest days of European settlement in the area the waste water and, later, treated effluent, has always flowed directly into Hamilton Harbour. As growth pressures increase, especially in will

*Continued on page 2*

# CAN-BIKE makes cycling safer and more fun

A year ago I took a spill and then I took a course.

The spill came from riding my new bike too close to the curb. The course came a few weeks later as I nursed my wounds and read a brochure about the CAN-BIKE program.

CAN-BIKE is a national certification program that not only teaches the rules of cycling, but also instills road readiness and confidence in adult and child riders alike. Each course features a mix of classroom and on-road learning where practical skills, safety tips and collision avoidance are tied to life-saving lessons in driver behaviour and traffic theory.

There are two main levels of CAN-BIKE courses. CAN-BIKE I is a two-day basic course for cyclists who usually ride on residential streets or bike paths. CAN-BIKE II is a three-day advanced course in defensive cycling for commuters and recreational cyclists who already ride in traffic. CAN-BIKE II also offers national certification for people leading tour groups, especially those cycling with groups of children. Some municipalities also offer 10 hour "Kids CAN-BIKE" courses for 9 to 13 year olds, as well as some specialized courses for teenagers.

The course takes riders through classroom exercises in tricky situations (like making a left hand turn onto a multi-lane arterial road), but also gives innumerable practical demonstrations – from how to fix a flat tire, to the best colour to wear on foggy days (yellow). After that you're ready to test your

classroom learning on the road – with your instructor riding close behind to offer advice and helpful criticism.

The pace of the CAN-BIKE course is fast and the information is detailed, but as you improve your cycling competence you also increase your road confidence. Take it from me; ever since I took the CAN-BIKE course I've been — knock on wood — collision free!

*CAN-BIKE courses are offered in the following Waterfront Trail communities. Charges range from \$40-\$75 depending on the course.*

## Toronto

Toronto City Cycling Committee  
416-392-1311

## Port Hope

Keith Woods  
(he covers the area from Durham Region to Belleville)  
905-885-5079

## Hamilton

905-546-BIKE (2453)

## Peel Region

Brenda Vandevelde  
905-824-9364

## St Catharines

905-688-5601, extension 1571

*You can also call the  
Ontario Cycling Association's  
CAN-BIKE line  
416-426-7242; press 2 then 3.*

## Cleaning up Hamilton Harbour (cont'd)

Halton Region, the need for sewage treatment will also increase, creating an additional threat to harbour water quality.

The second major concern is the harbour sediment which in several spots is severely contaminated by hydrocarbons and heavy metals, a legacy of Hamilton's industrial history. "The number one thing to do to clean up the harbour's sediments is to stop putting stuff in that created problems in the first place," says **Duncan Boyd** of the Ontario Ministry of Environment and Energy. The second activity, however, is to deal with the key sediment 'hot spots' which are continuing to affect the harbour's water quality. "Environment Canada has a data base of available removal and treatment technologies," says Louise Knox.

As the meeting ends, **Tony Wagner**, the Canadian chair of the International Joint Commission's "Science Advisory Board" sums up the regeneration work in Hamilton Harbour. "The scientific community has carried out a lot of first class leading edge research in wetland and habitat restoration, as well as sediment remediation. This research has led to significant improvements in the Hamilton area of concern, and could also benefit other areas in the Great Lakes basin."

"Now what's needed," adds Louise Knox, "is a partnership among government, business and the municipalities to take action on contaminated sediments."

## Tips for Waterfront Trail cyclists

**Will Wallace**, the Ontario Cycling Association's "Education and Safety Coordinator", has these tips for cyclists on the Waterfront Trail.

• **Ride on the right and pass on the left**, just as you would in a car: "The Highway Traffic Act applies to cyclists just as it does to drivers."

• **Bells on your bike and helmets on your head**: "People assume that, because they're on a trail and away from streets and cars, they're safe from head injuries. They're not."

• **Anticipate conflict and know your options**: "Don't be too anxious, but understand where problems will happen. If you're coming up on an in-line skater who's a little wobbly, you can anticipate what will happen if you pass too close, or fail to warn him that you're coming."

• **Consider a bigger or brighter light for night riding**: "What might serve you on a city street won't work on a trail because of the limited ambient light."

• **Trails aren't expressways**: "What's your goal in being on the trail? If it's for recreation or commuting, great. If you're training for a race at 35 km/hour, maybe you should ride elsewhere."

• **Families need to set ground rules**: "If the kids decide to zip on ahead there should be a family agreement that they'll stop and wait for the adults at all intersections."

• **Most collisions occur at intersections**: "Pedestrian crossings, roadways, driveways, connections to other trails – these are all intersections and should be approached with care."





## Top Ten List

**Top Ten reasons  
our web site  
([www.waterfronttrail.org](http://www.waterfronttrail.org))  
is a little late**

10. The dog ate it.
9. The surge protectors didn't.
8. Somebody put the development budget into Bre-X.
7. The web master took "waterfront web site" literally, and we're still drying out the hard drive.
6. Meetings, meetings and more meetings!
5. [www.waterfrontregenerationtrust-linking/people/ideas/&money.com](http://www.waterfrontregenerationtrust-linking/people/ideas/&money.com) turned out to be a little awkward as a web address.
4. "Okay, Mr. Gates -- if you say this Commodore 64 will do the trick, we're sold...."
3. After fifteenth "last minor change", staff person put a real flying toaster through the screen.
2. Design team discovered "CD-ROM" is short for "Can't Drain Rigatoni On Machine".
1. Because we care enough to make it the best it can be -- so enjoy!

# Pickering CIBC branch helps out Frenchman's Bay Festival

Did you know that dozens of community groups and individuals have helped build and improve the Waterfront Trail?

Sharan Burdett does.

Sharan is the manager of the CIBC branch in Pickering's Bay Ridges Plaza. "We're the closest branch to Frenchman's Bay," she says "and a lot of our employees live near the bay." That proximity has led to a special affinity for the bay as well as knowledge of the needs of the waterfront. For example, Sharan says that part of the proceeds of this month's Frenchman's Bay Festival (one of 45 *Summer's Journey* events) will be used to sustain future festivals. But the proceeds will also support a long term goal of building public washrooms for the bay area.

This year Sharan, her fellow employees and the CIBC were proud to help the Frenchman's Bay Festival meet its goals. "We staffed a children's games table at the festival, and of course we sold a lot of *Summer's Journey* passports," says Sharan.

Eileen Higdon, Frenchman's Bay Festival co-chair, says that CIBC also played a key role in promoting the event. "The branch took a whole bunch of *Summer's Journey* posters and overprinted our poster on the bottom space." The result was a very attractive display that drew a record 8,000 people to the event.



Janet Hollingsworth, Waterfront Regeneration Trust

Terry Kirkland (far right) and Nicki Hunter (second from the right) of CIBC's Bay Ridges Branch help the Waterfront Trust's Charity Landon and Colleen Zanello at this year's Frenchman's Bay Festival, one of 45 *Summer's Journey* events.

## Mailbox



"Switching Channels in Black Creek" [January, 1997] gives me cause for alarm.

While I admire the objective of the Black Creek Project, I wonder if anyone who is on the committee saw just what Hurricane Hazel did...I saw the lower Don Valley the morning after Hazel - from one side to the other it was totally under water

...In my view, it is folly to do any major "re-naturalization" of the lower reaches of these streams until the upper reaches of their drainage basins have been reforested sufficiently (or otherwise engineered) to prevent a

Besides helping out at Frenchman's Bay, CIBC's Pickering employees contribute their time and money to support the United Way and the Run for the Cure (which funds breast cancer research). As Sharan Burdett puts it, "When you get out in the suburbs you find that most of the employees live and work locally, so they really want to get involved in anything that goes on there."

"The waterfront's future relies on a relationship among nature, the community and business," adds Eileen Higdon. "You need money, and you need people's desire to make sure things are done properly and you need a healthy environment."

recurrence [of Hurricane Hazel]...it is surely wiser to start restoration at the beginnings of the streams than some miles down.

...Few things would please me, as a third generation conservationist, much more than to see the apparent present plans come to fruition, but I don't consider we should risk both wasting money and effort and incurring danger by lack of sufficient foresight and planning.

### T. F. C. Cole, Toronto, Ontario

*Editor's Note: We welcome your letters and e-mail notes, though given space limitations they may be edited for length.*

# Waterfront Trail Updates

## A safer trail in the Western Beaches

The City of Toronto is upgrading the section of the Martin Goodman Trail between the Humber Bridge and the Boulevard Club. Work started in June and should be completed by the end of July. By moving the trail south of the parking lots, this alignment reduces the number of conflict points between trail users and cars; and it's a lot more pleasant riding closer to the water's edge! While the construction is underway cyclists and in-line skaters should use the posted alternative routes and not ride on the pedestrian boardwalk.

## More and better trail in Ajax

The Town of Ajax is building 200 metres of new Trail through its recently acquired waterfront property at the foot of Harwood Avenue. Like all of Ajax's Waterfront Trail, this will be 3 metres wide and paved — excellent for in-line skating! Construction should be completed by early summer 1997.

A 200-metre off-road section of the Waterfront Trail is temporarily closed just east of Harwood Avenue while the Ajax Water Supply Plant is being rebuilt. Trail users are being routed onto Lake Driveway, a wide street with little traffic. Construction at the plant will finish in 1998, and then the off-road Trail will reopen.

## Trenton helps you find your way

Update your *Waterfront Trail Guidebook* (p. 306): from Creswell Drive, the Waterfront

Trail now enters Bayshore Park (at the south end of the Royal Canadian Legion parking lot), follows the shoreline to the Federal Government Dock/Boat Ramp, then continues north on Albert Street to Fraser Park. In April 1997, Trenton installed a new trailhead sign at Fraser Park to help you find your way around.

## Trail sign inventory offers ideas

Thanks to the work of a Waterfront Trust volunteer there's now a detailed inventory of Waterfront Trail signs. **Mike Edman**, a geographer and photographer, has assembled an annotated series of photographs of waterfront signs (many taken by himself while cycling the Trail). These pictures highlight the location and size of each sign, plus information on the construction cost, materials and supplier. The result is a great resource for anyone who is thinking about designing and installing a trail sign. Great work, Mike!

*For information on the Waterfront Trail Sign Inventory, contact **Charity Landon**, at (416) 314-9477.*

## Fundraising for the John F. Sherk Access Stair

Friends of John Sherk are raising funds to pay for two plaques to be installed on a new pedestrian/bicycle access stairway. This stairway links Toronto's Queen Street East with the Don Valley Trail (which runs north from the Waterfront Trail). John Sherk, who

died in 1994, was a former member of Citizens for a Lakeshore Greenway and the Metro Cycling Committee. The stairway will be officially opened by Toronto Mayor Barbara Hall on July 8, 1997.

## New sculpture creates visual landmark in Etobicoke

Anyone visiting the western end of the Humber River Bicycle/Pedestrian Bridge will have noticed "Bursa", a 13 foot steel sculpture by Ottawa artist, Nick Brdar. The sculpture features a wave arch and I-beam legs, and also incorporates a map of the Etobicoke portion of the Waterfront Trail. Brdar's design won this year's Etobicoke Public Arts Competition, directed by the Etobicoke Public Art Advisory Committee.



George Boyko

"Bursa", a 13 foot steel sculpture, is a new visual landmark on the Etobicoke section of the Trail.

# Happenings Along The Waterfront

## Tour d'Ontario

Second annual bicycle tour from Windsor to Ottawa; part of the route follows the **Waterfront Trail** (Darlington to Presqu'ile Provincial Park).

**July 30 - August 10, 1997**

**Registration fee: \$950**

*For more information: Ontario Cycling Association (416) 426-7242 (press 2, then 4)*

## Summer cruises along the Toronto waterfront

**Harbourfront Centre** has plenty of information on relaxing cruises and on-water educational programs along the Toronto waterfront.

*For more information: (416) 973-3000 or visit [www.harbourfront.on.ca](http://www.harbourfront.on.ca)*

## Summer's Journey

Over 30 events are still left to use your *Summer's Journey* passport -- a detailed itinerary

of events, celebrations and happenings in Waterfront Trail communities. Your \$5.00 passport also makes you eligible for many terrific prizes.

*To purchase a Summer's Journey passport visit any participating CIBC branch, or call (416) 314-8572.*

## Charles Sauriol Environmental Land Trust Dinner

The Conservation Foundation of Greater Toronto presents this annual fundraising dinner in memory of Charles Sauriol, one of Canada's most distinguished conservationists. This year's guest speaker is David Crombie, Chair of the Waterfront Regeneration Trust.

**October 23, 1997**

**Toronto Prince Hotel**

**Tickets are \$85**

*For more information call:*

*The Conservation Foundation of Greater Toronto (416) 661-6600 ext. 276*

**Editor: John MacMillan**

**Design: Watermark Design**

### Special thanks to:

**George Boyko**  
**Sharan Burdett**  
**Eileen Higdon**  
**Louise Knox**  
**Beth Benson**  
**Will Wallace**

*\* The newsletter represents the opinion of the writers/editor and not necessarily that of the Waterfront Regeneration Trust.*

*Next Issue: coming in September, 1997.*

**Note: Fall information for "Happenings along the Waterfront Trail" should be submitted by August 15, 1997 to be included in the next newsletter.**

**ISSN 1201-8430**



*Waterfront Trail*

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# LAKE ONTARIO

# Waterfront Trail

## NEWSLETTER

Government  
Publications

October, 1997/Volume 3, Number 3

Lake Ontario: changing for the better over twenty five years

### About this Issue

We welcome a new voice to this issue. Don Williams is a scientist with Environment Canada who has been involved with the Niagara River for about twenty years. He has first-hand knowledge of the Great Lakes Water Quality Agreement, and is the perfect person to complete our series celebrating the first twenty five years of this important Canada-U.S. environmental agreement.



Don't forget about the Waterfront Regeneration Trust's annual Waterfront Partners Meeting. It's your chance to share information (and some dessert!) with others who share your commitment to the environmental, economic and community regeneration of the Lake Ontario waterfront. The Partners Meeting will also feature the draw for this year's Summer's Journey prizes. The meeting will be held on November 26, 1997. For more information, check out our website (see the URL below) or call (416) 314-9490.



Enjoy your travels along the Trail this fall! And keep sending your stories, photos and comments about the Trail.



**John MacMillan**  
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### International help for a "magnificent river"

By Don Williams  
Environment Canada

**A**t just 59 kilometres long, the Niagara River is one of North America's shortest but best-known rivers. The famous Niagara Falls continue to draw millions of awe-struck visitors and lovestruck newlyweds to the water's edge. But even before the falls became an international tourist attraction they drew industry to the area, particularly on the U.S. side. Cheap electrical power and water for industrial processing created a complex of steel, petrochemical, and chemical manufacturing industries; they also created a mosaic of associated hazardous waste sites. Ultimately decisions made two or three generations ago to benefit society - creating jobs and cheaper products, as well as using pesticides and other substances to live better through chemistry - have caused environmental problems for the river, its surrounding area and especially for Lake Ontario. But over the past four decades people on both sides of the river have been working to create solutions.

In the early 1950's the International Joint Commission (IJC) began reporting on pollution problems in the river. In that era the culprits were such pollutants as bacterial contamination, oil and excessive levels of iron and phosphorus; most of these have been reduced significantly. By the mid-seventies, however, scientists began to realize the magnitude and gravity of the hazardous waste site problems along the U.S. side of the river. Concern shifted to how toxic chemical contamination of the river and Lake Ontario may be affecting human health and the ecosystem. "Love Canal" became a public rallying cry for a toxic substance problem perceived to be out of control.

In 1973 the IJC designated both the Niagara River and the nearby Buffalo River as two of forty three "Areas of Concern." These were problem spots where the goal of "protecting the most sensitive beneficial use of the water" was not being met. Both nations immediately started preparing Remedial Action Plans (RAPs) for these areas all aimed at restoring the beneficial uses which had been impaired.

Nearly a decade later the state, provincial and two national environmental agencies worked together on a comprehensive three year study of toxic substances in the river. The resulting report led to the development of the **Niagara River Toxics Management Plan (NRTMP)** and the signing of the Niagara River Declaration of Intent by the 'four parties' in February 1987. The overall goal of this Declaration of Intent is to "achieve significant reductions of toxic chemical

Irene Rota, Waterfront Regeneration Trust



"Living better through chemistry" has created problems for the Niagara River and Lake Ontario. Now both Canada and the U.S. are working to create solutions.

pollutants in the Niagara River." A sub-objective was a 50% reduction in the loading of toxic chemicals of concern (such as PCBs, mirex and dioxins) by 1996. These include chemicals from "point sources" (municipal and industrial inputs) and "non-point sources" (such as waste sites) in both Canada and the U.S.

There have been a number of successes over the past decade (see sidebar on this page). Recently the 'four parties' signed a Letter of Intent to reaffirm their commitment to the Niagara River Toxics Management Plan. "The Niagara River has been a priority for the Environmental Protection Agency and it continues to be so," said **Jeanne Fox**, U.S. EPA Regional Administrator. **John Mills**, Regional Director General for Environment Canada stated that, while the data show that there have been significant reductions in the inputs of chemicals to the river, "there is

*Continued on page 2*

## International help (cont'd)

still a lot more work to be done." Similarly, **Sheila Willis**, former Assistant Deputy Minister for the Ontario Ministry of Environment and Energy said, "There is still much to learn about this magnificent river."

The Niagara River toxic substance problem did not develop over night, and it will take time to solve. The successes that have been achieved to date, however, have been due in no small way to the spirit of co-operation that continues to exist between Canada and the United States. Those successes are also a result of unique institutional arrangements like the Great Lakes Water Quality Agreement.

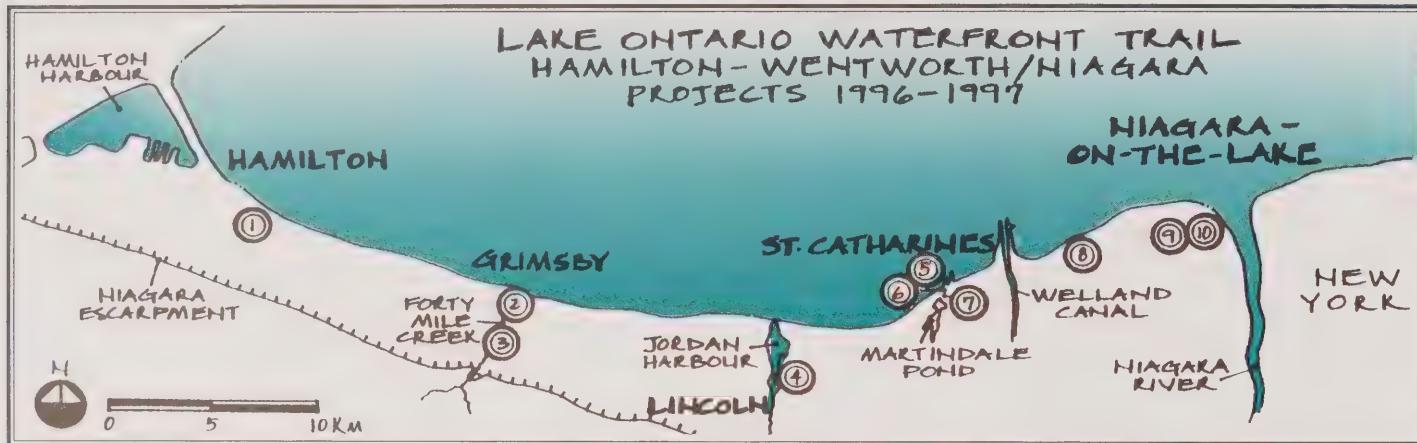
*Don Williams is Head of Aquatic Science and Reporting with Environment Canada's Ecosystem Health Division*

## Niagara's (chemical load) falls

The state, provincial and national environmental agencies on both sides of the Niagara River have reported the following progress over the past decade in cleaning up the river:

- Ontario reported a 99% reduction in the loads of "toxic chemicals of concern" (such as PCBs, mirex and dioxins), and a decline in the numbers of pollutant point sources from 21 to 16.
- New York State reported an 80% drop between 1981 and 1985 in "priority pollutants" (including...) from its 29 significant point sources, with a further 25% drop between 1985 and 1994.
- The Falls Street Tunnel is a major unlined sewer which collects ground water from several hazardous waste sites on the U.S. side. All dry weather flow from this sewer tunnel is now diverted to the Niagara Falls Sewage Treatment Plant for treatment before being released into the river.
- Work to 'wall-off' or remove the wastes at six U.S. hazardous waste sites has been finished, and has been started at another 11 sites. The Environmental Protection Agency estimates that this work has reduced non-point loads to the river by one quarter. When all of these hazardous waste sites are dealt with by the year 2000, loads to the river should drop to zero.
- Nearly \$270 million (U.S.) has been spent by U.S. taxpayers and industries to clean up toxic dump sites. This amounts to about \$3 million per kilogram of toxic chemical that is kept from leaking into the water.
- Compared water samples between the head and mouth of the river, as well as biomonitoring (of mussels and minnow-like fish) and core samples, all show reductions in the concentrations of pollutants.

## The Trail moves east into Niagara



Map drawn by Anne Rennett, Waterfront Regeneration Trust

This past year has seen lots of progress in extending the Waterfront Trail from Stoney Creek to Niagara-on-the-lake. Kilometre by kilometre, project by project, communities in Hamilton-Wentworth and the Niagara peninsula are working with the Waterfront Regeneration Trust to plan and build many interesting and important projects:

### HAMILTON:

**1) Breezeway Trail, Confederation Park:** This project consists of work on both sides of Confederation Park. At the western end, an extension of the existing trail now links the Hamilton Beach community to the park. To the east, a bridge is being built near the mouth of Stoney Creek.

### GRIMSBY:

**2) Interpretive Centre at Forty Mile Creek:** This project restores the abandoned Elizabeth

Street water pumping station at the mouth of the creek making it an interesting destination heritage centre and stopping point for trail users.

### 3) Forty Mile Creek Trail Linkage:

A combination of trail improvements and trail construction will link Lake Ontario with Grimsby's downtown, the Niagara Escarpment and the Bruce Trail. A component of this project includes the restoration, protection and enhancement of the natural areas along the creek.

### LINCOLN:

#### 4) Jordan Harbour Resort Area:

This project includes three components:

- A waterfront trail linking a series of commercial properties and attractions at Prudhommes Landing.
- The Jordan Harbour Loop will circle the Jordan Harbour Marsh and connect the

waterfront to the Bruce Trail and future Twenty Valley Trail.

- The Twenty Valley Trail is a two kilometre trail that will incorporate stairways allowing access to both Jordan Village and the Balls Falls Conservation Area. This trail project also includes nature restoration.

### ST. CATHARINES:

#### 5) Port Dalhousie Harbour Walkway:

Every trail needs amenities like fencing, landscaping, benches and waste containers; this project supplies them to complete the walkway in style.

#### 6) Lakeside Park Pathway:

Armour stone and berms now protect this park and beach from damaging winds and waves. An attractive shoreline walkway has been constructed to enhance recreational uses of the park.

*Continued on page 4*



## Top Ten List

### Top Ten Reasons to Attend the Waterfront Partners Meeting on November 26.

10. Long speeches out - hour-long Macarena in.
9. Tom is really Erica's half brother: there, now you can skip that's day's "All My Children".
8. Rolling Stones will host a sing-song - if they time their Geritol right.
7. First 50 arrivals can get a whale painted on their garage.
6. Door prize is a week on the Mir Space Station (*batteries not included*).
5. You can get there really fast, because the 407 will likely STILL be free...
4. Aaron Spelling will be scouting talent for new T.V. series "Waterfront Trail M5J 1A7".
3. Hey, it's November: what else have you got to do?!
2. Agenda includes absolutely nothing about Canada's Constitution.

And...  
the number one reason  
to Attend the Waterfront Partners  
Meeting on November 26:

1. It'll be 30 days till Christmas, and you just know that every kid wants a Waterfront Trail mug (hint, hint...)

## An ocean view on the Waterfront Trail

It was quite a week. A five storey wall became a work of art. A group of strangers became a community of volunteers. A group of children became environmental artists. And a group of companies created a public partnership.

This past summer from August 26 to Labour Day it was Wyland Week on the waterfront. **Wyland**, is a Hawaii-based environmental artist who paints life size murals of whales and other sea creatures on the sides of large buildings. His goal is to get people thinking about rivers, lakes and oceans when they look at his work, and based on the thousands of people who visit his murals and galleries something is working.

Last winter, thanks to the efforts of the Waterfront Regeneration Trust, Wyland's gaze turned to Toronto. He chose Redpath's "Raw Sugar Shed", along the Waterfront Trail at the foot of Jarvis Street, for his 70<sup>th</sup> Whaling Wall.

While Wyland's paintings are all different - "as unique as the whales he depicts" according to one fan - each whaling wall is a gift to the community he visits. Large gifts of art like this one, however, require more than an artist's generosity to come to fruition. They also require the volunteer labour of dozens of community minded citizens, as paint mixers, artist assistants, and general helpers. And corporations need to play their role too, by providing services, products, equipment and financial support to transform one man's idea into a public good.

That happened in a big way in Toronto. Some forty people took a week off work to help Wyland make his magic, including airline employees, students, homemakers, railway engineers and, yes, even a few bankers!

The result, as one volunteer put it, was "we created a little community out of a whole bunch of individuals."

The same held true for the local business community. CIBC, as the Waterfront Regeneration Trust's principal partner, was proud to be part of the corporate partnership that resulted in this invigorating aquatic scene along the Lake Ontario waterfront. And nearly thirty other sponsors joined CIBC and the Waterfront Regeneration Trust in the cause of environmental art (see below). Among other contributions to the week this corporate partnership allowed several dozen children to paint smaller murals on the hoarding that surrounded Wyland's wall.

*Continued on page 1*



George Ross-D'Elia

Environmental artist, Wyland, sits near his 70 "whaling wall" on the Redpath "Raw Sugar Shed" along the Toronto waterfront.

## Corporate Partners for "Wyland Week on the Waterfront"

**Artik**  
**Bell Mobility**  
**Captain John's**  
**CIBC**  
**City of Toronto**  
**Colourific Painting and Decorating Limited**  
**Consumers Gas**  
**Fast Printing**  
**Humane Society of Canada**  
**Invisions**  
**LCBO**  
**Lever Pond's**  
**Loblaw's**

**Matthews Equipment**  
**Metroland Printing, Publishing & Distributing, Ltd.**  
**Montclair Natural Spring Water**  
**Redpath Sugars**  
**Robin Turnbull Event Management**  
**The Bay**  
**The Boat House Bar & Grill**  
**The Second City**  
**The Sherwin-Williams Company**  
**Toronto Hilton Hotel**  
**Watermark Design**  
**XTL Transport**

## Third Annual Enviro Run

October 12 marks the final event in *A Summer's Journey*, as several hundred people enjoy the Third Annual AGRA Earth and Environment Enviro Run along Toronto's Western Beaches Boardwalk. Join the CIBC's team of runners and walkers as they raise money for the Waterfront Regeneration Fund and bid adieu to the summer of 1997. For more details on pledges and corporate challenges call Colleen at 416-314-8572.



*The Third Annual AGRA Earth and Environmental Enviro Run/Walk is the final event of this year's Summer's Journey along the Waterfront. Come out on October 12 at 11:00 a.m. to Toronto's Western Beaches Boardwalk (just east of the Humber River Bicycle/Pedestrian Bridge) and walk or run to support the Waterfront Regeneration Fund.*

Charity Landon, Waterfront Regeneration Trust

## Mailbox



### Black Creek naturalization

We would like to respond to T.F.C. Cole's concerns in the June Waterfront Trail Newsletter.

Mr. Cole is correct in stating that it is important to complete renaturalization projects in the headwaters of the Black Creek (as it is in any stream). Headwater areas retain a large amount of precipitation and release it slowly into the stream throughout the year. These areas gain their capacity from underground storage areas (e.g. gravel beds), wetlands and forested areas. However, it is essential to renaturalize all sections of a watershed so that the whole system can function effectively and support a variety of wildlife with different needs.

The damage of Hurricane Hazel was not so much from the amount of water as it was from development of the floodplain. Metro Region Conservation and other conservation authorities were created to control this development and thus prevent death and destruction from flooding. Any renaturalization plans for the lower reaches of Black Creek will need to meet strict standards to ensure that the risk of flooding is no greater than at present; our vision is to create natural habitat that accomplishes this goal. The study of fluvial geomorphology has progressed to such a degree that we should be able to create a naturally-functioning system that supports a variety of wildlife.

**Rob Tonus**  
Black Creek Project

**Comments on our web site**  
([www.waterfronttrail.org](http://www.waterfronttrail.org))

Thanks for putting up your web site. I find the information both interesting and informative. As a user of your trail guide...I would like to see larger or more detailed maps on your site of the individual sections; the current web maps do not offer much assistance. If the trails are extended you could update the web map.

**Edward B. Kowalchyk**  
Burlington, Ontario

We are a Commercial Real Estate web site and act as a clearing house for real estate information & resources. We are looking for an example of a clear well thought out Site Map. Yours is the best I have seen I we will use it as a model to building our Site Map.

The Waterfront Trail maps are really small... I know how much of a problem maps can be & can appreciate these. There is a tradeoff between large clear maps that take a long time to load up; or smaller maps that load faster, but lose their definition & then their usefulness. Maybe with technology this problem may be reduced

**Peter Knechtel**  
Research Director  
eSPACE CONNEXIONS

## Trail moves (cont'd)

### 7) Access improvements to Lakeport Road Bridge:

The old metal swing bridge - a notorious hazard for cyclists - has been removed. A wider roadway, as well as sidewalks on both sides of the road will improve access for cyclists and pedestrians.

### NIAGARA-ON-THE-LAKE:

**8) Waterfront Trail, Lakeshore Road:**  
Road improvements include adding a two-metre wide shoulder (striped for bicycle and pedestrian use), from Read Road beyond East-West Line.

**9) Waterfront Trail, Mary Street:**  
1.5 metres of paved and striped road shoulders along Mary Street from Highway 55 to King Street.

### 10) Fort George:

This trail connects historic Fort George, Butler's Barracks in "The Common" and the Niagara River Recreational Trail.

For more information on these projects check out our website at [www.waterfronttrail.org](http://www.waterfronttrail.org) or call (416) 314-9490.

**Editor:** John MacMillan

**Design:** Watermark Design

**Special thanks to:**

**Don Williams**

**Irene Rota**

**Anne Rennert**

**Suzanne Barrett**

**Kelly Webb**

**Anne Dixon**

*• The newsletter represents the opinion of the writers/editor and not necessarily that of the Waterfront Regeneration Trust.*

*Next Issue: coming in January, 1997.*

*Note: information for "Happenings along the Waterfront Trail" should be submitted by December 15, 1997 to be included in the next newsletter.*

**ISSN 1201-8430**



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# LAKE ONTARIO Waterfront Trail NEWSLETTER

Government Publications

January, 1998/Volume 4, Number 1

## About this Issue

*It's often easy to see the connections among the economy, community and environment along the Waterfront Trail.*

*Sometimes, however, making those connections requires considerable patience, hard work, a bit of brainstorming, and a whole lot of creative listening. Happily, Westside Marsh in the Municipality of Clarington proves that a good process can help a community satisfy its environmental, social and economic development goals.*



*People are starting to notice the good things happening along the Lake Ontario waterfront. 1997 saw many awards, honours and acknowledgements start to roll in for the Trail and other waterfront community projects. This issue salutes some of those award winners.*



*If you have spring or summer items for Happenings along the Waterfront please pass them on before March 15 so that they can be included in our next newsletter (space permitting, of course).*



*In the meantime, best wishes from all at the Waterfront Regeneration Trust for a safe and happy 1998.*

**John MacMillan**  
Editor

*Lake Ontario Waterfront Trail Newsletter  
Waterfront Regeneration Trust  
207 Queen's Quay West, Suite 580  
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**Web site:** [www.waterfronttrail.org](http://www.waterfronttrail.org)

## Community and industry cooperate to protect Westside Marsh



Landplan Collaborative

*Clarington's Westside Marsh is a great example of how a community can cooperate to meet its environmental, economic and social goals.*



Waterfront Trail Guidebook

**W**It isn't a perfect compromise, but a deal inked last November should save most of a fragile marsh along the Waterfront Trail.

After more than four years of public meetings, discussions and negotiations, Clarington council has approved principles of understanding with Blue Circle Canada to protect much of Westside Marsh and create 120 acres of public parkland.

The marsh is a provincially significant wetland on the Clarington waterfront, (along the Waterfront Trail, just east of Oshawa). It is the most diverse wetland in Durham Region with over 250 species of birds and many rare plants. In addition, the marsh borders a small community of waterfront residences.

Blue Circle Canada, however, is also a neighbour as well as a leading cement maker and one of Clarington's largest employers. Blue Circle has a license dating from 1974 to expand its existing operations adjacent to Westside Marsh and quarry limestone from most of the wetland.

Community concerns about the future of the marsh came to a head in 1993, and led **Mayor Diane Hamre**, her council and St Mary's Cement

(recently purchased by Blue Circle Canada) to request the Waterfront Regeneration Trust to bring the parties together and explore solutions. Early in the process, the Trust heard a suggestion that the company's need for aggregate could be met by trading limestone (beneath a municipal road) for the area occupied by the marsh. Based on this idea, the Trust worked out a complex exchange of land and money in conjunction with community workgroups, the municipality, Blue Circle, and regulatory agencies. The resulting agreement protects much of the marsh, adds new habitat, and provides an increased buffer between area residents and future quarry operations.

Mayor Hamre offers kudos to the Waterfront Regeneration Trust. "Before we embarked on this process with [the Trust] there was nothing but conflict and anger between the company and the community, with the municipality caught in the middle," she said. "Now we have an improved climate of cooperation...."

Like all negotiations, each Westside Marsh party gave up something in the interest of coming to an agreement. The result, however, has been a new kind of coexistence among the wildlife, residents, and industries of Port Darlington.

# 1997: An award winning



Clarington Mayor Diane Hamre, chair of the Waterfront Regeneration Trust, and David Crombie, chair of the Waterfront Trail and Humber Bridge, unveil the Waterfront Center's "Excellence on the Waterfront" award.

## Conservation authority honours Niagara Waterfront Trail work

The Niagara Peninsula Conservation Authority (NPCA) acknowledged the Waterfront Regeneration Trust's work on waterfront trail development in several Niagara communities (see last issue of the newsletter for details). The awards were given out at a reception in Fonthill, Ontario on December 15, 1997.

"The Trust has helped to secure provincial seed money for projects in Niagara," says **Kathy Menyes**, Watershed Management Coordinator with the NPCA, "But they've also offered their experience which has helped us get past several hurdles in getting waterfront trails built."

Nearly a dozen waterfront trail projects are either completed or nearing completion in Grimsby, Lincoln, St. Catharines and Niagara-On-The-Lake.



Irene Rosta

This harbour walkway in Port Dalhousie's Lakeside Park is one of nearly a dozen Waterfront Trail projects in Niagara.

## Waterfront Trail And Humber Bridge Are Recognized For Excellence

The Lake Ontario Waterfront Trail and the Humber River Bicycle/Pedestrian Bridge were jointly honoured for excellence in the Park/Walkway/Recreational category at this year's 11th Annual Excellence on the Waterfront Awards. The award was sponsored by the Waterfront Center, a U.S. based, non-profit educational organization.

**David Crombie**, chair of the Waterfront Regeneration Trust, said that both the Trail and the Humber Bridge are examples of partnership in action. "The Trail alone is the result of over 120 community, government and private sector partnerships," he said before presenting a Waterfront Center certificate to each partner at last November's Waterfront Partners Meeting.

"This award belongs to everyone - those who made it possible and the public whose support and enthusiasm will keep the momentum going as we continue to the work of regeneration," said David Crombie.

## Outstanding Rattray Marsh group wins major award



Tija Lasic

The Rattray Marsh Protection Association has preserved and enhanced this important waterfront wetland for nearly three decades.

The Rattray Marsh Protection Association has won the prestigious "Clearwater Award" from the Waterfront Center. The award recognizes the "outstanding efforts of [a] non-profit citizen's organization, working at the grassroots level for the betterment of their community and its waterfront."

Association President, **Jean Williams**, saluted her association's members who have worked since the early 1960s to preserve and enhance this key waterfront wetland. The 37 hectare (77 acre) marsh sits at the mouth of Sheridan Creek in Mississauga, Ontario. The marsh is known as a valuable habitat for fish and a crucial rest stop for migrating birds.

The Rattray Marsh Protection Association was also a partner in the development of the Waterfront Trail, which passes through the marsh.

# year along the waterfront

## Darlington earns Wildlife Habitat Council award

Trails, wildlife inventories, environmental education programs, a nuclear generating station. What's wrong with this picture?

Nothing, according to the Wildlife Habitat Council (WHC), which bestowed its 1997 Corporate Habitat of the Year and Rookie of the Year awards on Ontario Hydro's Darlington Station. This U. S. based council recognizes wildlife habitat management programs and environmental education programs at corporate sites around the world.

The development of the Waterfront Trail through Darlington was the impetus for many of the ecological activities acknowledged by the WHC.



Colleen Zanello

*These deer-proof gates at the Darlington Nuclear Generating Station are an interesting feature of the Waterfront Trail. The gates were installed by Ontario Hydro volunteers to keep deer from wandering out of the plant's safe confines.*

## 300,000 readers can't be wrong!



George Rust-D'Eye

Redpath Sugars' "Whaling Wall" mural (on Queen's Quay East, along the Waterfront Trail) was voted "best outdoor mural" in NOW magazine's third annual Reader's Poll.

The six-storey mural is the work of environmental artist, Wyland, and was completed on Labour Day, 1997. It was the first project of Wyland's 1997 Great Lakes & Midwest Tour.

*Environmental artist, Wyland, sits near his 70th "whaling wall" on the Redpath "Raw Sugar Shed" along the Toronto waterfront.*

## A new spirit of community partnership

The partnership between CIBC and the Waterfront Regeneration Trust was included on a select list of *Partnerships of Note* compiled by **Imagine**, an initiative of the **Canadian Centre for Philanthropy**. This list acknowledged the honourable mentions in this year's "New Spirit of Community" Partnership Awards.

The CIBC/Waterfront Trust partnership was noted for its efforts to support ecological, economic and social regeneration along the Lake Ontario waterfront. It also made special mention of the Waterfront Trail's role in linking waterfront towns and villages.

CIBC is proud to salute the many partners who have made the Waterfront Trail an award winning project in 1997.

## A Summer's Journey grand prize winners announced

A million people attended the waterfront festivals, events and celebrations that were included in the *Summer's Journey* itinerary.

There were two winners of a pair of tickets to anywhere **Air Canada** flies in continental North America, plus \$1,000 spending money courtesy of **CIBC**. The winners were: 1) **Zeke Pezel and Jacquie Johnson** and 2) **Barbara Nespal**. **Paul Linetsky** won the third grand prize, a **Bell Mobility Liberty™** phone package. 40 other prizes - ranging from merchandise to gift certificates - were also awarded.

*A Summer's Journey* was the Waterfront Regeneration Trust's 1997 itinerary of waterfront events, festivals and happenings.



Ronald Ng

*Robin Turnbull of Robin Turnbull Event Management congratulates Paul Linetsky, a Summer's Journey grand prize winner.*



Ronald Ng

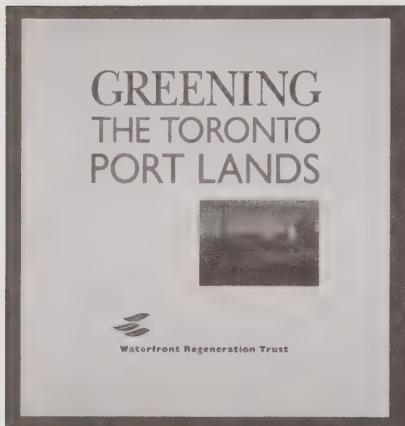
*Judith Morris, CIBC's Manager of Commercial Banking, congratulates Jacquie Johnson and Barbara Nespal who each won Summer's Journey grand prizes. Jacquie and Barbara are also enthusiastic Waterfront Trail users.*

## Building "green infrastructure" in Toronto's Port Lands

"Green infrastructure" can fulfil many functions in an urban setting. *Greening the Toronto Port Lands*, the newest publication of the Waterfront Regeneration Trust, shows how.

This forty page document describes a plan for improving the visual, recreational and environmental quality of the Toronto port lands, by creating a network of promenades, corridors and other types of green infrastructure. While this document targets Toronto, its case studies and approaches can be applied to many locations.

Copies of *Greening the Toronto Port Lands* are available from the Waterfront Regeneration Trust for \$26.70 (including GST). Call (416) 314-9473 for details.



*Editor: John MacMillan*

*Design: Watermark Design*

*Special thanks to:*

*Marilyne Kochler*

*Sarah Campbell*

*Colleen Zanello*

*\* The newsletter represents the opinion of the writer/editor and not necessarily that of the Waterfront Regeneration Trust.*

*Next issue: coming in April, 1998.*

*Note: Information for "Happenings along the Waterfront Trail" should be submitted by March 15, 1998 to be included in the next newsletter.*

*ISSN 1201-8430*



*Printed on recycled paper*

## Happenings Along The Waterfront

### Listen Up! The 20th Annual Toronto Festival of Storytelling at Harbourfront

Legends, songs and stories of the world.

**February 28 - March 1**

*Harbourfront Centre, Toronto*

*(Some fees or admission charges apply)*

*(416) 973-3000*

### Maple Syrup Season

Metro Region Conservation offers a unique, interactive maple syrup program at its Kortright and Bruce's Mill Conservation Areas (both just north of Toronto in York Region).

**March 7 - April 13**

*10 a.m. to 3 p.m. daily.*

*Metro Region Conservation*

*(416) 661-6600, ext. 203.*

### Toronto International Bicycle Show

Canada's only exclusive bicycle show. Merchandise, tours, advice and more. Visit the Waterfront Trust booth for information about cycling along the Trail.

*(See coupon on this page)*

**March 6 - 8**

*Automotive Building,*

*Exhibition Place, Toronto*

*(Lakeshore Blvd. West and Strachan),*

*(416) 363-1292*

### Canada Blooms

A great way to prepare for spring amid horticultural displays, products and services. Visit the Waterfront Trust booth next to Hike Ontario.

**March 11 - 15**

*Metro Convention Centre, Toronto*

*(Front and John Streets)*

*1-800-730-1020*

### ELDERHOSTEL along the Waterfront Trail

This year's program of educational adventures for older adults includes "The Great Lakes: A Freshwater Ecosystem at our Doorstep." Includes visits to the Canada Centre for Inland Waters, the Royal Botanical Gardens and the Waterfront Trail.

**April 26 - May 1**

**(same program repeated May 3 - May 8)**

*Burlington, Ontario*

*\$450 (including meals, accommodation, courses and excursions)*

*Burlington Visitor & Convention Bureau*

*(905) 634-5594*

*ELDERHOSTEL Canada*

*(613) 530-2222*



## Top Ten List

### Top 10 honours not yet bestowed on the Waterfront Trail:

10. The Pulitzer Prize (for Guidebooks)
9. Pole position at the Indy
8. Ms. Canada (flyweight division)
7. Mention in the Guinness Book of Records
6. WWF Championship belt
5. The Queen's Guineas
4. Best Actor in a Supporting Role
3. World Series MVP
2. A three-record deal

*And ...*

**the number one honour not yet bestowed on the Waterfront Trail:**

1. A part in "Riverdale"

**\$1**



**\$1**

**March 6, 7 & 8, 1998**

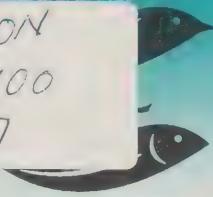
**Automotive Building  
Exhibition Place  
Toronto, Ontario**

Save \$1.00 off  
adult admission  
with this coupon!

**\$1**

**\$1**

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-W 17



LAKE ONTARIO

# Waterfront Trail

## NEWSLETTER

Government  
Publication

January 1999/Volume 5, Number 1

*The Trust would like to take this opportunity to thank John MacMillan, who has been the Editor of the Waterfront Trail Newsletter since its inception in the spring of 1995.*

*John's dedication, attention to detail, choice of articles and wonderful sense of humour have been an integral part of building awareness for the Waterfront Trail and our work along the waterfront. John's insights into the needs of our readership are manifest in the many positive letters, calls and e-mails we receive. As well, our subscriber base has grown from 8,500 in 1995 to the present 13,000.*

*Although John has moved on to other endeavours, he has assured us that we can look forward to his contributions to future newsletters. All the best, John.*



*Lake Ontario Waterfront Trail Newsletter  
Waterfront Regeneration Trust  
207 Queen's Quay West, Suite 580  
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*Co-editors: Colleen Zanello  
Charity Landon  
Design: Watermark Design*

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## Sheldon Lookout - A Quiet Place on Toronto's Waterfront



City of Toronto

*"It's not a big place," says landscape architect Gunta Mackars of Sheldon Lookout, "but it has enormous scale and power."*

**I**t's near sunset along the Waterfront Trail in Toronto. As you pedal across the Humber River Bicycle/Pedestrian Bridge, you're startled to see a land form jutting into Lake Ontario - a park constructed of car-sized granite boulders. And then you see that you're not alone - there are dozens of people sitting quietly on the rocks, watching the sun set, listening to the murmur of the lake.

The place is Sheldon Lookout, a new waterfront park that has become an instant hit with Waterfront Trail users. But popularity isn't the only thing that makes Sheldon Lookout unique. It's also symbolic of a couple's love for both their city and their parents.

Last year David and Sylvia Sheldon approached the City of Toronto with a vision. They wanted to donate \$100,000 to build a public space that would serve as a memorial to David's recently deceased parents, Julius and Ada Sheldon. But this wasn't to be a run-of-the-mill park, according to Garth Armour, of the City's Parks Department.

"David Sheldon was quite emphatic that he wanted a public space near the Humber Bridge. It had to be constructed from large rocks. He also wanted a design that celebrated the seasons, the summer and winter solstices - the cycles of life," says Armour.

Armour started the process rolling by scouting an appropriate site, working with Toronto Region

Conservation Authority (the agency that owns much of the property in the area). At the same time, the city's Public Art Advisory Group set up a design competition for the park.

Gunta Mackars' firm won the competition. "Because of the scale of the surroundings - the Humber Bridge, the Palace Pier condos, even the Toronto skyline itself - I knew I couldn't focus on minute details like detailed gardens. This site needed drama." Mackars chose to work with very large pieces of Bracebridge granite, placing them in a manner that created contrast among the cityscape, the lake and the horizon.

The result, says Mackars, is the only place along the Toronto waterfront that brings you out into the lake. "People tell me it feels as though you're at the prow of a ship with the city flowing behind you."

David and Sylvia Sheldon celebrated the project culminated at the ceremonial opening of Sheldon Lookout - appropriately June 21, 1998 on the Summer Solstice - where they unveiled a plaque in David's parents' honour.

Since then, thanks to the Sheldons' largesse and vision, the park has become "an instant success" with Torontonians and Waterfront Trail users alike, according to Garth Armour. "The name of the game in the 90's is partnerships. This is how lands in the public domain should be developed."

# Seen any geese lately?



If you've been out on the Waterfront Trail, you've probably seen Canada geese hanging out in parks, marinas, and parking lots. Many municipalities have spent a lot of money to improve our waterfront, but we've inadvertently created prime goose habitat - good visibility, access to open water and their favorite food, which is grass! The population of Canada geese in southern Ontario is now over 350,000.

Planting dense trees and shrubs (thorny rose bushes are good!) will keep the geese away, but also prevents people from using the area. Relocating the geese to a less populated area nearby for the summer also relieves immediate conflicts, but is expensive.

Many of the Canada Geese you see during the spring and summer breed elsewhere, and are just spending a few months on the waterfront. These geese may have been born anywhere in southern Ontario or even in the United States. The Canadian Wildlife Service (CWS) is conducting a banding study of geese on the Lake Ontario waterfront, to better understand their movements.

What can you do?

- **Do not feed the geese!**
  - feeding them discourages natural migration
  - moldy bread that remains on the ground causes respiratory problems for the geese
  - rotting food may attract raccoons, skunks and rats
- **Support naturalization**
  - recreating wilderness is the best long term method of controlling geese

If you have any questions about geese, or if you would like to report a banded goose, please contact your municipal parks department or the Canadian Wildlife Service (519) 472-8022.

**Don't forget to check out  
our website  
for the latest waterfront news.  
[www.waterfronttrail.org](http://www.waterfronttrail.org)**

# Waterfront Trail Updates



## Grimsby

• Six kilometres of on-road and a half kilometre of off-road Waterfront Trail opened in Summer 1998. The off-road section runs along the shore bluff in the historic Grimsby Beach neighbourhood.

## Burlington

• A new Waterfront Trail connection was opened in July on the site of the former Brant Inn. The Inn was Canada's best-known dinner and dance spot in the 30's and 40's. This new section of Trail connects two very popular waterfront places - Spencer Smith Park and Beachway Park.

## Toronto

- The new Mimico Creek Pedestrian Bridge linking the Humber Bay East and West Parks is an important link in the Waterfront Trail. The bridge's unique design enhances the parkland at the mouth of the Mimico Creek and allows people to cross the creek in safety, away from Lake Shore Blvd.
- Bike lanes were installed on Queen's Quay West from Stadium Road to Spadina Avenue in Spring 1998.
- A beautiful waterfront garden is under construction between Spadina and Bathurst Avenues in the Spadina Gardens Park. The Music Garden is being created by famed cellist Yo Yo Ma with garden designer/author Julie Moir Messervy, in association with Toronto Parks & Recreation staff. Inspired by Bach's Suites for Unaccompanied Cello, the park will be physically shaped with each of the six design elements of the contemplative garden corresponding to the six movements in the suite. The site was formerly industrial with area uses ranging from machine shops to warehouses and ship building companies.
- The Pier, Toronto's first marine museum, has arrived. It is located on Queen's Quay West at Harbourfront. This remarkable new museum brings to life Toronto's rich marine heritage with exhibits, guided tours, lectures, boatbuilding classes and demonstrations.
- Loblaws has opened a new store on Queen's Quay East at the foot of Jarvis (across from the Wyland Whaling Wall, on the Redpath Sugars Building). The store, complete with a Marche and a community centre, has quickly become a key waterfront destination.
- The reconstruction of the Cherry Street bridge over the Keating Channel has provided a huge improvement for pedestrians, in-line skaters and cyclists on the Waterfront Trail. Road space for motor vehicles has been reduced to 2 traffic lanes so the trail (3.6 m) can be accommodated on the west side of bridge. Slip-resistant material has been used on the deck to enhance safety and there is a new sidewalk on the east side of the bridge.

## Pickering

• Pickering has reached an agreement with Ontario Hydro to lease some nuclear plant property for an extension of the town's section of the Waterfront Trail. The new trail will run about a kilometre through the nuclear plant property at the foot of Brock Road, and then will run east from Brock Road through Ontario Hydro property to Montgomery Road where it will link with the Duffin's Creek portion of the trail that connects to Ajax. Work is expected to finish in the spring.

## Making the connection

After 25 years of public and private sector efforts, the Humber Bay Shores (formerly known as the Etobicoke Motel Strip) public amenity link between the Humber River and Humber Bay East Park is a reality in 1999. An official celebration is being planned for mid-1999.

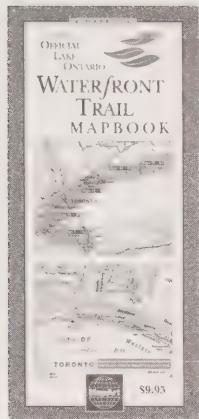
Construction of the park (Waterfront Trail, parkland, cobble beaches, habitat islands and wetland complex) and municipal infrastructure works (stormwater management facility, waterfront drive and streetscape and the new Humber Bay Shores gateway) will see the finishing touches in Spring 1999.

The implementation of the public components of the Etobicoke Motel Strip Community Plan is the

result of a 20 million dollar commitment by the public agencies. Of special note was the extraordinary commitment from the private landowners and community groups in volunteer time to evolve the innovative plan for the public amenity area.

Explore this new section of the Waterfront Trail in 1999 and let us know your opinion. For more information on this exciting project contact Larry Field, Toronto and Region Conservation Authority (416) 661-6600 ext. 243, Frank Kershaw, Toronto Parks Department (416) 392-8199 or Tom Ellerbusch, Toronto Works Department (416) 394-8399.

# Be sure to get your Waterfront Trail Mapbook



More and more people are getting out and exploring the Trail. At a cost of \$9.95, the Waterfront Trail Mapbook will provide all the information you need including trail alignment, on and off-road sections, amenities, trail surface, steep hills, connecting trails and information about the municipalities that the Trail passes through.

The Mapbook is available wherever MapArt publications are sold. You can also pick it up from the Waterfront Regeneration Trust booth at the Toronto International Bike Show and Canada Blooms. Don't forget to pick up your copy of the best-selling Lake Ontario Waterfront Trail Guidebook while you're visiting the shows.

The Mapbook was made possible thanks to the generous support of our partners CIBC, Bell Mobility and MapArt.

## 4TH ANNUAL AGRA ENVIORUN WAS A HUGE SUCCESS!!



Helen Linetsky

*The Trust would like to thank AGRA, event sponsors, volunteers and participants for their commitment to our waterfront.*

On Sunday, September 13, 1998, AGRA Engineering Global Solutions hosted the 4th Annual AGRA EnviroRun 5K and 3K Walk in support of the Waterfront Regeneration Fund.

The event was held on the Western Beaches Boardwalk in Toronto. The weather was perfect for the participants to run and walk the scenic course. Registrations and pledges totalled \$4,000.



## Cyclone Tours

Cycle Ontario Experience, better known as Cyclone, is a fully supported, large scale, annual cycling holiday tour of Ontario. Each year Cyclone travels through a different part of Ontario, a province of immense size, diversity and scenic beauty. Although you ride as an individual, you get all the benefits of being part of a group; price, efficiency, organization, safety and fun.

This year's seven day cycling adventure will begin on June 19, 1999 and take participants along the Lake Ontario Waterfront Trail from Oakville to Kingston and north to Ottawa. For more information call (519) 650-1709.



Bill Smith is a Manager of Commercial Banking with CIBC in Oakville and he is on a mission to change his community's perception. He wants to let everyone in Oakville know about the heritage of their town.

For about a year, this fifteen-year resident of Oakville has been the volunteer co-chair of the Communications and Marketing Committee of the Oakville Heritage Trust. This umbrella association of local heritage groups was formed last February to raise money and focus the attention of Oakville residents on their area's heritage. That heritage includes not only some of the Waterfront Trail's most picturesque routes, but also gracious old homes along charming ravines.

Bill Smith's volunteer work in Oakville flows in part from CIBC's five-year, million-dollar partnership with the Waterfront Regeneration Trust. This partnership is aimed at promoting community development in dozens of cities, towns and villages along the Waterfront Trail. It's a community alliance, however, that involves more than money, says David Carter, who spearheaded both the Waterfront Regeneration Trust and the Oakville Heritage Trust. "CIBC encourages its employees to show leadership in their communities, both in the branch and in their spare time. Bill Smith is a shining example of how the skills from the banking world can be applied to local needs."

Over the coming year Bill Smith and his group of community communicators will be letting folks know about Oakville's raft of upcoming millennium heritage projects. This includes developing a Heritage Trail with links to the Waterfront Trail.

In the meantime Bill continues to correct local myths through his own example. "When I joined up I made it pretty clear that I live north of the highway, but I still appreciate heritage." Let's hope other Oakville residents - both "northerners" and "southerners" - follow Bill Smith's lead.

## Clean Waters Summit

On November 21, 1998, 150 citizens, elected officials, and government and agency staff from across six major watersheds, Toronto Bay and the waterfront, gathered at the Metropolitan Hotel for the Toronto and Region Remedial Action Plan Clean Waters Summit.

Tony Ianno, M.P. Trinity-Spadina, Bill Saundercrook, City of Toronto Councillor, and David Crombie, Chair of the Waterfront Regeneration Trust, joined participants as they shared information about progress, issues and solutions and helped to set the agenda to remove Toronto from the international list of Great Lakes Areas of Concern.

1998 Awards of Excellence were handed out by Norm Sterling, Ontario Minister of the Environment, and Jean Augustine, M.P. Etobicoke-Lakeshore to schools, community groups, businesses and municipalities for outstanding projects contributing to the RAP goals. The awards were sponsored by the Canadian Imperial Bank of Commerce, Canada Trust Friends of the Environment and Acme Environmental Landscaping and Design.

For more information about the restoration of the Toronto and Region watersheds and waterfront, contact Tija Luste at (416) 314-9485.



## Happenings Along The Waterfront

### Mediterranean Food & Wine Festival

**February 21** - Royal Botanical Gardens  
905-527-1158

### Toronto International Bicycle Show

**March 5-7** - Stop by the Waterfront Trust booth at the National Trade Centre to purchase a copy of the new Waterfront Trail Mapbook. Clip out the coupon in this newsletter and save \$1.00 on admission. 416-363-1292

### Cobourg Model Train Show

**March 6** - Cobourg Lion's Centre  
905-372-8375

### Canada Blooms

**March 10-14** - Visit the Waterfront Trust booth at the Metro Toronto Convention Center 1-800-730-1020

### The Toronto Wine & Cheese Show

**March 12-14** - International Centre, Mississauga. Visit the Trust booth to learn more about exciting plans for an International Gateway linking Buffalo and Fort Erie 416-229-2060

### Waterfowl Viewing Festival

**March 27 & 28** - Presqu'ile Provincial Park  
613-475-4324

### Float Your Fanny Down the Ganny River Race

**April 2-4** - Ganaraska River, Port Hope  
905-885-5519

### Tourism Awareness Week

**May 17-23** - Kingston 613-548-4415



**March 5, 6 & 7, 1999**

**National Trade Centre**  
**Hall B**  
**Exhibition Place**

**Save \$1.00 off**  
adult admission  
with this coupon!



## Waterfront Regeneration Fund

Protecting and restoring those elements of the waterfront that we value - **ecological health, a sense of community, economic vitality** - is part of the challenge before us.

Your donation to the Waterfront Regeneration Fund will help realize the waterfront vision. All donations over \$20.00 are tax deductible.

The Trail, the result of more than 90 partnerships, is one part of a broader vision for a regenerated waterfront.

GOVERNMENT OF ONTARIO  
39497

## About this Publication

This Lake Ontario Waterfront Activities Calendar is an annual publication of the Waterfront Regeneration Trust and its partners. In it you will find descriptions of over 50 events in more than 30 communities — a full summer of waterfront fun for the entire family.

The Waterfront Trail has become a highly valued recreation and tourism resource that is bringing communities back to the lake. Since we began publishing the Activities Calendar five years ago, we have seen a dramatic increase in the number and variety of community events located on the waterfront. We have highlighted a number of events from along the Waterfront Trail, but there are many more. Please visit our website for more listings.

The Trust would like to thank the event organizers who contribute their time and energy to the many waterfront festivals, regeneration events and fundraisers.

We would also like to thank the Canadian Imperial Bank of Commerce, Bell Mobility, and individual donors for their continuing support of our efforts to protect and restore the ecological health, sense of community and economic vitality of our waterfront.

A special thanks to Jonathan Nuss from the Toronto District School Board Co-op Program for his assistance in making this publication possible.



**Enjoy your waterfront!**

May 1999/Volume 5, Number 2

## Places to Visit...



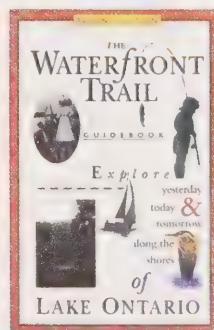
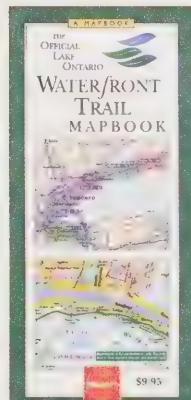
## You can get there from here

Exploring the Waterfront Trail is easy with the Official Lake Ontario Waterfront Trail Map Book! Designed and tested by trail users, the Map Book includes high-quality, easy-to-read maps showing:

- the Waterfront Trail route in bright colours
- where the Trail is off-road or on-road
- where the Trail is paved or unpaved (important info for you in-line skaters)
- connecting trails
- public washrooms, parking lots, and swimming pools
- distances between points along the Trail
- and much, much more

**To order the Official Lake Ontario Waterfront Trail Map Book at \$9.95 plus taxes and \$2.00 shipping, please call (905) 436-2525 ext. 228 or fax (905) 723-6677 and include your Visa or MasterCard number.**

Also check out the Waterfront Trail Guidebook. Ever since the Trail was launched in 1995, residents and visitors alike have used this best-seller to explore far and wide, learning about the attractions and history of Lake Ontario's waterfront communities that are located along the Trail. Available at your local bookstore or through the Waterfront Regeneration Trust.



Visit our website [www.waterfronttrail.org](http://www.waterfronttrail.org)



Printed on recycled paper

A Publication of the Waterfront Regeneration Trust and its Partners

**MAY****St. Catharines  
Historic Carousel  
Opening Day****May 22 - September 6**

**12 noon - 8pm daily** Lakeside Park, Port Dalhousie **5¢** Historic carousel/merry-go-round with horses carved 1898 - 1905 (905) 688-5601 ext.3144

**Kingston  
Folklore Festival****May 28 - 30**

**All day** Royal Military College **\$5** passport for Saturday & Sunday; Friday gala dinner **\$40** Go around the world in 3 days! Ethnic food, dance, fashion & theatre from 20 different cultures - all under one roof. (613) 354-6263

**Whitby  
Discover Whitby  
Harbour Day****May 29**

**10am - 4pm** Whitby Harbour **Free** Marine open house featuring tall ships, sailing demonstrations & lessons, canoe races (905) 668-1391

**Colborne  
Apple Blossom Tyme****May 29 & 30**

**10am - 4pm** Downtown Colborne **Free** Annual festival featuring family activities, soap box derby, horse & wagon rides, pony rides, horseshoe tournament (905) 355-2846

**JUNE****Belleville  
Second Annual  
Bayshore Picnic****June 5**

**11am - 4pm** Keegan Parkway beside the Bayshore Trail **Free** Demonstrations for sporting & hobby enthusiasts, celebrity competitions, special events, fun & old-fashioned games, entertainment, bike rodeo & refreshments (613) 962-9531 Sponsored in part by United Way, Belleville Parks & Recreation, Rotary Club of Belleville

**Ajax  
Bike Adventure '99****June 5**

**10am - 2pm** Rotary Park **Free** A bike week event. Lots of fun & activities. Ride along the Waterfront Trail & participate in activities along the way! (905) 619-2529 ext.7243

**Stoney Creek  
Battle of Stoney Creek****June 5 - 6**

**Saturday 10am - 11pm; Sunday 10am - 4pm** Battlefield Park **Free** Adults & seniors \$4; children \$2; 6 & under free Living history experience featuring a re-enactment of the Battle of Stoney Creek, folk music, period fashions, horse-drawn wagon rides & war hero Tecumseh (905) 662-8458 Sponsored in part by Battlefield House Museum

**Burlington  
Music in the Park****June 6 - August 29**

**Sundays - 1:30pm** Spencer Smith Park at the Gazebo **Free** Enjoy an afternoon musical presentation featuring jazz, Dixieland & pop sounds (905) 335-7808 Sponsored in part by City of Burlington Parks & Recreation & Hamilton Musicians Guild

**Pickering  
Frenchman's  
Bay Festival****June 11 - 13**

**Friday noon - midnight;** **Saturday 9am - midnight;** **Sunday 9am - 5pm** Foot of Liverpool Road **Free** Friday 4pm concert to benefit Denise House, Saturday & Sunday midway, Dragon Boat races, bartenders race (905) 839-5229 or (905) 839-5746

**Oshawa  
Oshawa Waterfront  
Festival****June 11 - 13**

**Friday 4pm - 12pm; Saturday 10am - 12pm; Sunday 10am - 6pm** Lakeview Park **\$10** weekend pass in advance; \$7 daily at the gate; children free if accompanied by an adult Children's village, beach activities, midway, fireworks, tennis & top Canadian performers (905) 725-1624 Sponsored in part by Labatt, Conklin, Canada Post, Brooklin Cycle, Auto & Marine, Shoppers Drug Mart, Cleartech & Owasco

**Quinte West  
Quinte International  
Air Show****June 12 & 13**

**Sat 10:30am - 4:30pm; Sun 9am - 5pm** 8 Wing Trenton **Adults \$10; children 5 & over \$6; children under 5 free** This year's theme: a look at the Air Force in the past & into the future! (613) 965-7777

**Mississauga  
Rattray Marsh  
Protection Association****June 14 & July 12 7pm - 9pm;**

**June 27, August 15 & September 12 9am - noon** Meet at the Bexhill Road entrance to Rattray Marsh Every summer the Rattray Marsh Protection Association undertakes a number of projects including trail, bridge, boardwalk & sign maintenance, & vegetation management. Please come & help! Don't forget your work gloves & boots (905) 823-1572 or (905) 670-1615 x 243

**St. Catharines  
Summer Solstice****June 17 - 20**

**Thursday, Friday & Sunday 5pm - 10pm; Saturday 8am - 11pm** Lakeside Park & surrounding Port Dalhousie area **Free** or admission charge depending on event Live music, buskers, food & refreshments, children's activities & beach volleyball tournament (905) 688-5601 ext.3144

**Lincoln  
Strawberry Festival****June 18 & 19**

**Friday after 6pm; Saturday 9am - midnight** Beamsville **Free** Family entertainment, children's play area, art show, bed races & street dance. Come taste the best strawberries in town (905) 563-7403 Sponsored in part by the Town of Lincoln

**Along the Waterfront Trail****CYCLONE '99****June 19 - 26**

Along the Waterfront Trail **Begin** at Bronte Provincial Park in Oakville **Although you ride as an individual, you get all the benefits of being part of a group. CYCLONE is a challenge, an experience & an opportunity to see Ontario in a unique way, all wrapped up in one great package ready for you to enjoy!** (519) 650-1709

**Ajax  
Run the Lake****June 19**

**10am - noon** Rotary Park **\$10 or \$15 depending on which category you enter. All proceeds to Ajax-Pickering General Hospital** **A** 5 or 10 km run & walk to raise money for the hospital (905) 619-2529 ext.7243

**Oshawa  
Fiesta Week****June 20 - 26**

**Sunday parade 12:30pm; Sunday concert in Memorial Park 2:30pm** Pavilions open evenings at various locations Monday to Saturday **\$5** passport good all week at all pavilions Week-long festival offering international cuisine & entertainment at 22 pavilions (905) 725-1624 Sponsored in part by Oshawa Centre, Sears & Breakaway Travel

**Oakville  
Oakville Waterfront  
Festival****June 25 - 27**

**Friday 4pm - 11pm; Saturday 9am - 11pm; Sunday 9am - 4pm** Various waterfront locations **\$7 advance; \$10 at the gate** Art Market, children & youth villages, theme park amusement rides, Heritage Hamlet with 1812 Soldiers' Encampment, Oakville Symphony Orchestra, headline concerts & fireworks (905) 847-7975 Sponsored in part by McDonald's, National Cellular, PetroCanada, Royal Bank & Tim Hortons

**Mississauga  
Mississauga Waterfront  
Festival****June 25 - 27**

**Friday 6pm - 11pm; Saturday noon - 10pm; Sunday noon - 8pm** Port Credit Memorial Park **\$5 button for entire weekend** Activities for the entire family from skateboarding demos to a strawberry social. Children's performers include Bananas in Pajamas, Crazy Bones & tributes to the Back Street Boys & Spice Girls. Evening shows feature The Stampeders & others (905) 891-0002

**Grimsby****Happening-in-the-Park****June 27**

**2pm - dark** Centennial Park **Free** A celebration of Canada's Birthday with food, exhibition booths, family activities, stage show & fireworks (905) 945-3519

**Burlington  
Rose Festival****June 27, July 4 & 11**

**11am - 5pm** Royal Botanical Gardens Rose Garden **Adults \$7; seniors & youth \$6; children \$2; members free** Celebrate the blooming of more than 3,000 exotic roses, featuring centuries-old antiques & the newest hybrids (905) 527-1158

**Along the Waterfront Trail  
The Great Ride 'n'  
Stride to Beat Cancer —  
on the Waterfront****June 27**

**10am - noon** Lakefront Promenade Park, Mississauga; Humber Bay Park, Etobicoke; Ashbridges Bay Park, Toronto; Heydeshore Kiwanis Park, Whitby **\$25 minimum pledge** Participants in this pledge-based fundraising event for the Canadian Cancer Society will bike, skate, walk or run along sections of the Waterfront Trail (416) 440-3330

**JULY****Brockville  
Riverfest****July 1 - 11**

**Weekdays 11am - 10pm; weekends noon - 11pm** Brockville waterfront **Weekdays \$3/day; weekends \$5/day; 11-day pass \$10; children 6 & under free** Family entertainment, frog jumping contest, minnow race, buskers, parade, CAN-AM hydroplane races (613) 342-8975

**Fort Erie/Buffalo  
Friendship Festival****July 1 - 4**

**All day** Niagara Parkway, Fort Erie; LaSalle Park, Buffalo **Free** Celebrate Canada's & USA's shared heritage with fireworks, concerts, air show & buskers. Participate in an archeological dig where 4,000-year-old artifacts have been found (1-888-333-1987) Sponsored in part by Human Resources Canada, Molson, Tim Hortons & the Peace Bridge Authority



## Waterfront Regeneration Trust

### A MESSAGE FROM THE CHAIR OF THE WATERFRONT REGENERATION TRUST

May 1999

During the past 10 years, we have made considerable progress on waterfronts from Niagara-on-the-Lake to Kingston. Working with the energy and cooperation of volunteers, businesses, agencies and governments, we have put in place 300 km of Waterfront Trail, fixed up old parks and harbours, planted trees, re-created wetlands, built bridges, protected heritage buildings, and created local jobs.

As of April 1, 1999, the Waterfront Regeneration Trust has evolved from a government agency into an independent not-for-profit organization that provides leadership in waterfront regeneration.

If we want to fulfil the promise of healthy, vibrant communities with a high quality of life, there is much more work to be done. To this end, the Trust will:

- promote environmental regeneration, community development and economic investment opportunities associated with the revitalization of waterfront communities;
- complete the Trail by building an additional 420 km;
- sustain the quality and variety of the existing 300 km of Waterfront Trail;
- remove Toronto from the international list of 42 polluted areas on the Great Lakes; and
- continue to develop approaches to cleaning up former industrial sites (brownfields) and putting them back into productive use.

As you may know, I am also Chair of Toronto's bid for the 2008 Olympic Games. This role grew out of my work with the Waterfront Regeneration Trust where we saw the opportunity that such a project could bring to Toronto's waterfront and neighbouring communities. The Trust initiated the bid, worked with community groups and municipal leaders to ensure a strong waterfront concept, and developed the following guiding principles: reflect community diversity; socially responsible; environmentally progressive; financially sound; and provide a legacy.

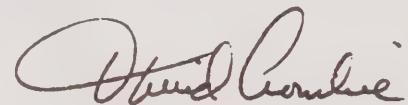
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The bid has now developed into a separate organization committed to the waterfront concept and the guiding principles. The Trust will continue to participate and contribute by serving on the bid's Environmental Committee.

Keep in touch. Your thoughts and dreams for the waterfront are important, and we want to hear and learn from them. Thank you for your interest in and support for our work.

Sincerely,



David Crombie  
Chair, Waterfront Regeneration Trust

*p.s. Please join us at the AGRA Industries 5th Annual Environmental Run and Walk along the Waterfront Trail at Toronto's Western Beaches on Sunday, September 12. Check the 1999 Activities Calendar for details.*

## Cobourg Waterfront Festival

July 1 - 4

All day Victoria Park

Entertainment & activities free; arts & craft tents \$3/day or \$5 weekend pass Fine arts & crafts, entertainment, midway, fireworks, Canada Day parade 1-888-COBOURG or (905) 372-5831

## Niagara-on-the-Lake Canada Day Celebrations

July 1

Noon - 10pm Afternoon at Simcoe Park; evening at Fort George Daytime free; evening \$2 Music & family entertainment, including an 1812 military animation (905) 468-6621

## Youngstown, NY French & Indian War Encampment

July 2 - 4

9am - 4pm Old Fort Niagara Adults \$6.75; seniors \$5.50; children 6 - 12 \$4.50; children under 6 free British & French armies, their Native allies & a host of settlers fill the fort to depict the 1759 Siege of Niagara (716) 745-7611

## Cobourg Highland Games

July 3

8:30am - 5pm Donegan Park \$8 Celebration of Scottish music, culture & food; competitions in highland dancing, heavy events, piping & drumming. Massed bands 1-888-COBOURG or (905) 885-0563

## Belleville Belleville Waterfront Festival & Folklorama

July 9 - 11

Friday 6pm - 1am; Saturday 10am - 1am; Sunday 10am - 5pm \$4 advance; \$5 at the gate Top Canadian musicians including Tom Cochrane. Ethnic dancing, foods from around the world, children's village, midway & drum & bugle corps competition (613) 969-1980 Sponsored in part by Labatts, Quinte Broadcasting & Dewe's Your Independent Grocer

## Hamilton Dragon Boat Races

July 10

8am - 8pm Pier 4 Park Free Over 15 teams compete in dragon boat races, refreshments (905) 381-0188

## Burlington Kite Festival

July 11

10am - 4pm Spencer Smith Park Free Bring the kids & build your own kite, take part in fun contests or just enjoy the many kites soaring the sky (905) 335-7704

## Mississauga Sunset Concert Series

July 11, 18 & 25; August 8, 15 & 22 7pm - 8:30pm Lakefront Promenade Park Free Live musical entertainment with a focus on swing bands (905) 891-6347 Sponsored in part by Maple Lodge

## Niagara-on-the-Lake Take a Hike to Queenston Heights

July 17

Queenston Heights Adults \$5; children \$3 Interpretive hikes on battle site of the War of 1812, including Brock's monument & Laura Secord estate (905) 468-6621 or (905) 262-4759

## Toronto Rouge Park Day

July 17

Rouge Park Free Celebrate Canada's Parks Day & take a hike in the Rouge Park (905) 713-6007

## Hamilton Royal Bank Aquafest

July 22 - 25

Thursday 5pm - 11pm; Friday, Saturday & Sunday noon - 11pm Bayfront Park \$5 before July 22; \$10 at the gate Concerts, midway, international shopping village, kids' world, on-site & water activities 1-800-263-8590 Sponsored in part by Royal Bank, Pioneer Petroleum, McNeil Marine & Pizza Pizzi

## Clarington Wooden Boat Festival

July 23 - 25

9am - 10pm Port of Newcastle Marina Free Display of 80 wooden canoes, power cruisers, sloops, cutters & schooners. Boat cruises, nautical exhibits & vendors (905) 987-5251

## St. Catharines Henley Regatta

July 28 - August 1

Approx. 7am - 7pm daily Martindale Pond, Port Dalhousie \$1 - \$5 This year, the 117th Royal Canadian Henley Regetta will attract 2,300 rowers ranging in age from 13 to 70 who will compete for their clubs for Henley Gold (905) 937-1117

## Brighton History Weekend

July 31 - August 2

All day Presqu'ile Provincial Park Park day pass fee Relive Presqu'ile's storied past with events including a musical evening social, old-fashioned field games, a boat building bee & a history play (613) 475-4324



## AUGUST

### Lewiston, NY Artfest '99

August 7 & 8

10am - 6pm Waterfront & Village, Lewiston, New York Voluntary donation 33rd annual outdoor fine arts festival (716) 754-9500

### Gananoque Festival of the Islands

August 13 - 22

10am - 10:30pm Various locations \$10 button for 10 days Randy Bachman, John McDermott, Julian Austin, Jim Cuddy & The Johnny Favourite Swing Band. Daily kids program, skydivers, boat tours, heritage reenactments, giant fireworks finale (613) 382-1562 Sponsored in part by Ontario Chev Olds Dealer Marketing Assoc., Mac's Convenience & Pepsi Bottling Group

### Grimsby Festival at the Forty

August 19 - 21

Thursday teen night; Friday noon - midnight; Saturday 9am - midnight Coronation Park Free daytime admission; voluntary donation for evening entertainment Family entertainment. Arts, crafts, wine & beer gardens, local bands, musicians & magicians — entertainment for the whole family! (905) 945-8319

### Toronto



### Big Summer Splash

August 22

1pm - 3pm Rees Street Slip, 283 Queen's Quay West Free Welcome the heroic swimmers as they make this historic 1/12 mile crossing of Toronto Bay. Cheer on plungers as they mark the rebirth of the waters of the Bay. Volunteers needed (416) 943-8080 ext. 227

**FOOD, FUN & ENTERTAINMENT FOR THE WHOLE FAMILY**  
Sponsored in part by Environment Canada, Harbourfront Centre, Toronto & Region Conservation Authority & the Waterfront Regeneration Trust

### St. Catharines 1999 FISA World Rowing Championships

August 22 - 29

Approx. 8am - 2pm daily Martindale Pond, Port Dalhousie \$5 - \$35 World-class rowers from 80 countries compete for world gold medals in St. Catharines. Main qualifying rowing regatta for the 2000 Olympic Games (905) 934-4636

## Kingston

### Limestone City Blues & Jazz Festival

August 26 - 28

Downtown Kingston Blues & jazz festival hosted by Dan Akroyd (613) 548-4415

## Stoney Creek

### Winona Peach Festival

August 27 - 29

All day Winona Park Free Food, crafts, entertainment, carnival rides (905) 643-2084

## Burlington

### Herb Faire

August 28 & 29

11am - 5pm Royal Botanical Gardens Hendrie Park Adults \$7; seniors & youth \$6; children \$2; members free Celebrate the many uses of herbs. Learn gourmet cooking secrets & expand your knowledge of herbs. Visit the food & wine pavilion & the outdoor marketplace (905) 527-1158

## Northumberland County

### Rural Ramble '99

August 28 & 29

10am - 4pm Passports identify various farm stops throughout Northumberland County Adults \$8; ages 10 - 16 \$5; 9 & under free Get out of town & meet the farmers who produce the food you like to eat. Visit traditional & unusual farms. Scenic 2-day self guided driving tour (613) 475-1488

## SEPTEMBER

### Belleville Quinte Exhibition

September 2 - 6

10am - 11pm Adults & seniors \$5; children under 14 \$2

Agricultural Fair with exhibits, midway, entertainment; Super Kids Day on Thursday; Senior Citizens Day on Friday (613) 475-4324

### Brighton Monarchs & Migrants Weekend

September 4 & 5

All day Presqu'ile Provincial Park Park day pass fee Bird banding, Monarch tagging & nature walks celebrate this weekend of Fall migration (613) 475-4324

## Quinte West

### Scottish/Irish Festival

September 11

10am - 6pm Bayshore Park, Trenton Voluntary donation Clan tents, Celtic vendors, traditional fare & parade of bands. This year's festival will acknowledge the 75th anniversary of the Royal Canadian Air Force (613) 392-2841



# 1999 Activities on the Lake Ontario Waterfront Trail

## SEPTEMBER

### Toronto



### AGRA Industries 5th Annual Environmental Run

September 12

**10 am** Western Beaches Boardwalk Pledge forms available Join us for this fun-filled outdoor family event. Prizes, refreshments & festivities. Proceeds raised through pledges & corporate challenges will benefit the Waterfront Regeneration Fund **(416) 943-8080 ext.400**

### Prince Edward County/Kingston Amazing Loyalist Country Adventure

September 17 - 19

**10 am - 5 pm** Loyalist Parkway (Hwy 33) from Ameliasburg to Kingston Adults \$10; children over 5 \$5 Self-guided driving tour with 80 stops to see working farms, century houses, artists' studios, museums, orchards & craft shows **(613) 393-2373**

### Toronto Bring Back the Don Day

September 18

**All day** Various locations Some events free; call for details Boat tour, tree planting, family festival & train tour to celebrate 10 years of reclaiming the Don River. Evening gala celebration at the Don Valley Brick Works **(416) 392-0401**

### Ajax

#### Terry Fox Run

September 19

**10am - noon** Rotary Park Pledges 5km or 10km run/walk to raise funds for cancer research **(905) 619-2529 ext.7243**

### Brighton

#### Applefest

September 24 - 26

**Friday 7pm - Sunday 4pm** Downtown Brighton Free; admission charges to some events Twenty-fifth year of this apple extravaganza organized by the Applefest Committee. Festival includes entertainment, beef barbecue, midway, craft show, numerous food booths, parade & heritage house tours **1-888-475-APPL (2775)**

### Stoney Creek

#### Apple Day Festival

September 26

**Noon - 4:30pm** Battlefield Park Free History of apples, apple bobbing, games, cider making, hay rides, pony rides **(905) 662-8458**

## OCTOBER

### Oshawa/Whitby

#### Hike for Clean Air

October 3

**8am - 4pm** Lakefront Park, Oshawa Pledges Part of a high profile event across Ontario to raise funds for & increase awareness of the Lung Association. Participants walk, jog, bike or in-line skate along the Waterfront Trail in Oshawa & Whitby **(905) 436-1046**  
Sponsored in part by Magic 94.9 FM & Durham Kiwanis

### Toronto

#### Hike Ontario Day

October 3

**Noon - 5pm** High Park near Colborne Lodge Free Celebrate Ontario Hiking Day with guided hikes in High Park every hour. Information displays by Hike Ontario & other volunteer groups with an interest in walking & hiking **(416) 426-7362**

### Port Hope

#### Heritage Festival

October 9 & 10

**All day** Various sites throughout Port Hope Free Numerous activities including weaving demonstrations, tours of heritage homes, antique displays & live entertainment **(905) 885-5519**

### Prince Edward County

#### Prince Edward County Pumpkinfest

October 23

**All day** Wellington Free Giant Pumpkin Parade at 10 am, followed by the Giant Pumpkin weigh-off. Games, entertainment, contests, crafts, bake sales & food booths **(613) 393-2000**

# Waterfront Regeneration Fund

## Help Realize the Waterfront Vision

The Waterfront Regeneration Trust is committed to bringing together people, ideas and resources to invest in the regeneration of the Lake Ontario waterfront by working in partnership with waterfront communities, all levels of government and the private sector.

The Trail, the result of more than 90 partnerships, is one part of a broader vision for a regenerated waterfront.

If you wish to help realize the waterfront vision or make improvements to the Waterfront Trail, you can make a donation. Please make cheques payable to the Waterfront Regeneration Fund. All donations are tax deductible.



### About the Logo

*You will find our logo on signs that mark the Waterfront Trail. Bird, leaf, fish. The waterfront, where the sky meets the land and touches the water, inspired the creation of our logo. The water's movement on the lake is reflected in the shape of the three elements. The colours represent sky, land and water.*



## Information Order Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone #: \_\_\_\_\_

Fax #: \_\_\_\_\_

E-mail: \_\_\_\_\_

I would like to volunteer

I would like information on the Lake Ontario Waterfront Trail

Mail to: Waterfront Regeneration Trust, 207 Queen's Quay West, 5th Floor, Box 129, Toronto, Ontario M5J 1A7



Waterfront Regeneration Trust  
207 Queen's Quay West,  
5th Floor, Box 129  
Toronto, Ontario  
M5J 1A7

[www.waterfronttrail.org](http://www.waterfronttrail.org)

For more information,  
call **(416) 943-8080**



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